



The Carmel Pine Cone

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YOUR SOURCE FOR LOCAL NEWS, ARTS AND OPINION SINCE 1915

Big Sur International Marathon

'Grizzled vet' of the Big Sur hills still in love with area, race

By PAUL WOLF

AN EVEN decade ago, the first running of the Big Sur International Marathon caused Hugo Ferlito to fall in love with the Monterey Peninsula — and the race itself.

Now, as he looks forward to running in his 11th Big Sur Marathon, his devotion to both his race and his home are as strong as ever. The splendor of the setting inspired him to move from Redlands to Carmel in 1988, and Big Sur is the only marathon he still runs.

"The race changed my life," said Ferlito, who is married to Karen and has two children: Ashlee, 16, and Mark, 11. "Now it is like a homecoming."

Still, the 52 year old expects to complete the 26.2 miles in an impressive four

hours. "I am not particularly concerned about time," he said. "At this stage in my life, I don't have to race hard."

It is easy to see how Ferlito became one of 66 people to earn this year's distinction of "grizzled veteran." He is thoroughly dedicated to his routine, but sensible enough to avoid burning out — all the while remaining enamored enough with Big Sur not to have his heart stolen by competing venues.

To the elites, another marathon or even the Olympic Trials could pose a scheduling conflict. To the less hearty, injuries or lack of interest might end the unbroken string.

"I don't think that any one of the 66 is a gung-ho racer," he said. "I'm in the race to have a good time, and that's it. We all share a deep love for this area."

For the self-described "creature of habit," there is no clear dividing line between routine and training. A Monterey dentist, Ferlito spends five lunch breaks a

See FERLITO page 17



Hugo Ferlito

Carmel's well finally dry for remodels, new houses

By PAUL WOLF

CARMEL HAS run out of water for single-family construction and remodels, and it may be years until a new source is available for distribution to all the thirsty cities of the Peninsula.

As of Tuesday, the Carmel Planning Department stopped accepting applications for single-family projects that call for new hookups, according to Carmel Planning Director Brian Roseth.

"This is going to affect anyone who needs water for their single-family home projects, whether those are brand-new homes or (requests for) the addition of a powder room," Roseth said.

The drying up of water in the single-family ("R-1")

zone means Carmel now is out of water in its biggest category, and nearly out in the "commercial" and "multi-family" categories.

It is "a matter of months" before no more water is available in the latter two categories.

The city, however, retained five acre-feet as a "buffer," as well as an unused five acre-foot share for municipal projects.

The Carmel City Council has the option of moving numbers around and boosting the two depleted categories.

City Administrator Jere Kersnar said he is considering a staff recommendation to the council "to reallocate some

See WATER page 6

Local teen fights for equal access

Ben Spangenberg prompts benefit for Youth Center improvements

By KENDALL KLYM

WITH ENOUGH determination to push a tractor trailer up a mountain, Ben Spangenberg thrust his body forward and flung his arms into action.

His wheelchair cutting the pavement, Ben bolted up Monte Verde Street.

"This is the part that gets hard," said his mother, Stefani Spangenberg, trailing behind on foot on the hilly terrain between River School and Santa Lucia.

Ben remained silent but determined to go it alone. After turning the wheels sideways for a few feet on the steepest parts, he made it — triumphant, full of breath, ready for another climb.

"Walking is something that would be nice," said Ben, a 14-year-old star athlete who has a congenital abnormality of the vertebral column known as spina bifida. "Walking is not the first thing I hope for, but it's definitely not the last."

Undaunted by his disability, Ben recently won four gold medals for swimming and two for table tennis at the Regional Sports U.S.A. competition in San Diego. He will go on to the nationals in Alabama this summer.

But first, he must find a wheelchair-accessible place to practice.

"The thing that gets me is that I can go to the Carmel



PHOTO/KENDALL KLYM

Ben Spangenberg practices for a multiple-event national championship for disabled athletes.

See BEN page 9

Suttle's swan song may be heard sooner, not later

By SUSAN BECK

A CRESCENDO of speculation ended when the Monterey County Symphony Association composed the final note regarding its music conductor's future.

The symphony's board of directors voted April 10 not to renew Clark Suttle's contract when it ends in 1998, according to sources who attended a closed executive session at Sunset Cultural Center in Carmel.

Although no specific reasons were

cited to support the board's decision, many agreed that it is time for Suttle to seek new opportunities, according to those sources.

"At this point my hands are tied," said Suttle, 42, who was hired 11 years ago and previously worked with the Richmond Symphony, Buffalo Philharmonic and Phoenix Symphony. "I can't comment. That's just the way it is."

While it is typical for most young music directors to move on about every five years, Suttle had requested an extension on his contract, said Saul Weingarten, the association's attorney.

Even though the board could reverse its decision during the next two years, the choice to notify him at this time diminishes that possibility, Weingarten noted.

"Ordinarily, these decisions are made at the beginning of a season so that there is enough time to seek other employment and find someone else for the job," he said. "But not two or three years in advance. That's certainly not a requirement."

Speculation ran rampant last month

See SUTTLE page 6



Clark Suttle with wife, Anna (right), and symphony board member Judy Higgerson.

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HERO OR VILLAIN?

■ Senator Mello draws fire, praise taking area through rigorous process of exploring water-management options.

By PAUL WOLF



Henry Mello

ing with a new agency. His hopes for a "successor agency" never caught fire with the majority of the public, the mayors or MPWMD officials.

■ Elimination of Peninsula-wide elections on water projects. This was an abomination to most who support the power of the electorate.

"I think it is essential for the people to vote, even if they did vote down both desalination in 1993 and the dam in 1995," said MPWMD Director Jim Hughes.

From the start, Mello, a dam supporter, had blamed the MPWMD for failing to produce a new water supply over its 18 year history. But he was unsuccessful in conveying his message that the current water board, made up almost entirely of dam supporters, is at fault.

Before the plan for a successor agency began to take shape, Mello was under pressure to ensure continued "local control" of water affairs, rather than placing existing responsibilities in the hands of the California-American Water Co. and the county.

I think the whole thing is unfortunate, I think it was a lot of energy that could have been spent in other ways.

— Dick Ely

"Traditionally, Henry is very firm in his positions," commented Dave Potter, vice-mayor of Monterey, filling in for the vacating Dan Albert. "I think Mello (who retires in November) will go out as a policymaker who listens to the people."

The fact remains, Mello has all but gutted SB 1951, which now includes a few relatively insignificant clauses intended to keep the MPWMD responsible to the cities. In all, those who followed the ups and downs of SB 1951 over the past five months never could feel neutral about Mello.

For those who lack confidence in the MPWMD, Mello was bold to propose a more effective "successor agency" perfectly designed to overcome stagnation.

For those who believe the district must lead the way in exploring alternatives to the New Los Padres Dam, Mello was seen as staging a kind of one-man legislative recall.

"From my standpoint, this has been an extremely disruptive process," said Janice O'Brien, co-chair of a grass-roots committee that seeks to freeze water demand until the shortage is over. "The district is our best, last hope to solve our problems."

These comments aside, the senator's second identity — that of receptive consensus-builder — is the one that prevailed this week as Mello abandoned key components of his legislation:

■ Disbanding the MPWMD and start-

ment. Hughes, for one, was vocal in accusing Mello of trying to terminate the water district, originally born out of a popular vote, "through legislative fiat."

Then, at a March 22 public hearing, Mello was visibly defiant, often rebutting speakers who opposed his legislation and concluding with a remark that the MPWMD had packed the house with its defenders.

Heaping praise

Opponents of the legislation assumed Mello was intent on plowing forward — until the first bombshell was dropped last week. Mello planned to leave the water board intact. The "successor agency" clause would be dropped.

Many local officials praised Mello for furthering the debate on Peninsula water

See MELLO page 12

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**Joe
Fitzpatrick**

Deli worker hits the nail on the head guy

WE'LL call him Niggling — Ned Niggling — because it's nowhere close to his real name.

He owns a Peninsula deli and sandwich shop, and to show he has a great big heart, old Ned allows each of his employees \$3 worth (retail) of the place's deli food for lunch on his or her daily shift!

NOW comes Crescendo, one of the deli's several employees.

It was near the end of her shift and close to closing time, and Crescendo had not yet eaten. Business ranged from light to none at that hour, and Crescendo decided on a slice of pizza as HER \$3 banquet that evening.

OUT from his tiny office bolted Ned Niggling, shouting, "No, no, not the pizza! You can't have the pizza!"

"But you said in your rules we could have up to \$3 worth of anything," protested Crescendo. "And besides, it's just about closing time and the pizza will be stale by tomorrow."

"I DON'T CARE what I said," snarled Ned Niggling, "you're not eating the pizza. You got that?"

"I got it," replied Crescendo, her pepperoni eyes forming daggers the size of large anchovies.

"SEE you tomorrow," grumped Ned as he flounced out for the night, "but remember — don't touch the pizza!"

Next morning, Ned Niggling returned to open up for the day and found a major surprise:

HIS UNTOUCHABLE pizza was NAILED to his office door!

Crescendo was long gone, but it was clearly her non-verbal way of saying, "Take this job and ..."

A memorable resignation.

TODAY'S QUOTE ... Charles Harper, chairman of RJR Nabisco, makers of Winstons, Camels, etc., at the company's annual shareholders' meeting, vowing he would never support any limit on smokers' right to light up wherever they please:

"If children don't like to be in a smoky room, they'll leave."

WHAT about infants who can't leave on their own, he was asked?

"At some point," replied Harper, "they'll begin to crawl."

(Laughter and wild applause by shareholders.)

WHICH somehow reminds me of the two pregnant questions of the week being asked all over the country:

1- What in the name of Ned is causing the sky-rocketing gasoline prices?

2- Could there be collusion among the large oil companies in jacking up the prices?

THE ANSWER to No. 1, according to oil companies, is that the huge increases are due to "a seasonal supply shortage, a rise in the price of crude, and new state requirements requiring less-polluting gasoline."

Translation — Colossal greed by the oil companies!

As for No. 2, how dare you suggest collusion! I'm confident the executives of the big oil companies have the same high levels of honesty, integrity and concern for the public as, say, executives of the tobacco companies!

LOOK, if the only possible way for big oil and tobacco executives to save the lives of their own grandmothers was to take \$1 less in profit per year, shouts of "So long, Granny!" and "Stiff upper lip, old dear!" would quickly echo through their hallways!

THESE FOOLISH THINGS ... A "media advisory" from Congressman Sam Farr's Washington office alerted us that good old Sam would be attending a major Earth Day event Tuesday with President Clinton and Vice President Gore.

The event was in Great Falls, Va., and the advisor

See FITZPATRICK page 15

List of hopefuls for Hydorn's successor at 10, may increase

PINE CONE STAFF REPORT

THE LIST of hopeful planning commissioners is now at 10 and still has the chance to grow before the Carmel City Council tentatively considers a replacement for Marshall Hydorn on May 7.

The file will remain open until the council considers a replacement for Hydorn, a commissioner since 1993, elected to the council on April 9, replacing Phil Coniglio.

Mayor Ken White has scheduled personal interviews with commission aspirants. White will make an appointment, and his four council colleagues, Hydorn now among them, will have the opportunity to ratify his choice.

A majority vote is needed to install a new commissioner.

Some of the names on the candidates' list have been on file for years, leftovers from previous commission appointments. Others have stepped forward since Hydorn's arrival. Here are the 10 contenders for the seven-person commission:

- **Hubert Bartron** — real estate appraiser.
- **Joseph Chaffers** — association management and accounting professional.
- **Mildred Comelli** — real estate broker.
- **Jack Gorry** — retired private investor.
- **Darrel Huff** — freelance writer.
- **Douglas Lanzaro** — mortgage broker.
- **Alan Paterson** — retired engineer.
- **Barbara Smoak** — registered nurse.
- **Beth Robinson** — Realtor.
- **Willard Strid** — retired design professional.

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<i>Penne Pasta with Chicken</i>	9.50
braised radicchio and gorgonzola cream	
<i>Linguini with Fresh Clams</i>	11.75
garlic, virgin olive oil, ripe tomatoes and	
<i>Fettuccine with Smoked Chicken and Grilled Vegetables</i>	11.00
capers, garlic, olive oil and balsamic vinegar	
<i>Fresh Crab Ravioli with Grilled Sea Scallops</i>	14.75
arugula, sundried tomatoes and sweet Marsala	

MAIN COURSES

Items below are served with root vegetable puree, saffron rice or mashed potatoes	
<i>Fresh Fish - Catch of the Day</i>	Market Price
<i>Grilled Tendori Lamb</i>	14.75
garlic pappadum bread and bearnaise	
<i>Grilled filet of Salmon</i>	13.50
braised fennel, squash, radicchio and artichoke in sherry vinegar glaze	
<i>Semi-Boneless free Range Chicken</i>	12.00
herb stuffed and parmesan breaded artichoke	
<i>Roasted Chicken Breast</i>	16.00
thyme, rosemary, sage and natural	
<i>Pan - Roasted Chicken Breast</i>	10.75
shoestring potatoes, sage and natural	
<i>Grilled 16-oz Black angus 1-Bone Steak</i>	22.00
chipotle-cilantro butter and crema onion rings	

DINNER STARTERS

<i>Soup du Jour</i>	3.50	<i>bowl</i>	4.50
<i>Terrine of Smoked Salmon with Mascarpone</i>			8.25
tossed Carmel Valley greens in a light vinaigrette and pine nuts			
<i>Steamed Castroville Artichokes</i>			4.75
fresh basil aioli and house vinaigrette			
<i>Chicken Croquettes</i>			4.25
hearts of palm stuffing and sauteed green papette			
<i>Grilled Polenta and Wild Mushrooms</i>			5.75
polenta, shallots, leeks, thyme and madiera			
<i>Spiced Shrimps with Shoestring Potatoes</i>			7.75
shrimps, leeks, shallots, capers, butter			
<i>New Zealand Mussels with Lemongrass Clams</i>			7.25
lemon-orange sauce, tomatoes and basil			
<i>Sautéed Asparagus with Italian Pancetta</i>			8.00
garlic, chili oil and butter sauce			
<i>Assorted Prawns on Grilled Sourdough</i>			5.75
that cheese, fresh tomatoes, rosemary garlic and salsa tomatoes			

SALADS

<i>Carmel Valley Green Salad</i>	3.75
balsamic vinaigrette and feta cheese	
<i>vine-ripened Tomatoes and California Goat Cheese</i>	7.75
asparagus, tomatoes, arugula, onions and walnuts	
<i>Lazier Caesar Salad</i>	6.25
with rombrollo croutons and dressing	
<i>Warm Spinach Salad with Smoked Chicken</i>	8.25
italian pancetta, arugula, onions and balsamic vinegar	

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Sheriff's Log

HERE'S A look at the more significant items of activity logged by the Monterey County Sheriff's Department from Monday, April 15 through Sunday, April 21.

"Carmel" entries do not include calls from within the city limits of Carmel-by-the-Sea, which is under the jurisdiction of the Carmel Police Department.

MONDAY, APRIL 15

Carmel: A man reported giving another man a check for \$600 to fix a vehicle. The second party cashed the check two weeks ago, but the work has not been completed. The mechanic said he is waiting for a part to arrive.

Pebble Beach: A man reported that someone had used his name and personal information to fraudulently obtain a credit card. More than \$1,300 in charges had been made from various locations in New Delhi, India. The man suspects a friend of his.

Carmel: A woman requested the presence of a standby while she asked her roommate to move out.

Pebble Beach: A woman reported that

someone stole a garden bench and two steel buckets from an exhibit booth she manned at the Pebble Beach Garden Show.

Carmel Valley: A golf professional reported that a man who had trespassed upon a course was playing without having paid greens fees. The man was contacted and admitted his infraction. There was no report on how the man scored.

TUESDAY, APRIL 16

Big Sur: A woman reported that her live-in boyfriend assaulted her by choking her. He also punched her son in the stomach and hit a neighbor in the mouth, knocking out her teeth and cutting her cheek. The man was arrested after a brief struggle. The case continues.

Carmel Valley: A motorist tried to slow down a vehicle speeding in front of a school zone by pulling in front of it. Deputies cautioned that motorist about taking such matters into his own hands with a potentially dangerous move.

Carmel Valley: A man reported that his 12-volt service battery was stolen from his service truck. Estimated loss: \$95.

WEDNESDAY, APRIL 17

Pebble Beach: A man reported vandalism to his mailbox.

Carmel Valley: A woman reported that her 14-year-old daughter had physically threatened her and called her names.

Carmel Valley: A woman reported that someone was sleeping in a vacant trailer she owns.

Carmel Valley: A man reported being slapped in the face and kicked by another man during a dispute over a truck. A medical exam was not required for the victim.

Carmel: A woman was detained by supermarket employees for leaving with an unpaid flat of flowers. She thought that one of the two friends she was with had purchased the flora.

THURSDAY, APRIL 18

Pebble Beach: A woman reported damage to her mailbox.

Carmel Valley: A man reported that his golf clubs and accessories, worth a total of \$1,815, were stolen from outside a course pro shop.

Carmel Valley: A man reported that a neighbor's dog "always barks and acts vicious" whenever he walks by his neighbor's house. The man was referred to contact Animal Control.

Pebble Beach: A man reported receiving 14 hang-up calls in the span of a day.

Carmel Valley: A man reported that a group of juveniles was on his property drinking, smoking and yelling "satanic sayings." This has been an ongoing problem, and the man requested close patrol for the next few weeks.

FRIDAY, APRIL 19

Carmel Valley: A man reported having had a domestic problem with his wife. The dispute, over family matters, was later settled.

Carmel Valley: A store owner reported early morning damage estimated at \$275 to plastic furniture and many of the succulent plants located outside her business.

Carmel Valley: A woman reported having a dispute over property lines with a neighbor who has been pruning trees and brush on her property for the past year.

Pebble Beach: County Social Services reported that a female client had allegedly been beaten by her husband and later was admitted to Community Hospital. An investigation continues.

Carmel: A female juvenile reported being physically abused by her father.

Big Sur: A man ran his vehicle over a cliff near Point Sur. Peninsula medics stabilized him, brought him up to the roadway and transported him to Community Hospital.

Carmel: A woman reported seeing a flash outside her second story bedroom window at night, and thought that someone was trying to photograph her while she was sleeping. The woman also heard noises on the catwalk outside her window.

SATURDAY, APRIL 20

Carmel Valley: A grocery store employee reported witnessing a male juvenile enter the store, saunter down the liquor aisle, put a bottle of schnapps down his pants and calmly walk out. The juvenile was detained until deputies arrived.

Carmel: A store security agent reported having two female juveniles in custody for shoplifting. The agent did not wish to prosecute, and the juveniles were turned over to their parents.

Pebble Beach: A woman reported discovering a broken window in her living room. Possible causes: a BB gun or an "unfortunate feathered friend."

Carmel Valley: A post office employee

See LOG page 15

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CUSD '96-'97 calendar takes on new, different look

By KENDALL KLYM

THE CALENDAR is out.

Families planning their next vacation to Knott's Berry Farm and Disneyland can make reservations now that the Carmel Unified School District has approved its 1996-97 school-year calendar.

In the April 18 CUSD board meeting, board members approved unanimously a school calendar that will offer fall, Thanksgiving, winter, February and spring breaks that will be different from this year.

Board Member Gary Gray said the new calendar was "praised by the majority" of board members, school staff members,

parents and teachers; however, a vacation between spring break and the end of the year might make life easier on teachers.

"I'd like to bring back to the staff the observance of a long period at the end of the school year without a significant break," Gray said. "That didn't bother anyone?"

CUSD Superintendent Joe Jaconette answered with a quick "No," looking out into the audience for a last-minute objection.

There was none.

Jaconette said the changes were made to conform to a Peninsula-wide effort to correlate calendars.

"We got a committee together from all four districts — Carmel, Monterey, Pacific Grove and Monterey Peninsula College," he said. "We talked about how we could reach agreements and line up our schedules as much as possible."

Same as PGUSD's

The result is a new calendar that was also adopted by Pacific Grove Unified School District. Although it does not mirror the one in Monterey, "it is closer (to being the same) than it used to be," Jaconette said.

He said the board sent out a survey to parents and based the new calendar on

what the parents wanted.

The new calendar reflects the following changes:

■ Fall break will be changed from the week of Oct. 2-6 to the week of Oct. 14-18. It will be referred to as October break.

■ Winter break will be changed from the week of Dec. 18 through Jan. 1 to the week of Dec. 23 through Jan. 3.

■ Presidents' break will be changed from the week of Feb. 19-23 to the week of Feb. 17-21. It will be referred to as February break.

■ Spring break will be changed from the week of April 8-12 to the week of March 31 through April 4.

CHS students eligible to participate in essay contest

THE CARMEL Lions Club recently announced that it will fund the first annual essay contest open to all students at Carmel High School.

The contest, sponsored by the Friends of the Harrison Memorial Library, will award six prizes in all, totaling \$500. Freshmen and sophomores (grades nine and 10) will compete in one group, juniors and seniors (grades 11 and 12) in the other. First place in each category will receive

\$125, second place, \$75, and \$50 for third place.

Subject matter for the essays has been selected by the English Department at Carmel High School, under the coordination of Bob Walch.

The winners will be announced sometime next month.

More information about the contest can be obtained by calling 626-3755 or 624-4370.

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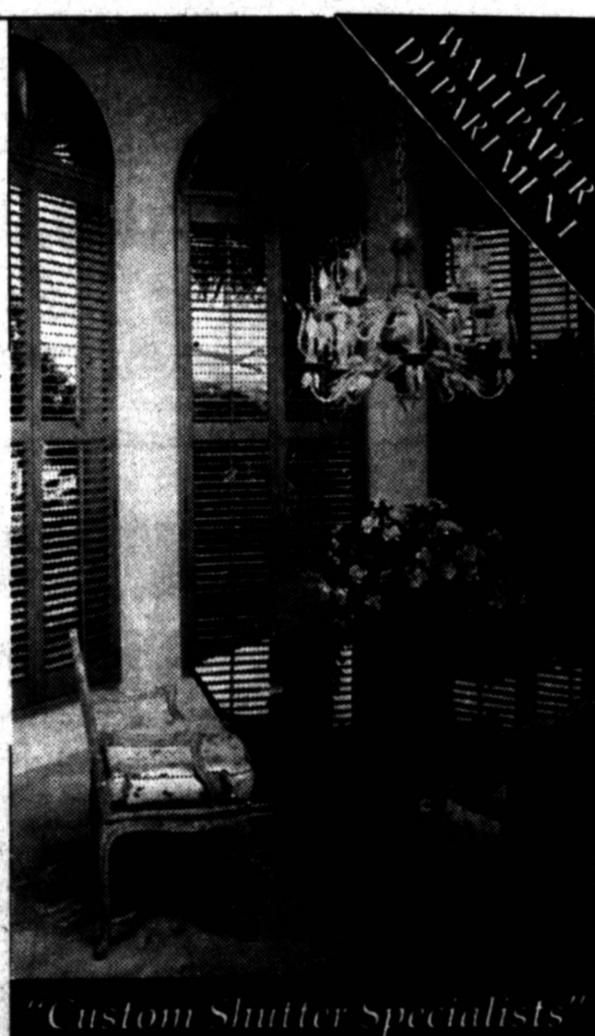
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SUTTLE

From page 1

when Suttle met with Carol Lee Owens, president of the association, to discuss his contract, which is under continuing review, Weingarten said.

Because the conductor's contract stipulates that the association's president meet with Suttle by March 1996, there was nothing unusual about that discussion, he added.

Apparently the symphony's board decided it would be in Suttle's best interest for him to move on to larger and more significant orchestras.

The symphony gave no indication about its plans to search for a successor to Suttle.

Local students making news in school here, away

THE FOLLOWING local students have recently achieved academic distinction on the peninsula or away at college:

■ Two Carmel Valley residents earned degrees from Washington State University at Pullman at the conclusion of the fall 1995 semester: **Kevin Siring**, B.A., crop sciences, and **Lauren Van Atta**, B.S., psychology.

■ **Joshua Bonifas**, son of Mr. and Mrs. John Bonifas of Carmel, was named to the dean's list for the fall term at Middlebury College in Vermont.

■ **Sarah De Guzman**, daughter of Linda Hall of Carmel, has been named a college scholar, the highest recognition for academic achievement, for the fall term at Middlebury College in Vermont.

■ Eight Peninsula students recently participated in the Close Up Foundation

government studies program in Washington, D.C.

Participating students included **Anna Marie Sanchez** of Carmel High School.

■ Two Carmel High School math students, senior **Mark Erickson** and junior **Lee Krasnow**, earned top scores on the recent American High School Mathematics Examination.

■ **Janell Petalver** of Carmel, a junior at the University of the Pacific, was named to the dean's honor roll for the Fall 1995 semester.

■ **Christian Coulter**, son of Mr. and Mrs. Ronald Coulter of Carmel, is spending the year studying abroad in France.

■ **Zolly Kryger** of Carmel Valley and **Kathleen Kelley** of Pebble Beach were named to the dean's honor list for the winter quarter at the University of California, Santa Barbara.

■ **Scott Root**, grandson of Col. and Mrs. Root of Carmel, has achieved academic honors for the fourth marking period at the New York Military Academy, Cornwall-on-Hudson.

WATER

From page 1

water." Yet he cautioned that such a measure has limited value.

"Even if the council decided to do this, it would be only a matter of time until we would be out of water again. Perhaps we could help one or two families in the process, but then we'd really be out of water."

Affected most by the moratorium will be the owners of the city's roughly 50 vacant single-family lots, on which housing construction will be stalled indefinitely.

Carmel was in a moratorium for 18 months until August 1993, when the

Paralta Well in Seaside furnished water for a new Peninsula-wide allocation.

Carmel received 15 acre-feet of additional water at that time. Four acre-feet were taken off the top because of "pent-up" demand that built during the moratorium. Two-thirds of the remaining 11 acre-feet was earmarked for single-family construction.

The village joins Pacific Grove as a Peninsula city out of R-1 water. Unlike PG, however, Carmel won't establish a waiting list for hopeful residential projects, according to Roseth.

The unincorporated areas of Monterey County and the City of Pacific Grove are reported to be nearly dry.

In all, the Paralta Well furnished water for 200 residential projects in Carmel, Roseth said.

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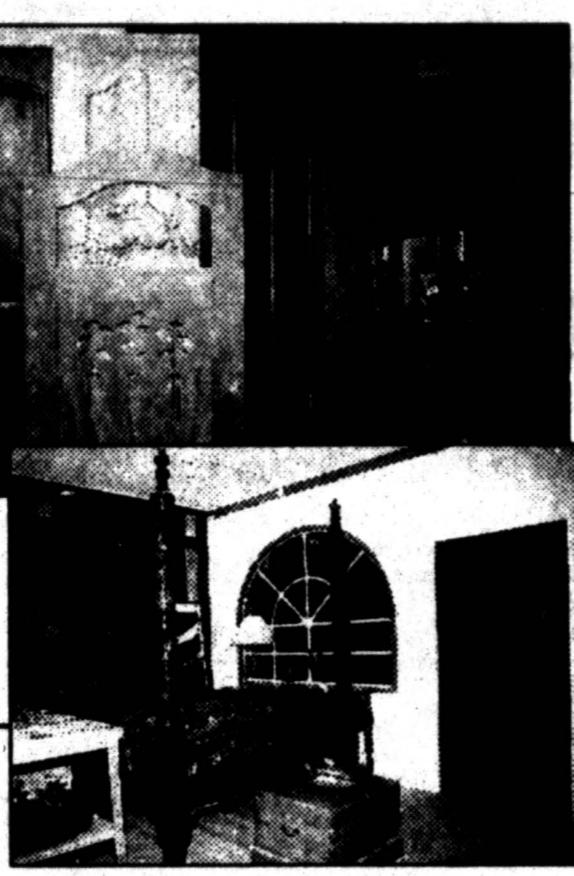
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The (1995) opening... was a marvel, showing just how far Bruno Weil has moved this event back toward the sound of Bach's own time, the 18th century. — Mercury News



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Live Bait Returns

Fish Ranch Restaurant Boasts of Fresh Fish, Old Tunes, Live Jazz

When you're in Carmel, there is only one place for fresh fish and live jazz and that place is The Fish Ranch Seafood Restaurant. So this weekend, go the The Crossroads Shopping Center, and right above Mailboxes Etc. there sits a place which resembles a Lake Tahoe Fishing lodge complete with antique fly reels, rods, and nets. But the only thing antique about the place is on the walls. The crowd and the fish are jumpin'.

But this beautifully decored Seafood House resembles more than just a fishing lodge. It's a place that serves seafood in the traditional style. And if that doesn't catch your palate then try the popcorn shrimp, dungeness crab or the fresh grilled selection. If you want a real adventure in dining, choose the Fish Ranch.

Specialties for Mothers Day at The Fish Ranch

Mothers are extra special at The Fish Ranch. And, with that special day in mind, John Foley announced that the day will have a lot in store for the moms who have sons and daughters who take them to the Fish Ranch Restaurant.

"Mom's are the foundation of this country and they should be rewarded. We love moms at The Ranch and we think that this day should be extra special for them. Aside from our wonderful fresh seafood menu we are going to be offering three mom's day specials. Every mom will receive a complimentary glass of wine, and we will have a photographer on hand to take complimentary pictures of moms eating at The Fish Ranch with their families. In addition to all this we will be having a drawing for a dinner for two with our compliments. So don't forget your mom this Mothers' Day. Take her to The Fish Ranch, so much more than just a meal. For more information call 625-1363.

Aside from the Freshest Fish this side of The Aquarium, the joint jumps with the sounds of Mary Ingram, Karen Steven and the Live Bait back up boys. They tickle

some ivories and blow some horns better than any group on Bourbon Street or Broadway.

So if your after a thick, moist, freshly grilled piece of Halibut or

Salmon with a little bit of Cole Porter or Errol Garner on the side, get over to The Fish Ranch Seafood Restaurant. The Live Bait back up boys are back, the salmon is run-

ning, the band is swinging and it is the talk of the town. Don't forget the beautiful heated deck freshly planted with roses from the Village Garden and two of the most beau-

tiful Strawberry trees from Kathy Rasmussen. You got to see it, taste it and hear it.

For more information call 625-1363.



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Bay Shrimp Cocktail	6.50	Artichoke	5.65
Ceviche Crostini	5.75	Salmon Cakes	6.75
Rock Shrimp Popcorn	7.50	Crab Cakes	8.25
Bucket of Peel & Eat Shrimp with lemon, sauce	8.50		
Seared Sea Scallops with roasted corn relish	6.85		
Beer Battered Onion Rings	3.50		
Monterey Bay Calamari with caper tartar sauce	6.95		
New Zealand Green Lip Mussels in White Wine	7.95		
Roasted Garlic with Chevre	4.95		
Baked Brie with seasonal berries	6.25		
Oysters freshly shucked, served on the half-shell	6.95		
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Oyster pan-roast stew		6.50
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Caesar Salad	3.95	6.95
Caesar Salad with grilled sea scallops	8.95 with chicken	7.95
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Fish Ranch Potato Salad		2.50
Yukon Mashed Potatoes		2.50
Sauteed Baby Spinach, Garlic & Tomatoes		2.95
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Filet Mignon three herb butter	19.50
Grilled Marinated Rack of Lamb served with mint jelly	18.25

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Select seasonal vegetables steamed served with lemon, heris	10.25
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Pan Sauteed, dusted in cornmeal, fresh lemon	
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A Monterey bay favorite. A member of the flounder family, these small tender filets are quickly flatbed grilled	10.75
Fijian Mahi-Mahi	15.95
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Citizens Academy to debut in Carmel

By CRAIG ARNOTT

FOR THOSE curious to find out what's behind the badge, the first Carmel Police Citizen Police Academy is set to begin from 6 to 9 p.m. Thursday, May 2 and continue for ten more sessions each Thursday evening through July 18.

The free academy will offer an introduction to the organic systems of police work, covering everything from booking procedures to radar enforcement to narcotics, in courses taught by department officers. In addition, representatives from the District Attorney's office and Superior Court are scheduled to make presentations.

The course is open to 25 individuals, and so far approximately 15 have enrolled.

"We are aiming to provide residents with an awareness of law enforcement in general and of the Carmel Police Department in particular," stated Police Chief Don Fuselier.

He continued, "We're trying to create a citizen better informed about modern police work and better aware of what we can — and cannot — do."

The curriculum is diverse:

- Week 1 — ethics, administrative issues, organizational structure/operations, radio dispatching, record keeping, department tour.
- Week 2 — recruitment.
- Week 3 — traffic investigation/radar enforcement, DUI/investigation/arrest/booking.
- Week 4 — patrol procedures, report writing.
- Week 5 — use of force/defense tactics, range — firearms.
- Week 6 — special response team, discipline — legal issues.
- Week 7 — investigations.
- Week 8 — narcotics, juvenile law/gangs.
- Week 9 — role of the court — district attorney, court.
- Week 10 — department programs, future.
- Week 11 — graduation.

The academy, which is set to continue on a yearly basis, is not attempting to mold the next Barney Fife.

"We're not trying to recruit," Fuselier explained, "But if people are interested in volunteering afterwards, whether in traffic control or handing out crime prevention brochures, that would be great."

The Citizen Police Academy is open to all residents or employees from within the city limits who are at least 21 and have no midmisdemeanors, arrests within the last 12 months or prior felonies.

More information: 624-6403.

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participation in the Fall 1996 combined Federal Campaign.
Deadline for submitting the application is May 3, 1996.

Application forms are available in the
Monterey Peninsula United Way Office
98 Del Monte Ave., Ste 204, Monterey, CA 93940
(408) 372-8026

United Way of the Salinas Valley Office
1000 South Main Street, Ste 209, Salinas, CA 93901
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Santa Cruz County United Way
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Carmel police nab suspect in string of car burglaries

PINE CONE STAFF REPORT

TWO INCIDENTS topped the news at the Carmel Police Department this week. Here's a closer look:

■ A 19-year-old Carmel resident was arrested in the vicinity of Guadalupe and Ocean last Wednesday for burglarizing parked cars. He was cited and released pending an upcoming arraignment.

According to Det. Sgt. Pete Poitras, police were alerted by a resident who heard "funny noises" outside his home. Patrol cars arrived to find the suspect fleeing the scene on foot. He was later linked to a total of seven vehicle burglaries. Most of the stolen items, including checkbooks, credit cards and wallets, were recovered.

Poitras commended the caller for his "quiet and calm" actions, and further noted that all the targeted cars were unlocked.

"This should serve as a strong reminder to people to always keep their cars secured," he said.

■ Three small sculptures worth a total of \$1,500 were stolen from the Winters Gallery, located on Seventh and San Carlos, sometime over the weekend.

Two men in their mid to late 30s, one Caucasian and one Asian, were seen in the store at roughly the time of the theft and are suspected.

Police have no further leads.

Noel Sullivan focus of library lecture Monday

PINE CONE STAFF REPORT

THE HENRY Meade Local History Lecture Series will present a program on Carmel philanthropist Noel Sullivan at 10:30 a.m. and again at 2:30 p.m. Monday at the Harrison Memorial Library's Park Branch, located on Sixth and Mission.

A lover of music, Sullivan (1890-1956) is regarded as one of Carmel's most generous patrons of the arts. He was an organist at the Mission, helped found the Carmel Bach Festival and served on the boards of directors of the Carmel Music Society and the Monterey County Symphony Orchestra.

The independently wealthy Sullivan was the grandson of John Sullivan, the first president of Hibernia Bank in San Francisco, and nephew of State Senator and S.F. Mayor James Phelan.

From Carmel to the valley

Sullivan first made his home in Carmel in a cottage on Carmelo in 1934, and later moved to "Hollow Hills Farm" in Carmel Valley. He counted among his friends Robinson Jeffers (who described him as a "saint"), Charlie Chaplin, Ethel Barrymore, Langston Hughes and Nelson Eddy.

Since seating is limited at the lectures, attendees are encouraged to arrive early.

More information: 624-1615.

BUSINESS

Bank buyouts to cause few inconveniences

By PAUL WOLF

IT CAN be a bit bewildering when your money, suddenly and automatically, is transferred into someone else's hands.

Although the mergers and buyouts have made headlines, the expansion of Wells Fargo and the introduction of Home Savings to Carmel should cause few inconveniences to local customers, according to bank officials.

For downtown Carmel customers, said Mary Trigg, public relations director for Home Savings of America, "we expect a seamless transition from First Interstate."

The First Interstate Bank of California branch at Ocean and Lincoln will become Home Savings of America when the sale is final in July or August. The local transfer is part of the sale of 61 branches to Home Savings, which is expanding its operations.

A new placard will go up, and customer accounts will be transferred within the building. "The quality of service will be equal or better," Trigg said.

Mouth of the valley

Meanwhile, in early August, all services at the First Interstate branch at 26200 Carmel Rancho Blvd. will be

consolidated with the Well Fargo branch at 26609 Carmel Place near The Crossroads.

First Interstate accounts will automatically become Wells Fargo accounts.

Statewide, with the merger of Wells Fargo and First Interstate, 172 First Interstate branches and 87 Wells Fargo branches will close.

In Monterey, First Interstate will become Home Savings at 401 Alvarado.

In Marina, the same change will occur at 4160 Vista Del Camino.

As for Monterey County as a whole, one Wells Fargo branch and one First Interstate branch will close, prompting the loss of 14 full-time jobs. After all the changes have occurred, 18 Wells Fargo branches will remain open.

Lorna Doubet, spokesperson for Wells Fargo, said the closures, consolidations and takeovers won't affect the variety and spectrum of choices people enjoy throughout the state.

"Wells Fargo still will have more than 1,000 locations statewide, whether branches or banking centers in stores," said Doubet, speaking from her San Francisco office. "This is a huge network of places at which to do banking."

BEN

From page 1

Youth Center to play basketball, but I can't go to the bathroom or game room" because neither are wheelchair-accessible, said Ben, an eighth grader at Carmel Middle School.

Fighting to make a difference

Determined to fight the battle against discrimination that disabled people face, Ben wrote a letter to the city asking for an equal opportunity to enjoy the youth center.

In the letter, he said, "It would be really great if you would help fund money for a wheelchair lift at the Carmel Youth Center. There are so many things there that I would love to do."

Ben may have his wishes fulfilled at 8 p.m. on Saturday, May 4 at the Carmel High School gymnasium when players engage in a wheelchair basketball game to raise money for the building fund. Titled "Give the Kids a Lift," the event will feature members of the Olympic Wheelchair Dream Team, the Golden State Road Warriors, the Carmel Police Department Officers Association and others.

"In response to the comment, 'Not many kids would be helped,' I would say that if you spend a little money on a ramp now, you may have created the avenue for someone to become a tax-paying, self-sufficient individual," Stefani Spangenberg said. "My ultimate goal is that Ben has a job and not be supported by the state."

Ben said he is not sure what he wants to be when he grows up, but he has his eye on politics and sports.

"I would like to become a basketball player or maybe a politician," he said. "I can pretty much do anything I want if I put my mind to it."

Meanwhile, Ben must face a world where people in wheelchairs are often excluded, misunderstood and sometimes resented.

While wheeling himself up the hill after shooting baskets outside Carmel River School Tuesday afternoon, two children walked past Ben. One said hello and the other stared with unforgiving eyes.

"Hello," Ben said cheerfully, gaining speed as he raced up the hill.

2 Carmel churches schedule rummage sales next weekend

TWO CARMEL churches have scheduled separate rummage sales. Here's a closer look at the specifics:

■ The Church of the Wayfarer will hold its rummage sale from 9 a.m. to 3 p.m. Friday, May 3 and Saturday, May 4 at Lincoln and Seventh.

Featured at the sale will be books, art, collectibles and clothing.

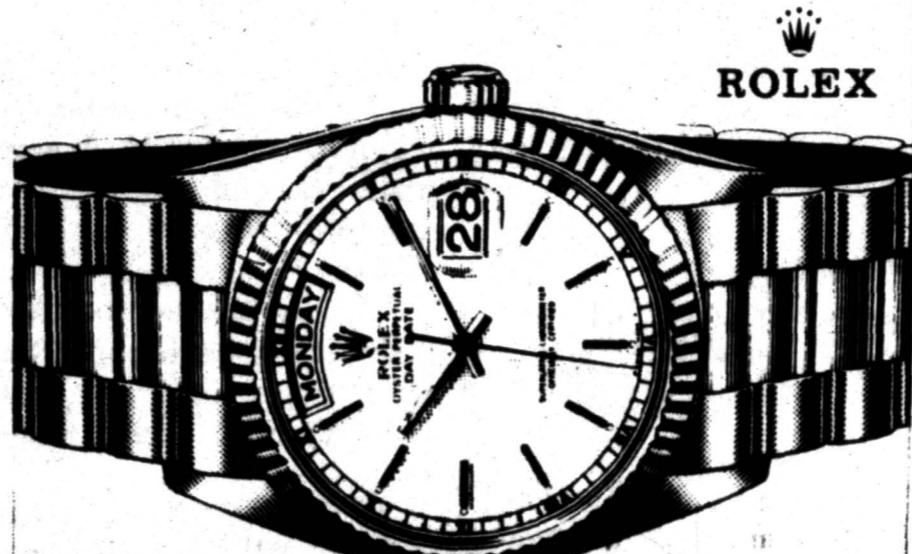
■ All Saints' Episcopal Church's rummage sale will run from 9 a.m. to 2:30 p.m. Saturday, May 4 at the church, located at Dolores and Ninth.

This sale will feature clothing, appliances, furniture and keepsakes. All proceeds will benefit Peninsula Outreach projects.

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'GIVE THE KIDS A LIFT'

Carmel Youth Center hosts event

IN AN effort to furnish its facilities with a wheelchair lift, the Carmel Youth Center will host a wheelchair basketball benefit game at 8 p.m. Saturday, May 4 at the Carmel High School gymnasium.

Tickets are \$12 for adults and \$4 for youths under 18.

Participants will include members of the Golden State Road Warriors, the Olympic Wheelchair Dream Team, the Carmel Police Department's Officers Association, the Gold Rush 49ers Cheerleaders and deejays from KTOM Radio.

Door prizes will include a basketball autographed by Michael Jordan and an Olympic shirt autographed by Chris Mullin.

Benefits will go to the Carmel Youth Center Building Fund and Carmel High School sports programs.

More information: 624-3285.



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Committee helping guide CUSD through math maze

By KENDALL KLYM

LIKE A struggling math student stressing over a complicated equation, the Carmel Unified School District has taken a little extra time to follow new math curriculum guidelines.

A curriculum framework that would correlate a progression of algebraic concepts from kindergarten through 12th grade has stumped school officials since the state dropped the California Learning Assessment System (CLAS) test.

"The state testing did a lot to align our curriculum with the new trends of thinking in math," said Karl Pallastrini, principal at Carmel Middle School. "Once the state bailed out on the test, the impetus to change kind of went with it."

To make up for the loss, the district has formed a math committee that pools resources at all levels to find teaching materials and methods that will adhere to the framework.

So far, it has tested and approved two new textbooks at the elementary schools, approved a new text for the middle school and begun a study of how to better prepare seventh and eighth graders for high school algebra. Each of these achievements has placed the district closer to the format of the framework.

"Our goal... is to have every kid who comes to us ready to take algebra," said John Durein, math department chair at Carmel High School. "I think it's good to look at the curriculum from K through 12. It has not been done in the last 10 years."

Kay Pallastrini, a fourth grade teacher at River School and a math mentor for the district, said the committee has come through where the state has not.

"We are adjusting the curriculum to the state framework, which was changed first

River School pupils, rain forests benefit in unique program

By KENDALL KLYM

ONE YEAR before the state imposed a tougher math curriculum on the Carmel Unified School District, a first grade teacher at River School had already satisfied three of the new requirements.

Since 1991, Elaine Green has met the 1992 demand to have students work individually and with others, appreciate math in society and exhibit positive attitudes. This early success was aided by the Earth's Birthday Project. Green's students raise money for the project, which enables the Nature Conservancy to purchase rain forest land. It has served as a vehicle for Green to teach her pupils how to identify, count and sort money in a real-life situation where the children's work makes a global difference.

"They're bigger than pennies, and I

in '87 and again in '92," she said. "So, we're kind of a little bit behind. It's because the state has not provided us any programs to fit the framework."

Also, she said, authors needed time to write new textbooks that would reflect the statewide standards.

The framework

One of the goals of the new framework is to integrate assessment with instruction so that "assessment focuses on what stu-



PHOTO/KENDALL KLYM

Elaine Green's first grade pupils at River School count money they have raised to save the rain forests of the world.

can get 25 pennies for one of them," Green said to her first graders recently while they sorted through a mosaic of coins strewn on the floor of the classroom. "Does anyone know what I'm thinking of?"

"Quarters," student Nicolas Ampuero answered.

"Right," Green said.

Giving students a chance to partici-

See PROJECT page 11

dents understand and can do rather than on what they do not know or what they cannot do."

Marilee Caress, special projects director for the district, said the framework requires students to demonstrate mathematical reasoning and communication through math portfolios and math presentations.

"This would be done so kids do more than take a bubble test," she said. "But we're also trying to get more kids to take the SAT and Golden State standardized exam."

In terms of specific criteria stated in the mandated framework, students from kindergarten on must learn a progression of algebraic concepts that lead to high school algebra, she said.

For example, fifth graders should be able to understand linear, exponential and simple quadratic relationships. Eighth graders should be able to find solutions for unknown quantities in both linear and simple equations.

District officials agreed that fifth and eighth grade curriculums and performance levels are extremely crucial because students may get lost in the shuffle when they change schools. By pooling resources from teachers and personnel, the committee hopes to make the transitions from elementary to middle and middle to high schools smoother and more productive.

Changes already implemented

Although the committee has a distance to go before the standards are met, students are already experiencing some changes.

On the elementary level, the group has developed a pilot program to study new materials that stress problem solving for kindergarten through fifth grade students.

River School Principal Sharron Douglas has played a key role.

"We're trying materials from two publishers," she said. "It's a big change. Now

See MATH page 11

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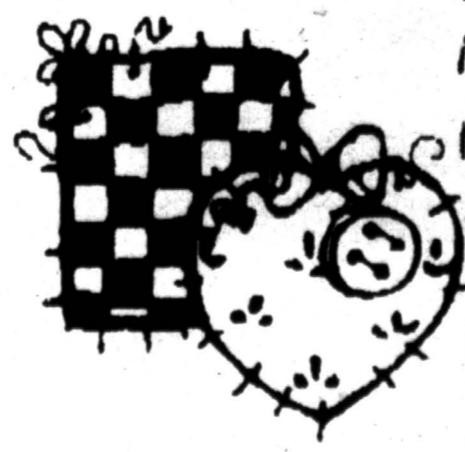
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MATH

From page 10

We have a hands-on discovery approach. We're relating math to everyday life."

With the old system, Douglas said, students were less able to relate math to real-life situations.

She said with the new textbooks, "Children are enjoying math."

At the April 18 CUSD board meeting, Caress presented the new texts, "Mathland" by Creative Publications, for kindergarten through third grade, and "Quest 2000" by Addison Wesley Publications, for grades four and five.

Board members perused the publications and approved them unanimously.

On the middle school level, the math committee has approved a new text for next year but is still in the planning stages of evaluating student performance.

"We're not down to a specific evaluation form," said CMS math department head Gordon Campbell, who recently joined the committee.

In terms of coming up with an effective interim method to evaluate the performance of students, Campbell said, the existing form works.

"We tend to evaluate within our own district with the district testing we do," he said. "The state is trying to come up with something, so we continue to evaluate

what we're doing."

On the high school level, the committee is trying to improve the skills of freshmen. Without the eighth grade version of the CLAS test, the assessment of incoming high school students has become an even greater challenge.

"One thing we need to do is improve math at the high school entry level," said CUSD superintendent Joe Jaconette. "We want to eliminate lower level math classes (at Carmel High School). We want students to get exposed to higher math before they get to high school."

Durein said, "The middle school does a fairly good job, but we need to reiterate (to the teachers) what skills are needed."

Out of the 173 freshmen enrolled at CHS, 17 are taking geometry because they already completed algebra at middle school; 50 are taking Algebra I; 56 are taking Algebra ABCD, a two-year Algebra I

program; and 50 are taking Math A, a state-recommended course for those not ready for algebra at any pace.

District officials said they hope to discontinue Algebra ABCD when the fruits of the new framework begin to ripen and performance levels of entering freshmen increase.

Students need host families

HOST FAMILIES are now needed to house 24 English-speaking students coming from Germany to Monterey.

The students, between the ages of 15 and 23, will be on the Peninsula from June 29 through July 24. Host families, residing in any city on the Peninsula, need to possess an extra bed and a willingness to provide meals and some transportation.

More information: 373-7780.

PROJECT

From page 10

pate in a project to save the Earth's rain forests has made math an interesting subject that the children can relate to, she said.

Ampuero counted \$6.20 in dimes and presented them to Green.

This project also "helps us to (figure out how to) pay for food or groceries or toys," he said.

Green refused to take credit for antici-

pating the new framework. She merely said that any teacher who wants to capture the interest of students must find creative but practical ways that relate the subject matter to everyday life.

"If you're talking about using math in a practical way, what is more practical than counting money?" she said. "The proof of the pudding comes when we double check (the students' work) before taking the money to the bank."

When the project is over, Green's class will receive a certificate from the Nature Conservancy letting the students know how many acres of rain forest they have saved.

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Keep products in original containers. Do NOT mix products together. Label all products not in original containers. Secure items so they won't tip over or leak and store them in the trunk for transport to event. (Sorry, Salinas residents not eligible to participate. Call 757-1030.)

Can't make it to the event? You have two options:

- Wait for the next collection event (Oct. 1996 or May 1997)
- Bring it to the "Drop and Swap," the Household Hazardous Waste Collection Program at the Monterey Peninsula Landfill (14201 Del Monte Blvd., 2 miles north of Marina). Open Mon. through Sat., 8:30 a.m. to 3:30 p.m. Households may drop off materials for free! Businesses MUST call for pre-approval.

Questions? Call the Monterey Regional Waste Management District 384-5313

This Household Hazardous Waste Collection Event made possible, in part, from a grant from the California Integrated Waste Management Board

O'Brien to address CRA today on water

JANICE O'BRIEN, president of the League of Women Voters of the Monterey Peninsula, will address local water issues when she speaks at today's Carmel Residents Association monthly meeting.

The meeting begins at 4:30 p.m. at the Vista Lobos Meeting Room, located at Third and Torres. A "CRA Dines Out" event will follow at 6 p.m. at the General Store/Forge in the Forest on Fifth and Junipero.

O'Brien's talk will focus on the initiative petition being circulated by the coalition "Protect Our Water Resources," and State Sen. Henry Mello's Senate Bill 1951. (The status of

Janice O'Brien will be speaking at 4:30 p.m. today in Carmel.



Mello's bill is outlined in an article that begins on page 2 in today's issue.)

More information: 624-3208.

FICTION BUSINESS NAME STATEMENT

File No. F960565

The following person is doing business as KING CITY DISPOSAL, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina Corporation, Robert S. Durkin, Vice President.

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC414)

FICTION BUSINESS NAME STATEMENT

File No. F960570

The following person is doing business as CAPITOLA DISPOSAL, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina Corporation, Robert S. Durkin, Vice President.

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC418)

FICTION BUSINESS NAME STATEMENT

File No. F960582

The following person is doing business as SIEMPRE ADELANTE PUBLISHING, 1190 Alta Mesa Rd., Monterey CA 93940.

JAMES M. LAUDERDALE, 1190 Alta Mesa Rd., Monterey CA 93940.

This business is conducted by an individual.

Registrant commenced to transact business under the fictitious business name or names listed above on Apr. 15, 1991.

(s) James M. Lauderdale

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC419)

FICTION BUSINESS NAME STATEMENT

File No. F960573

The following person is doing business as CARMEL DISPOSAL SERVICE, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Feb. 1, 1984.

(s) Carmel Marina Corporation, Robert S. Durkin, Vice President.

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC410)

Public notice

MELLO

From page 2

politics.

"This has been a process for all of us," said Pacific Grove Mayor Sandy Koffman. "He has encouraged us to have a greater openness in finding solutions for the water management district and the jurisdictions."

Another bombshell

The next big news item occurred this week — projects still need voter approval. And more praise was forthcoming.

"I think Sen. Mello has done this community a big service in working out all the configurations for how we can manage our resource," said Don Gruber, vice-chair of the Ventana Chapter of the Sierra Club,

which last fall was a leader in opposing the dam. "I don't think Henry comes out looking so bad in all of this."

To some, however, it is not so clearly a case of all's well that ends well.

"I think the whole thing is unfortunate," said MPWMD Director Dick Ely, who represents Carmel and the greater Carmel area. "I think it was a lot of energy that could have been spent in other ways."

Added Hughes: "He wanted to change us, but people in the community should be the ones to decide that, just as the voters created us. This was a state-engineered recall that didn't work out."

Editor's note: Due to term limits, Mello's long tenure as state senator will end this year. Republican Bruce McPherson and Democrat Rusty Areias face off in the Nov. 5 election for the 15th District State Senate seat.

Zoning District: CC Compliance

With CEQA: n/a

Day: Tuesday

Date: May 7, 1996

Time: 3:30 p.m. or shortly thereafter.

Place: The City Council Meeting will be held in the City Hall Council Chambers located on the east side of Monte Verde Street between Ocean and Seventh Avenues.

Any court action made pursuant to decisions made by the City on this (these) proposed action(s) may be limited to issues raised at the public hearing described in this notice, or in written correspondence delivered to the (Planning Commission, City Council, Forest and Beach Commission, etc.) at, or prior to, the public hearing.

All interested Parties are invited to attend said Hearing and express opinions or submit evidence for or against the proposal as outlined above.

By Order of the City of Carmel-by-the-Sea.

Jeanne Brehmer, City Clerk

Dated: 17 April, 1996

Publication dates: April 25, 1996.

The City of Carmel-by-the-City does not discriminate against persons with disabilities. The City Hall is an accessible facility. The City of Carmel-by-the-Sea Telecommunications Device for the Deaf/Speech Impaired (TDD) number 1-800-735-2929

(PC428)

This business is conducted by a corporation.

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC413)

APN No. 418-431-002 Trustee Sale No. 95-3242 NOTICE OF TRUSTEE'S SALE: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/28/94. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 05/13/96 at 1:45 P.M., Bay Counties Foreclosure Services as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 12/30/94 as Document No. 85711 Book 3187 Page 93 of Official Records in the Office of the Recorder of Monterey County, California, Executed by Mike Berube, a single man, as Trustor, Barry Kilzer, Trustee of The Barry Kilzer Profit Sharing Plan, as to a 4650 undivided interest and Barry Kilzer, Trustee of The Barry Kilzer Money Purchase Plan, as to a 450 undivided interest as Beneficiary, will sell at public auction to the highest bidder for cash (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings Association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state.) at: At the Entrance Steps (facing Gabilan Street), to the County Courthouse, 240 Church Street, Salinas, Ca. all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: The land referred to herein is situated in the State of California, County of Monterey, unincorporated area, and is described as follows: Parcel "B", as said Parcel is shown and so designated on that certain Parcel Map filed for record on November 26, 1980 in Volume 14 of Parcel Maps at Page 103, Monterey County Records. The property heretofore described being sold "as is." The street address and other common designation, if any, of the real property described above is purported to be: Vacant Land. Directions may be obtained from the undersigned trustee within 10 days from the first publication of this notice. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession or encumbrances, to pay the remaining principal sum of the note(s), secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$57,417.57 Estimated Accrued interest and additional advances, if any will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recording. Date: 04/12/96 Bay Counties Foreclosure Services as Trustee, 1625 The Alameda, Suite 500, San Jose, Ca 95126 (408)280-6743 By: Judith Kealing, Foreclosure Officer C243249 418, 425, 5296 (PC420)

FICTION BUSINESS NAME STATEMENT

File No. F960655

The following persons are doing business as MARIE CALLENDER'S #125, 1100 Town & Country Rd., #1300, Orange, Ca. 92688.

MARIE CALLENDER OF MONTEREY, A California general partnership, 1100 Town & Country Road, #1300, Orange, CA 92688.

JAMES AUSTIN, 1520 Highland Dr., Newport Beach, CA. 92660.

GEOFFREY BECKHAM, 3199-C Airport Loop Drive, Costa Mesa, CA 92626.

STEPHEN EISENMAN, 33 Dauphin, Dana Point, CA 92629.

JOHN GRAY, P.O. Box 8282, Newport Beach, CA 92658.

ROBERT J. NUTTALL, 5731 Amberdale Dr., Yorba Linda, CA 92666.

BRAD SILLESEN, c/o Marie Callender's #125, 1200 Del Monte Center, Monterey, CA 93940.

GERALD K. TANAKA, Marie Callender Pie Shops, Inc. 1100 Town & Country Rd. #1300, Orange CA 92688.

STAN UCHIZONO, The Stanley & Sharon Uchizono Family Trust, 9171 Santiago Dr., Huntington Beach, CA 92646.

This business is conducted by a general partnership.

Type of Business: Restaurant.

Registrant commenced to transact business under the fictitious business name or names listed above on 6/86.

Marie Calender of Monterey
Marie Callender Pie Shops,
Inc. General Partner
Marie Callender Pie Shops,
Inc.

(s) Chuck Conine
Assistant Secretary

This statement was filed with the County Clerk of Monterey County on April 5, 1996.

Publication dates: April 18, 25,

May 2, 9, 1996.

(PC422)

SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

CASE NUMBER MDR29462

PETITIONER: Carlos Porras

VS

RESPONDENT: Nancy Porras

Upon reading and filing evidence consisting of a declaration as provided in Section 415.50 CCP by Carlos Porras and it satisfactorily appearing therefrom that the defendant, respondent, or citee Nancy Porras, cannot be served with reasonable diligence in any other manner specified in article 3, Chapter 4, Title 5 of the Code of Civil Procedure, and it also appearing from the verified complaint or petition that a good cause of action exists in this action in favor of the plaintiff, petitioner, or citee therein and against the defendant, respondent, or citee and that the said defendant, respondent, or citee is a necessary and proper party to the action or that the party to be served has or claims an interest in, real or personal property in this state that is subject to the jurisdiction of the Court or the relief demanded in the action consists wholly or in part in excluding such party from any interest in such property: NOW, on motion of Carlos Porras Attorney(s) for the Plaintiff(s) Petitioner(s), or contestants (s), IT IS ORDERED that the service of said summons or citation in this action be made upon said defendant, respondent, or citee by publication thereof in THE CARMEL PINE CONE a newspaper of general circulation published at MONTEREY COUNTY California, hereby designated as the newspaper most likely to give

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina

Corporation, Robert S. Durkin, Vice President.

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18,

25, May 2, 1996.

(PC419)

FICTION BUSINESS NAME STATEMENT

File No. F960659

The following person is doing business as DEL MONTE DISPOSAL, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina

Corporation, Robert S. Durkin, Vice President.

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18,

AIDS conference here Saturday

By KENDALL KLYM

IN A continuing effort to end the "silence that equals death," a Bay Area district of the Rotary Club will host an AIDS symposium at 9:45 a.m. Saturday at the Doubletree Hotel in Monterey.

Titled "AIDS and Your Family," the talks will focus on Acquired Immune Deficiency Syndrome as a disease that can infect mothers, fathers, children, grandchildren and fetuses.

Keynote speakers will include Debbie Runions, President Clinton's spokeswoman for AIDS; Beverly Bradley, a nurse and AIDS educator; and John L. Sever, a doctor who specializes in the treatment of children with infectious diseases at the Children's National Medical Center in Washington, D.C.

"Our goal in the Monterey area is to reach as many young people as possible," said Edgardo Carrillo, the co-chairman of the Rotary AIDS Project, which will sponsor the event. "We also want all people to take seriously that AIDS affects mainstream America."

He said Runions will serve as an example of a person with AIDS who does not fit the public's stereotype of someone infected with the disease.

"She is a married woman — a mother

with children," he said. "She will show us how HIV has infiltrated the family. It's no longer restricted to prostitutes, drug addicts and homosexuals."

Carrillo said he has extended special invitations to students from Carmel and Monterey high schools.

Young people are especially important to reach because they represent an extremely high percentage of people infected with HIV in Monterey County, said William Lutz, development director of the Monterey County AIDS Project (MCAP).

"The only vaccine we have is prevention," Lutz said.

According to statistics from the Centers for Disease Control, two people under the age of 24 in the United States become infected with HIV every hour.

According to statistics MCAP received from health care professionals around the county, as many as 6,000 people may be infected with HIV in Monterey County, which ranks it four times higher than the national average.

"A lot of people don't even know they are infected," Lutz said.

To attend the symposium, people must register by calling Carrillo at (510) 537-7999.

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Public notice

NOTICE OF INTENDED BULK TRANSFER

(Commercial Code Section 6107)
NOTICE IS HEREBY GIVEN that RONNIE L. BARNES, whose business address is P.O. Box 330 Pacific Grove, California 93950, intends to transfer to JOHNNY O. WISEMAN, whose address is 325 Elder Ave., Sand City, California, 93955, the following property located at: 663 & 639 Lighthouse, Monterey, California and 680 & 805 Broadway, Seaside, California, all the trade fixtures, equipment, inventory and supplies of that certain business known as "SEARLE ART SUPPLY AND FRAMES, ARTMAX, FRAMES ON BROADWAY."

During the three years immediately past, RONNIE L. BARNES has conducted business under the following names at the following addresses: SEARLE ART SUPPLY AND FRAMES, ARTMAX, FRAMES ON BROADWAY, 663 & 639 Lighthouse, Monterey, California and 680 & 805 Broadway, Seaside, California.

The aforementioned transfer will be consummated on or after May 15, 1996, at the office of RONALD A. PARRAVANO, Attorney at Law, 419 Webster Street, Monterey, California 93940.

Claims of creditors may be filed with RONALD A. PARRAVANO, Attorney at Law, on or before May 14, 1996.

Dated: April 19, 1996

(s) Johnny O. Wiseman

Transferee

Publication dates: April 25, 1996

(PC433)

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES

To Whom It May Concern:

PEPE, Richard J. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at Ocean Ave. Btw. Mission & San Carlos, Carmel, CA 93921 with an On-Sale Beer & Wine Eating Place license.

Publication dates: April 25, May 2, 9, 1996.

(PC431)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. F942026

The following person has abandoned the use of the fictitious business name MONTEREY BAY JAGUARS at 12 Clay Street, Salinas, Ca. 93901.

The fictitious business name referred to above was filed in Monterey County on October 26, 1994.

MONTEREY BAY PROFESSIONAL SOCCER TEAM, a California Corporation, 12 Clay Street, Salinas, CA. 93901.

This business was conducted by a corporation.

(s) Robert Adeute

This statement was filed with the County Clerk of Monterey

County on the date indicated by file stamp above.

Publication dates: April 25,

May 2, 9, 16, 1996.

(PC432)

File No. F960578 FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is/are doing business as JANZEN, JOHNSTON & ROCKWELL EMERGENCY MEDICINE MANAGEMENT SERVICES, 4551 Glencoe Ave, Ste. 260, Manoa Del Rey, CA 90292. Emergency Medicine Management Services, Inc., CA, 4551 Glencoe Ave, Ste 260, Manoa Del Rey, CA 90292.

This business is conducted by a corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on August 9, 1991.

SIGNED: EMERGENCY MEDICINE MANAGEMENT SERVICES, INC., By: Edward L. Buckley, Senior Vice President

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

NOTICE: This fictitious name statement expires five years from the date it was filed in the Office of the County Clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not itself authorize the use in this state of a fictitious business name in violation of the rights of another under Federal, State, or common law (See Section 14400 et seq., Business and Professions Code).

First Filing

Carmel Pine Cone

CN360265 JANZEN Apr 4,11,18,25, 1996

Publication dates: April 4, 11,

18, 25, 1996.

(PC403)

FICTITIOUS BUSINESS NAME STATEMENT

File No. F960617

The following person is doing business as ART CENTRAL, P.O. 2975 / Corner of Santa Rita - Mt. View, Carmel, CA 93921.

EVAN SOMMER DICK, 824 Alice, Monterey, CA 93940.

This business is conducted by an individual.

Registrant commenced to transact business under the fictitious business name or names listed above on March 8, 1996.

(s) Evan Dick

This statement was filed with the County Clerk of Monterey

County on April 1, 1996.

Publication dates: April 4, 11,

18, 25, 1996.

(PC404)

FICTITIOUS BUSINESS NAME STATEMENT

File No. F960576

The following person is doing business as SEASIDE DISPOSAL, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on April 1, 1996.

(s) Robert Adeute

This statement was filed with the County Clerk of Monterey

County on April 1, 1996.

Registration commenced to

transact business under the fictitious business name or names listed above on April 1, 1996.

(s) Carmel Marina

Corporation, Robert S. Durkin

Vice President

This statement was filed with the County Clerk of Monterey

County on April 1, 1996.

Initial Consultation FREE 624-5000

(s) Carmel Marina

This statement was filed with the County Clerk of Monterey County on April 1, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC405)

FICTITIOUS BUSINESS NAME STATEMENT

File No. F960575

The following person is doing business as CARMEL VALLEY DISPOSAL, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina

Corporation, Robert S. Durkin

Vice President

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC408)

FICTITIOUS BUSINESS NAME STATEMENT

File No. F960574

The following person is doing business as PACIFIC GROVE DISPOSAL, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina

Corporation, Robert S. Durkin

Vice President

This statement was filed with the County Clerk of Monterey County on March 26, 1996.

Publication dates: April 11, 18, 25, May 2, 1996.

(PC415)

FICTITIOUS BUSINESS NAME STATEMENT

File No. F960572

The following person is doing business as PENINSULA DEBRIS BOX, 11240 Commercial Parkway, Castroville, CA 95012.

CARMEL MARINA CORPORATION, 11240 Commercial Parkway, Castroville, CA 95012.

This business is conducted by a corporation.

Registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1984.

(s) Carmel Marina

Corporation, Robert S. Durkin



Above the Bottom Line

By JAMES P. CALANDRA, CPA

Think taxes — even after your return is in

NOW THAT most of you have filed your 1995 tax return, you may feel like forgetting about taxes and finances for a while. But that's not a good idea.

This is the best time of the year for tax and financial planning. You can take some important steps now to reduce your 1996 taxes and improve your financial well-being.

■ First, check your withholding for 1996. The best indicator that you need to make a change in your withholding is either a large refund or balance due on your 1995 tax return. A large refund means you've given the IRS an interest-free loan — money that you could have invested yourself.

A large balance due can mean you end up paying penalty and interest charges on top of your regular tax liability. To change your withholding, file a new Form W-4 with your employer. Newly retired individuals who will no longer have withholding should review their need to start making quarterly estimates of income tax.

■ Maximize the benefit you get from making tax deductible contributions to a retirement plan by making your contribution as early in the year as possible. You then extend the period during which your investment can grow tax deferred.

■ The beginning of the year is the best time to establish your long-term tax planning strategies. Some possibilities to consider: a salary-deferral arrangement with your employer, investing in assets that will appreciate rather

Tax Rate	Single	Married (Joint)	Head of Household
15 percent	\$1 to \$24,000	\$1 to \$40,100	\$1 to \$32,150
28 percent	\$24,001 to \$58,150	\$40,101 to \$96,900	\$32,151 to \$83,050
31 percent	\$58,151 to \$121,300	\$96,901 to \$147,700	\$83,051 to \$134,500
36 percent	\$121,301 to \$263,750	\$147,701 to \$263,750	\$134,501 to \$263,750

than produce current income, shifting income among family members to take advantage of lower tax brackets and structuring your borrowing to maximize interest deductions.

■ Now is also the time to get your tax and financial records organized if your current system leaves something to be desired. Organization will help you capture deductions you might otherwise miss.

The longer you delay tax and financial planning for 1996, the less effective any strategy will be for you this year.

So don't just forget about taxes until next April 15. Take time to determine a strategy and make some moves that can reduce your 1996 tax bill and make your financial situation better a year from now.

✓ 1996 tax numbers adjusted for inflation

The IRS makes an annual inflation adjustment to the tax brackets, the personal exemption amounts, the standard deduction amounts, and certain other tax numbers. Clip and save these 1996 numbers: you'll find them helpful in your 1996 tax planning.

■ **Tax brackets.** The income tax brackets for 1996 are listed in the "Taxable Income" boxed chart above.

■ **Personal exemptions.** The deduction for each personal exemption increases in 1996 to \$2,550 (phased out for taxpayers with higher incomes).

■ **Standard deductions.** The standard deductions for 1996 will be:

- Joint returns & surviving spouses, \$6,700.
- Married filing separately, \$3,350.
- Head of household, \$5,900.
- Single, \$4,000.

The standard deduction is increased by \$800 for a married taxpayer age 65 or older or blind (\$1,600 if both 65 and blind). It's increased by \$1,000 for single taxpayers age 65 or older or blind (\$2,000 if both 65 and blind).

■ Other adjustments:

— The amount of unearned income that children under the age of 14 may have before the "kiddie-tax" kicks in remains at \$1,300 for 1996.

— The amount of income at which taxpayers begin to lose the tax-free exemption for college bond interest increases to \$65,250 for married couples and to \$43,500 for singles.

— The maximum payment that can be made to a 401(k) retirement plan in 1996 increases from \$9,240 to \$9,500.

— The mileage allowance for business travel in 1996 increases to 31 cents a mile. No change was made in mileage rates for charitable driving (12 cents a mile), but driving for medical and moving expenses increases from 9 cents to 10 cents a mile for 1996.

James P. Calandra has been a Certified Public Accountant for 31 years and has practiced in Monterey County for the past 10 years. If you have a question for Jim, write to him at 708 Forest Avenue, Pacific Grove, CA 93950, fax him at 372-0843, or e-mail him at jim@montereybay.com.

Obituaries

Wilson, John

Colombus, formerly of Carmel, died April 6. Born in Aspinwall, Pa., he attended the University of Pennsylvania and had lived in Carmel for 25 years. Mr. Wilson owned the El Padre Motel and the Tally Ho Inn in Carmel. He is survived by his wife of 67 years, Mildred; three daughters, Lori Lockwood of Big Sur, Susan Esterly of Nevada City and Lynn Bajuk of South Lake Tahoe; nine grandchildren; and three great-grandchildren.

Upshaw, Suzanne
Bouche, 102, of Carmel Valley, died April 7. Born in Brittany, France, she arrived in the U.S. in 1930 to serve as a governess for a family in New York City. She later attended Columbia University, where she met her husband, Charles, who became a professor at the University of Washington and later worked on the Manhattan Project during World War II. Mrs. Upshaw is survived by a sister in Brittany and numerous nieces and nephews. Her husband died in 1989.

Chatham, Susan, 43, of Pebble Beach, died of breast cancer April 9. Born in San Francisco, she had lived in Monterey County for 17

years and was a member of the Carmel Garden Club and the Casa Abrego Club of Monterey. She was also active with the Santa Catalina School Service League. She is survived by two sons, Robert and Matthew, both of Pebble Beach; a daughter, Heather of Pebble Beach; her mother, Jean McCauley of Emeryville; her father, Duncan McCauley of Poulsbo, Mont.; a brother, Daniel McCauley of Gurneyville; and a sister, Laurel Warner of Emeryville. Memorial contributions: the Susan McCauley Chatham Memorial Fund, c/o Santa Catalina School, 1330 Mark Thomas Drive, Monterey 93940.

Cooper, Dorothy
Bowser, 87, of Pebble Beach, died April 9. Born in Blairstown, Pa., she had lived in Pebble Beach for 26 years. An avid golfer, she was a member of the Monterey Peninsula Golf Club. She was also a member of the Community Hospital Auxiliary. Mrs. Cooper is survived by her husband of 62 years, Paul; a brother, Ray of Blairstown, Pa.; and a sister, Jeanne Ellermeyer of Walnut Creek. Memorial contributions: the donor's favorite charity.

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FITZPATRICK: It'll be a down-to-earth battle

From page 3

ry quoted Sam as saying, "It's my hope that by giving the day a high profile, we may impress upon more Americans the importance of caring for the Earth."

AND for the clincher, Sam's advisory added:

"The earth is, after all, our original natural resource."

Deep stuff, that! But is it open to argument? We tried to contact Farr's opponent in November, Jess Brown of Santa Cruz, for rebuttal but couldn't reach him.

With luck, though, we may soon receive an advisory from Brown's office saying that Sam's facts are hogwash and that our original natural resource was actually Saturn. Or Mercury. Or maybe even Buick.

THEN we'll know the campaign is ON!

□ □ □

BULLETIN! ... Jess Brown just checked in by phone (gad, what timing!) and said the SUN is actually our original natural resource, and without it the Earth would be useless!

Hey, since there's an Earth Day, maybe we ought to have a special day to honor the sun. We could call it Sunday. Whoa! That's been done to death.

AT any rate, the game is ON! Sam vs. Jess has officially begun! I believe it's your move, Sam. Go get 'im!

□ □ □

NOW they tell me.

Bill Leone and River Gurtin, owners of the Bagel Bakery stores, have announced winners of a contest to name a new variety of bagels they serve.

The three winners each selected the same name — Superseed. Why that? Well, see, the new bagel has poppy seeds and sesame seeds, as well as onion, garlic and pretzel salt, so with all those seeds ...

ANYWAY, the winners were Todd Stansbury, 15, and Morgan Gibson, 8, both of Pacific Grove, and Chuck Ginsberg, Aptos, who works at the Monterey Bay Aquarium bookstore.

Why Gurtin and Leone didn't notify this column in time to enter the contest is simply a management blunder they'll probably rue forever.

NOT that we care at all, mind you, we're not sensitive. "The Superseed" is perfectly OK. No complaint here.

But Gurtin and Leone blew their chance to consider such inspired names as "One Seedy Bagel," "Embryos-A-Go-Go," "Corms Off the Cob," "The Seductive," and "There's No Vule Like An Ovule!"

Pity.

□ □ □

NOW THEN ... Famous humor-writer Erma Bombeck, who died Sunday of complications from a kidney transplant, and her husband Bill own an ocean-front house just south of Carmel Highlands.

They bought it in 1993 and had its interior extensively remodeled before they would make use of it.

WHEN it was completed and they finally did get away from their Phoenix home for a week in their remodeled oceanfront hideaway, it rained all week!

Erma was eagerly looking forward to getting back here in good weather. Sadly, it won't happen.

□ □ □

WHILE Clint Eastwood's honeymoon with Dina Ruiz two weeks ago was kept very secret around his hometown here, it turned up big with pictures last week in *Globe* magazine, which said in part:

"Newlywed Clint Eastwood had a lovely time on his honeymoon because his young bride let him do what he likes best — play golf!"

The 65-year-old Dirty Harry and his 30-year-old wife Dina Ruiz spent their days in romantic (Maui) Hawaii swinging — out on the lush palm tree-lined links ...

It added: "A honeymoon without golf would be like a honeymoon without a wife," Clint told a pal.

HONEYMOONS have changed a lot, I guess.

□ □ □

LASTLY ... Monterey's James Stokes forwards this great recent headline from the Wall Street Journal on an article about China planning to tap the power of its historic river:

"Dammed Yangtze."

Joe Fitzpatrick's column appears weekly in *The Pine Cone*.

Briefly Speaking

Friday: Cal-Am begins pipe work

BEGINNING FRIDAY, California-American Water Co.'s contractor, Monterey Peninsula Engineering (MPE), will be replacing 1,100 feet of pre-1925 water main on Dolores and Fourth in Carmel.

The project will take approximately four weeks to complete.

According to Cal-Am, the new pipe will enable quality water service and increased fire protection to the affected area. MPE will be working closely with the City of Carmel to minimize traffic interruptions.

Customers will be notified of any water service interruptions.

More information: 373-3051.

Sunday: RSC to offer workshop, hike

IN CELEBRATION of California Trail Days, the Rancho San Carlos Education Foundation and the Santa Lucia Conservancy will host a family birdbox-building workshop and hike Sunday along the Rudd Crawford Birdlife Trail.

Adults and children will build and decorate their own birdboxes to take home or donate to the Rudd Crawford Trail. Awards for artistic efforts will be given out to participants.

Families need to bring only a hammer and a Phillips screwdriver. All other materials will be provided.

Activities, light refreshments and a hike on the Rudd Crawford Birdlife Trail with naturalist guide Suzanne Sawyer follow the workshop.

More information: 626-8270.

LOG

From page 4

reported an early morning theft of two bags of mail.

Pebble Beach: A woman reported her house had been struck by two eggs "sometime during the darkness hours."

Carmel Valley: A woman reported that her 13-year-old son left home without permission.

SUNDAY, APRIL 21

Big Sur: An anonymous caller reported a "man down" off Highway 1. When the man was located he stated he was simply tired and decided to sleep by the side of the road. He was given a ride to a nearby lodge.

Carmel: A suspect was observed making a traffic violation, and smelled of alcohol when pulled over. California Highway Patrol was called and the man was subsequently arrested.

Pebble Beach: A loaded handgun was found left behind in a nightstand drawer in a room at a lodge. The gun was held and later released to the owner, who was admonished by deputies.

Carmel Valley: A man reported getting into an argument with a juvenile who was skateboarding in a shopping center. The man warned that the juvenile, who fled the area when the man called the Sheriff's Department, would injure himself if he did not stop. The man was informed that the shopping center was in the process of posting signs banning skateboarding in the area.

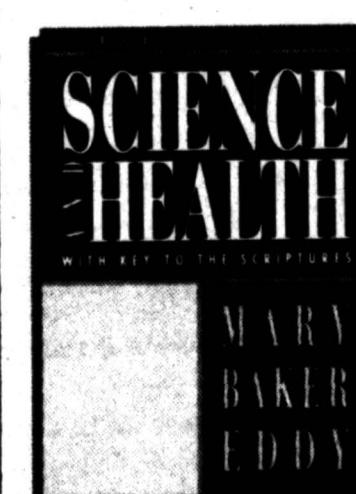
Saturday: CRA to clean beach

THE CARMEL Residents Association will hold its monthly Beach Cleanup at 10 a.m. Saturday at the foot of Ocean Avenue.

There will be no gardening along the walkway this month. The public is invited to join the many CRA volunteers.

More information: 624-3208.

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Fall kindergarten registration starts

CARMEL RIVER School's Fall Kindergarten registration is currently being held at the school at 15th and Monte Verde.

Children who live within the Carmel School District and who will be 5 years old on or before Dec. 2 are eligible.

The child need not be present with his or her parents at the time of registration.

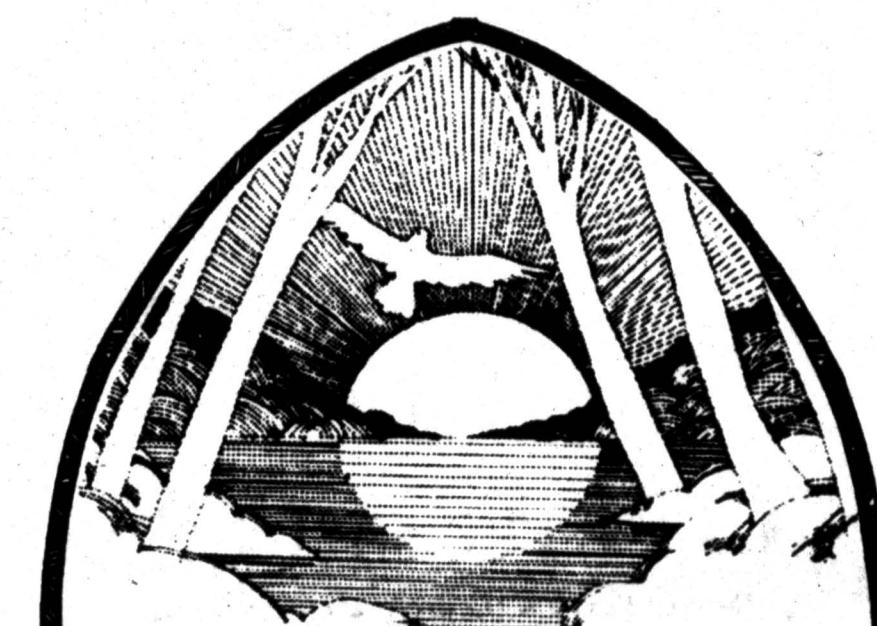
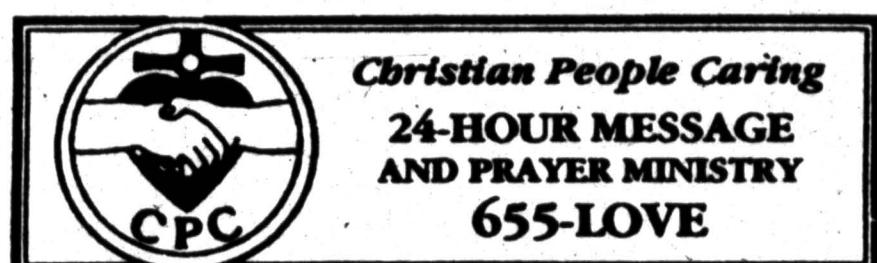
More information: 624-4609.

May 3: Elder abuse focus of conference

AN ALL-day conference on preventing and remedying financial abuse against the elderly is planned for Friday, May 3 at Rancho Cañada Golf Club in Carmel Valley.

The registration fee of \$50 per person includes a continental breakfast, lunch and all materials.

The conference is designed especially for attorneys, bankers, police officers, accountants and health care and social service providers who work with the elderly. More information/registration: 755-8485.



Church Services

The Church of the Wayfarer

(A United Methodist Church) Worship Sundays at 10 a.m. at this historic United Methodist church. Adult & youth classes 8:45 a.m. Sunday School 10 a.m. (Nursery care provided.) Youth Fellowship 5:30 p.m. children's choir and weekly pre-school programs available. 624-3550

Christian Science Services

Sundays 10 a.m., Sunday School 10 a.m. Wednesday evening testimony meetings 8 p.m. Reading room open weekdays 9-5 (Wed. 9-7:30) Sun. & holidays 1:30-4:30. Monte Verde St. North of Ocean Ave. btwn. 5th & 6th

All Saints' Episcopal Church

Sunday Eucharists at 8 and 10 a.m. and 5:30 p.m. Eucharist on Wednesdays at 7 a.m. and Thursdays at noon. Sunday nursery care at 10 a.m. service. Dolores St. & 9th Ave. 624-3883

Carmel Mission Basilica

Sat. Mass: 5:30 p.m. fulfills Sunday obligation. Sun. Masses: 7:00, 8:00, 9:30 & 11:00 a.m. and 12:30 & 5:30 p.m. Confessions: Sat. 3:30 to 5:30; days before First Friday and Holy Days 4:00 to 5:00. Mass at Big Sur: Sundays at 10:30 a.m. Rio Road, Carmel

Carmel Church of Religious Science

Services held 11 a.m. Sundays. "Beyond Sunday" meetings held Wed. evenings 7:00. the public is invited.

Dolores St. & 8th Ave. American Legion Post 625-5360

Carmel Presbyterian Church

3 services: 8 a.m. - contemporary Family: 9:30 & 11: Traditional Service. Services are broadcast on KRML 1400 at 9:30. Child care provided for all services. Junipero near Ocean 624-3878 (655-LOVE for 24-hour phone prayer ministry)

Carmel Christian Fellowship

(First Assembly of God) Sunday Services: 10:30 a.m. Thurs. Night Bible Study & Prayer Mtg. (held in a home - please call for info) "Come as you are - you will be loved!" Pastor Richard Tennesen San Carlos & 9th Carmel Woman's Club 624-9302

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WHAT'S NEW with Meg
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Training guru: Walk-run mix key to success

By PAUL WOLF

THE FINISH of the Big Sur International Marathon — that kaleidoscope of shapes and sizes, ages and abilities — proves that running is the most democratic of sports.

Jeff Galloway, training guru and a first-time participant in the Big Sur event on Sunday, believes the race can be more inclusive.

As a follow-up guide to his definitive *Galloway's Book on Running* (1984), his new book hits stores this month.

Galloway isn't content to rehash old ideas. The new volume, *Marathon*, debunks old assumptions about the need for big mileage and continuous running in all workouts, and offers a number of "innovations."

Great success

Galloway, who conducts clinics throughout the nation, says he has had tremendous success training "ordinary people" to run 26 miles, 385 yards in ways that the bodies and spirits can handle comfortably.

"We are opening up the marathon to hundreds of people who have never entered

tained even the remotest fantasy of running one," Galloway, 50, told the newspaper from his Atlanta, Ga. office.

Galloway says he may drop in on Big Sur International Marathon panel discussions or training seminars if the opportunities (or offers) arise, but otherwise he will just enjoy the race — his 101st marathon.

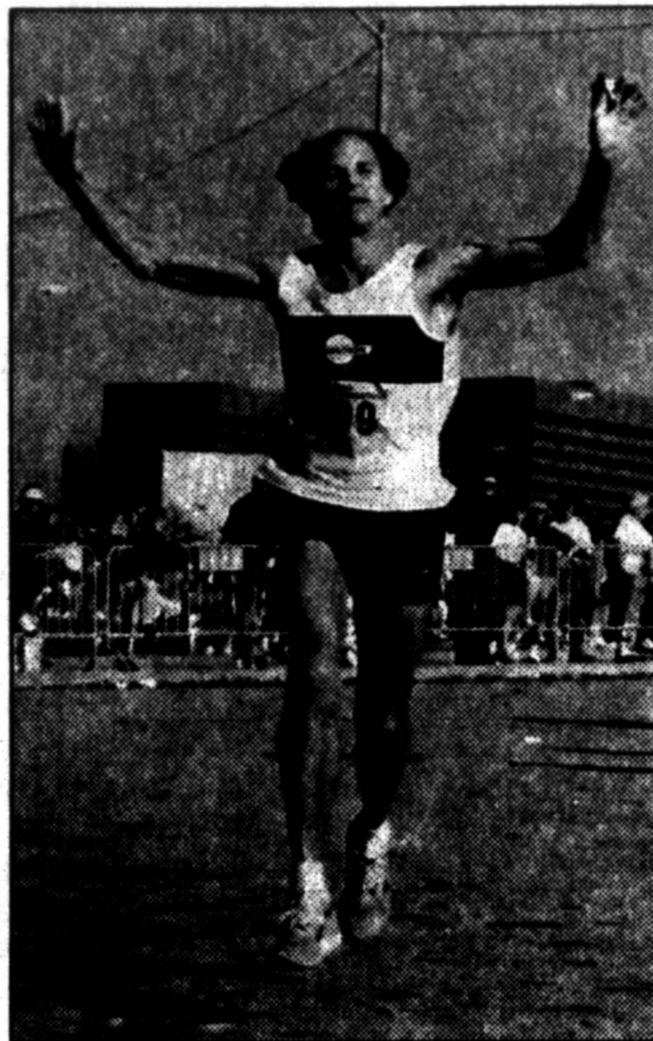
He forwards some concepts that might be considered revolutionary. For starters,

he argues that discontinuous effort is not only a viable way to train, but a better way.

"I do not believe our bodies were designed to run continuously for long distances," he says. "We are evolved to run a little, walk a little, then run a little more. If we had an owner's manual, I believe this is what it would tell us."

Furthermore, in the race itself, Galloway advises brief intervals of walking, ranging from 15 seconds to one minute for each mile, depending on one's fitness and goals. Walking is only necessary during the first 18 miles.

Many runners who have used his technique report faster times and fewer injuries, he says.



Jeff Galloway (pictured above in 1972) is a first-time participant at the Big Sur Marathon.

Galloway tells the tale of a 30-year-old convert to his method, a young man who couldn't improve on his 3:08 mark. The man's first run-walk effort led him to a 2:58 result.

As for the most gifted, fit athletes, the goal of discontinuous effort can be achieved by stride changes. Galloway coaches runners on "gliding" down hills "using a shorter stride and keeping their feet closer to the ground."

The key, Galloway says, is to allow the body to rest overused "running muscles."

According to Galloway, many of the great African runners, including the Kenyans, who currently dominate the elite ranks, use techniques similar to his. "They play when they run, slowing down and speeding up. I believe they recognize the advantages of this instinctively."

Galloway, a participant in the 1972 Munich Olympics in the 10,000 meters

See GALLOWAY page 17



Padre Sports Scene



Track & field showdown today

Boys tennis team corrals first victory of season

CARMEL HIGH School's baseball game Friday afternoon against Palma should determine which team will win the Mission Trail Athletic League title.

But first things first. The four-team track and field meet today at Hartnell College will decide who wins MTAL. It is a battle of the undefeated teams as Carmel matches up against Palma and Notre Dame, all at 8-0. King City also joins the group for what is the final MTAL meet of the season.

"The coaches can only go so far and then it's up to the players," said a confident coach John Ables. "The winners will be the ones who can step it up."

Carmel has been stepping it up all season.

Last Thursday in the home meet, the Padres (163) crushed opponents Alvarez (30), Gonzales (19), and York (17). The girls fared just as well, winning with 128 points. Alvarez was the next nearest team with just 47.

The boys took at least two of the top three spots in every individual event except for the mile run. Ryan Travaille placed first in 100 and 300 hurdles (16.53, 43.66).

Kyle Colby won both the discus and shot put with distances of 118-2.5 and 41-9.75. Jacob Saxton and Ben Cook each won three events — Saxton the long jump, triple jump and 100; Cook the 200, 400 and high jump with a leap of 6-0.

The girls were led by Denise Cardamone, who won the 800 and the mile (2:33 and 5:38), and Darlene Tulua, who landed a shot put of 40-10 and discus of 139-9.

After today's meet, the two CHS teams will compete in Saturday's annual Pacific Grove Rotary Invitational. First events begin at 9 a.m. at PG High.

— P.F.

■ BOYS TENNIS

Though short-handed by a good four players, the Padres enjoyed a shining moment on April 15 as they came away with their first win of the season against Alisal High. Having forfeited their two doubles matches as usual, Carmel won four of the five singles matches for a 4-3 triumph.

Carmel's No. 1 player, Austin Poland, was a 6-1, 6-0 winner; Cody Reese at No. 2 was a 6-3, 6-1 winner; Charlie Daley (No. 3) cruised 6-0, 6-1 and No. 5 Adam Kasperek clinched it with a 6-3, 6-1 victory.

Though the Padres stand at a disappointing 1-8 in league, not all will be lost since they were able to put at least one win behind them through solid determination. The final match of the season will be at 3 p.m. Friday at York.

— P.F.

■ SWIMMING & DIVING

Coming off a successful effort at Hartnell College against Salinas High last Friday, the swimmers and divers look forward to a test against visiting Robert Louis Stevenson at 3:30 p.m. Friday.

Against the Cowboys, Carmel dominated the swim lanes en route to a 119-64 win. Omer Barstrian was a double winner

See PADRES page 17



Pirate Sports Scene

By JOHN DAVI

Softball team makes run at top

WITH ONLY four games left to play in the regular season, the Robert Louis Stevenson girls softball team is poised to make a run for the top spot in the Mission Trail Athletic League.

Currently in third place but only a game behind first place Notre Dame (8-0), the 7-2 Pirates have the chance to leapfrog over second place Pacific Grove (9-2), which remains a game ahead of Stevenson.

Pining for a Pacific Grove or Notre Dame loss, the Pirates toppled Santa Catalina 5-1 Tuesday behind an Amy Barker three-hitter. Barker helped on the offensive side as well with two doubles, while Shyamala White drove in a run and added two hits.

The Pirates host King City at 4 p.m. Friday and Carmel at 4 p.m. Tuesday.

■ SWIMMING & DIVING

The Pirates swam laps around the Alisal Trojans on Tuesday, winning 10 of 11 events en route to a 117-38 home victory.

Shea Murphy was the lone double-winner for the Pirates, with a first place finish in the 200 freestyle (2:20.06) and a CCS-

qualifying win in the 100 breast (1:05.62). Walter Chan, who took second in the same event, likewise qualified for postseason swimming.

The Pirates travel to Carmel Friday to take on the talented Padres in a meet that starts at 3:30 p.m.

■ TRACK & FIELD

A small Stevenson team traveled to the Bill Kearney Invitational at Hartnell College last Saturday, participating in a meet that featured the best runners in the MTAL and Monterey Bay League.

Heather Blackwell was the top Pirate finisher, and the only Stevenson girl to place, with a first in the triple jump. On the boys side, Brandon Sams took a second in the 400 and a third in the 200, while Paul Simonsen finished third in the 100 sprint. The boys relay team finished second in the 1600.

The Pirates travel to Alvarez today for a three-team meet with Alisal, the last regular season event of the year.

The MTAL Championships take place next Friday at Hartnell College in Salinas.

FERLITO

From page 1

week running (at an 8:30 mile pace) along the recreation trail, through Asilomar and back to his office at 251 Lighthouse Ave. — for a total of six-and-a-half miles.

"I am fortunate to have a shower in my office," he jokes.

As for food, the 6-2, 189-pound Ferlito grabs a banana or a Power Bar and returns to his patients.

Incorporating fitness into his work life is no burden. "I consider this the reward I give myself," he said. "I'm away from all the phones, all the hustle and bustle."

On weekends, he is a little more creative, tackling a variety of routes in Carmel. In the weeks preceding the Big Sur Marathon, Ferlito usually plans a few well-chosen long runs, spanning 20 miles or more.

This year he only felt the need for one long run to prepare for the 11th Big Sur Marathon. The grizzled veteran sees no need to overprepare.



Ferlito notes he is a product of the running boom of the mid-1970s. After dental school he felt out of shape, and the occasional tennis match didn't satisfy him. By chance one day, he became inspired by some old footage of the 1960 Olympic Marathon in Rome and decided to give serious running a try.

In his peak, Ferlito ran several marathons a year, often traveling to some of the world's great destinations — Boston, New York.

In 1978, Ferlito finished the New York Marathon in a not-too-shabby three hours flat. His time didn't reflect the true performance, since it took several minutes for 25,000 runners to cross the starting line.

But even in the most exciting of settings, Ferlito was a stranger running in a strange land. Here at home, he relishes the sight of friends and acquaintances — and even patients — who receive him in those final strides.

Ferlito is proof that the competitive edge is not essential for the enjoyment of running at such a demanding level. "I may not always run marathons," he said, "but I will always be a runner."

Ron Mims named as new MPC grid coach

Monterey Peninsula College, which has suffered through many losing seasons of late, formally announced Tuesday that Ron Mims (left) has been selected as its new head football coach. Most recently, Mims was the assistant head football coach at San Diego State University. The 46-year-old San Diego resident was an all-Pac 8 first-team player for Washington State University in 1971. Mims has also served as an assistant coach for Purdue University, UNLV and WSU, and was the head coach at Los Angeles Southwest College for six seasons. Mims said he is looking forward to the challenge of bringing a winning football program to MPC, a school that has tasted victory only three times in the last three seasons. Mims replaces Chris Pappas, who retired after 10 years as head coach.

PHOTO/Doug Thompson

PREP SPORTS SLATE

TODAY

Tennis: Salinas at RLS, 3:30 p.m.
Track & Field: Carmel at Palma/Notre Dame, 3:30 p.m.; RLS at Gonzales, 3:30 p.m.

Golf: RLS at Pacific Grove, 3:30 p.m.

FRIDAY

Baseball: Carmel at Palma, 4 p.m.; King City at RLS, 4 p.m.
Softball: Carmel at Notre Dame, 4 p.m.; King City at RLS, 4 p.m.

Swimming & Diving: RLS at Carmel, 3:30 p.m.

Tennis: Carmel at York, 3 p.m.; RLS at Pacific Grove, 3:30 p.m.

SATURDAY

Track & Field: Carmel, RLS in Pacific Grove Rotary Invitational, PG High, 9 a.m.

MONDAY

Golf: RLS, Carmel in MTAL Championships, site TBA, 1 p.m.

TUESDAY

Softball: Carmel at RLS, 4 p.m.

WEDNESDAY

Baseball: Carmel at King City, 4 p.m.; RLS at Gonzales, 4 p.m.

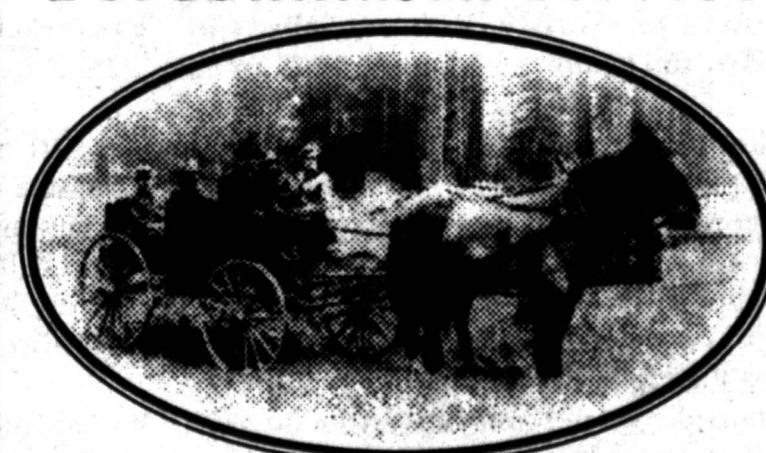
Softball: King City at Carmel, 4 p.m.; RLS at Gonzales, 4 p.m.

THURSDAY, MAY 2

Softball: York at Carmel, 4 p.m.

Note: Times listed denote start of varsity events.

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GALLOWAY

From page 16

(6.2 miles), encourages those just getting started or returning to running to toss walking into the mix.

Meanwhile, Galloway stands by his time-tested technique of the periodic long run. Once every seven to 14 days, marathoners of all abilities should complete a long, slow effort. Not surprisingly, he now favors the inclusion of walking — one minute for every three to eight of running.

As Galloway sees it, there is such a thing as a part-time marathoner. In fact, he has developed a program that includes only three days of running a week: two half-hour runs and a long run on the weekend.

Two Girls

From Carmel

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PADRES

From page 16

in the 200 free (1:51.95) and the 100 butterfly (57.18), and Kent Wehde also picked up a pair of golds in the 50 free (22.99) and 100 breast stroke (1:04.32).

Sophomore Russel Wolter showed his endurance with a win in the 500 free (6:01.35), and Sasha Vorobiov, also a sophomore, glided his way to a win in the 200 individual medley (2:31.62).

The Padres swept the diving competition behind the first-place performance of Matt Borek (155.1 points), who was followed by Vorobiov and Millan Diaz-Aquado.

The Padres didn't stop there; they also triumphed in the 200 free relay (1:38.15) and the 400 free relay (3:38.17).

— A.M.

BOYS GOLF

"They say a tie is like kissing your sister. Well, they're right," said Michael Cohen who expressed the view of most Padres after the 200-200 tie with Pacific Grove in last Thursday's MTAL match.

The league is wrapping up and Carmel needs to come through in the remaining matches — including today's contest against Palma at Pebble Beach Golf Links — to qualify for post-season competition.

Against PG, Joe Enea was medalist with a 36, just one over par. Cohen and Spencer Wilson aided the cause with a 37 and 41.

On the previous Tuesday, Alvarez didn't provide much of a scare as Carmel won

by more than 100 strokes. Cohen, Adam Struve and Eric Struve each shot a 39 on the par-36 at Pebble Beach.

— P.E.

GIRLS SOFTBALL

Following a solid 2-1 victory over Gonzales High last Friday, the 4-6 Padres take on the undefeated Spirits of Notre Dame at 4 p.m. Friday in Salinas.

Against Gonzales, junior ace Laura McGowan pitched one-hit ball, and Carmel's stifling defense proved to be the magic ingredient in the win.

The Padres' right side, namely right fielder Shannon Dougherty and second baseman Sierra Shepherd, led the defensive effort for Carmel. Dougherty did her best to lobby for the Gold Glove award by turning in four spectacular plays, punctuated by a diving catch. Shepherd turned in an unassisted double play, with runners in scoring position late in the game, to secure the Padre triumph.

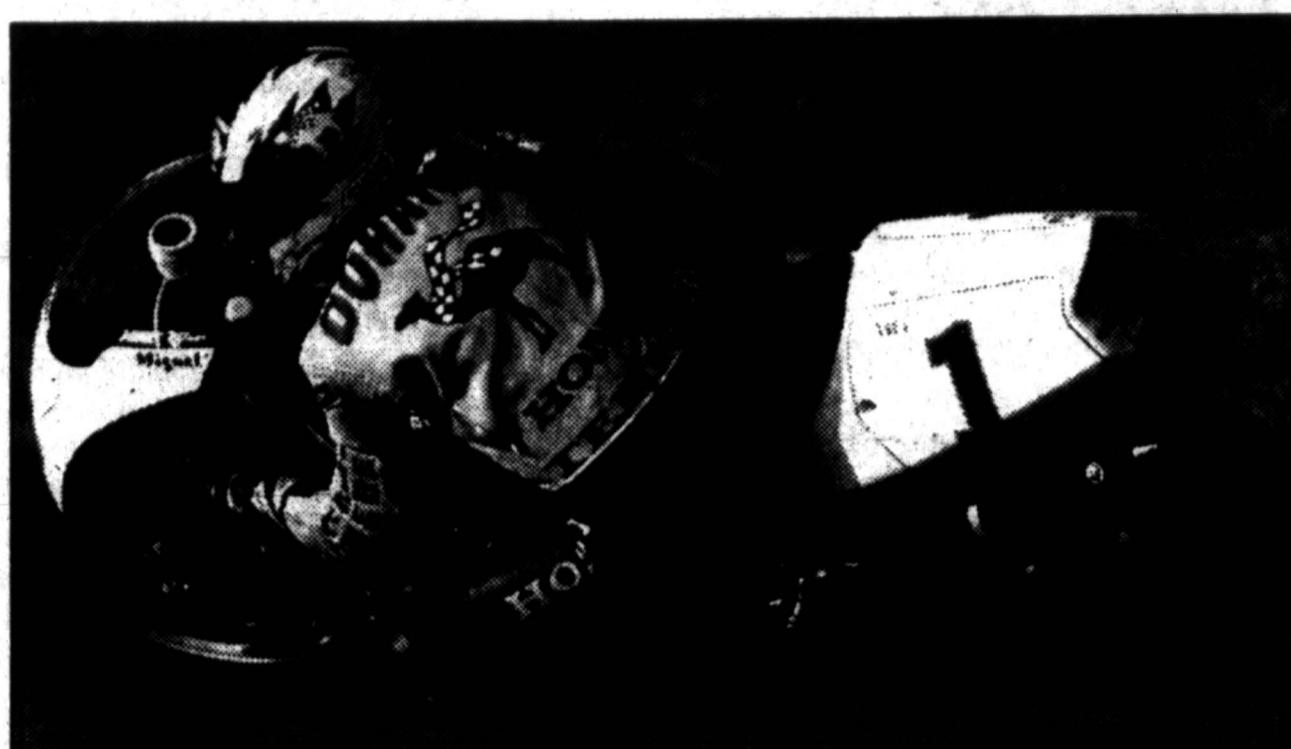
At the plate, rookies Leah Chaney and Michelle Ocampo each went 2 for 3 with an RBI, while Andra Faverity and Angela Olow chipped in with sacrifice hits.

MPC to offer summer clinic

A track and football cross-training clinic for boys ages 7 to 17 will be offered in June at Monterey Peninsula College.

The four-week program will run from 9 a.m. to noon each Saturday in June at the track and football facility at MPC. Registration is \$25 per class or \$100 for the session. All proceeds will go to support the MPC track program.

More information/registration form: 646-4199.



The action is 'going to be good,' promises Miguel Duhamel (1), the 1995 Superbike and 600cc Super Sport Champion said of this weekend's action on the newly expanded and modified track at Laguna Seca Raceway. The dominant force in American motorcycle road racing, Duhamel says the bikes will be traveling about 10 miles per hour faster over Turn 1 on the new track.

MOTORCYCLES TO INVADE LAGUNA SECA

■ What: Toyota Challenge of Laguna Seca.

■ Where: Laguna Seca Raceway, Monterey/Salinas Highway 68, Monterey.

■ When: Friday through Sunday — practice, qualifying and heat races on Friday and Saturday; featured races on Sunday.

■ Featured Races: 10:40 a.m. Sunday — HP4 600 SuperSport (17 laps). 1 p.m. Sunday — Rotten Robbie Superbike Race (28 laps); 250 Grand

Prix (17 laps); Harley-Davidson Supertwins (12 laps).

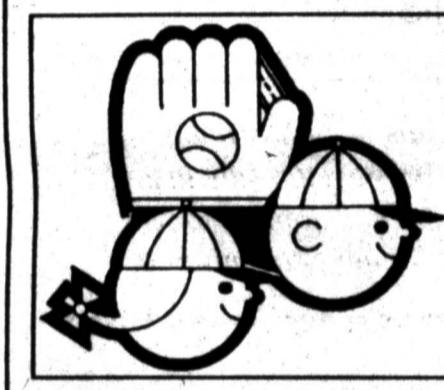
■ New '96 event: SRA Sidecars (10 laps, 10:40 a.m. Sunday).

■ Track type: New track length — 2.238 miles, 11-turn road course.

■ Ticket prices at the gate: \$25 (Friday), \$35 (Saturday), \$45 (Sunday). Weekend package rates also available. All tickets include admission and paddock access.

■ Grandstand seating: Free.

■ Ticket line: 1-800-327-SECA.



Carmel Youth Baseball

By PAT LITTLE

Heroes, home runs dominate CYB play

THE ACTION at Larson Field continues today with three games, one at 5 p.m. and two more at 5:30 p.m.

No matchups are scheduled for Friday, but nine contests are on tap Saturday. The early games begin at 9 a.m., while the late game's first pitch is set for 4 p.m.

Here's a look at recent Carmel Youth Baseball action:

■ PINTO DIV. (ages 7-8): ML Stern took on RG Burgers on Saturday, April 6. Two-base hits were the order of the day, as RGB's Matthew Perkins and Thomas Outzen connected for doubles. Nicholas Pinkerton and Peter Byrne doubled for MLS, while teammate Timothy Peterson produced a solid hit. Justin Vandenberg drilled a deep fly to left field for the Burgers, and RGB fielder Tyler Jackson turned in two great plays at third base...

In action between Crosby's Old Carmel Grill and Paine Webber on Saturday, April 6, Ryan Field (CG), Justin DeMaria (PW) and John Callanan (PW) all brought in a run for their teams with solid hits. PW's Allen Duarte took two bases and brought in two runs with a fly ball that fell in. Billy Little (PW) and Christian Pepe (CG) also had great hits. The Grill's Daniel Rothberg was outstanding on defense, and teammate Ben Holden's catch led to a double play. Duarte combined with Sean Luster for a heads-up play on defense for PW...

■ MUSTANG DIV. (ages 9-10): Tri-Cal's five-run third inning gave it a commanding early lead and it was enough to hold off the Diamond Dogs, 7-6, in a game played Tuesday, April 16. DD pushed across two runs in the final inning, but it wasn't enough. The key play of the game came in the fourth inning when Tri-Cal's Matt Connolly and Dylan Roddick turned a double play...

Reagan Pollack cracked a home run and two doubles, but it wasn't enough as Mission Ranch fell 9-6 to Payless, which posted three three-run innings en route to the win. Other highlights: Jack Britton (P) played flawlessly at shortstop; Colin Ling (MR) ripped a double; Kyle Green (P) banged out a couple of hits and scored twice; Jeff Foudy turned in three solid innings on the mound for MR; Jamie Puccinelli

(MR) excelled at catcher; and Sean Geiger (P) made a great sliding catch in the field...

Katie Kedey pitched three innings of one-run ball as Top Line Toys toppled Remax 13-8 last Thursday. C Jason Marion (TLT) nailed a runner stealing as Charlie Crisan was at 2B to apply the tag. TL's Ross Tiernan doubled in a run. For Remax, Ken Furuki chipped in with a key hit; Travers Newell singled in two; SS Matt Kerro made a sensational, inning-ending play in the fourth; and C Ben Baysinger chased a runner back to 3B and tagged him out...

SS Jack Britton used his glove and his bat to help Payless defeat Tri-Cal 3-2 last Saturday morning. Britton was 2-for-4 with a double and one RBI. In addition, he made a back-handed stab of a ground ball and fired to first for the out. Danny Oyler added a double for Payless. On the Tri-Cal side, Weston Call and Jon Copsey both went 1-for-2, with Call knocking in a run...

Top Line Toys scored in each of the first four innings last Saturday afternoon and went on to post a 10-5 victory over Mission Ranch, which registered all of its runs in the first inning. Chris Cirimele (TL), Regan Pollack (MR), Charlie Crisan (TL) and Jeff Foudy (MR) were the top hitters with doubles. Conrad Harder (MR) had a base hit with an RBI, while Andrew Abraham (MR) and Becky McKibben (TL) also batted in runs. Michael Greco pounded out a base hit for MR. Charlie Crisan made a magnificent running fly catch for TL...

■ BRONCO DIV. (ages 11 and 12): Down 8-1 after just two innings, Copies by the Sea exploded for 13 runs during a three-inning span, including nine in the fifth, to knock off Lemos 76, 14-9, in a game played Tuesday, April 16. L76 slugger Kyle Breuleux crushed two home runs, while Kenny Kleinkopf homered for CBTS. Mark Ferlito and Evan Smith each were 2-for-4 for CBTS. Robert Jensen's bat and base running contributed to another run for CBTS. L76's Max Rieser registered a double play in the first inning to stop a rally, while Ral Power recorded four strikeouts on the mound for L76...

On The Beach stopped a late New Masters Gallery rally and came away with an 11-10 victory on Thursday, April 18. Joe Stoffers (OTB) went 4-for-4 to pace his team, which scored nine runs in the fourth inning and added what proved to be an important insurance run in the sixth. Erik Shepner (NMG) and Gavin Edward (OTB) doubled. NMG pitchers Brett George and Erik Shepner put on a strong pitching performance, combining for nine strikeouts. Jon Wilson (NMG) garnered attention for his good fielding. On back-to-back plays, C Benny Cardenas (NMG) gunned down two runners in their attempts to steal second...

Kenny Kleinkopf, who struck out seven, and Bin Jonsson combined to throw a no-hitter as Copies by the Sea held off the Black Sox 6-3 last Saturday morning. In addition to his fine performance on the mound, Jonsson belted a home run. Other highlights: Mark Ferlito (C) had two hits; Bryan Langslet (BS) turned in an unassisted double play;

OFs Alex Short and Alex Katz made fine catches for the Sox; BS's Zac Baysinger and Ricky Masten successfully executed a rundown behind third and home for the final out in the sixth inning...

Lemos 76 took an 8-6 win over New Masters Gallery in another Saturday, April 20, game. NMG's late rally was buoyed by Greg Turner's two hits and two RBI. Kyle Breuleux and Ral Powers each belted home runs for L76. Erik Carl doubled for L76, and teammate Warren Hacker produced a base hit. NMG's Brett George perfectly executed a rundown between second and third. Erik Shepner had a good showing on the mound for NMG...

■ GIRLS' MINOR SOFTBALL (ages 11-12): The Carmel Valley Peppers defeated Carmel's Yellow Brick Road 13-8 in their April 6 matchup. Nicole DiVencenzo (YBR) doubled. Thalia Tardivet (YBR) and Chelsea Campbell (YBR) both singled. Tara Chandler put in a good performance as YBR's pitcher for the entire game...

■ GIRLS' MAJOR SOFTBALL (ages 13-14): The Carmel Stamp & Coin Pitbulls defeated Monterey Girls Rotary 11-6. Christy Olow allowed only two hits and recorded nine strikeouts for the win. Sarita Ray was brilliant defensively at second, went 2-for-2 at the plate and ran the bases aggressively to help her team's win. Honey Hamilton got things rolling for the Pitbulls with a two-out clutch hit that drove in two. Other leading Carmel hitters: Erin Quinn with 4 RBI, Stephanie Quinn with a double, and Amanda Phillips, Katie May and Michelle Jensen. Emily Moss and Angela Boyd of Carmel turned in nice bunts that led to runs...

The same Pitbulls rolled over the Marina Jaguars 18-6 last Friday, April 19. Christy Olow and Jahre Carver both doubled. Olow and teammate Amanda Phillips each went 2-for-3...

Jackie Fisher was 2-for-2 with a double and an RBI as Cornucopia fell 4-3 to the Monterey Firefighters on April 15. After scoring the tying run in the top of the sixth inning, Cornucopia surrendered the winning run to Monterey a half-inning later. C Fisher also was a standout on defense as she tossed out two runners trying to steal with SS Irene Ramirez applying the tag both times...

Cornucopia scored four runs in the bottom of the seventh inning in its game last Friday, but it wasn't enough as the PG Vixens held on for an 8-6 victory. On offense, Cornucopia was led by Karen Clark and Darya Shahvaren, each of whom had a single and a double. Angel Brown's double started the seventh-inning rally. Samantha Scholfield drove in two with a pair of singles. On the mound, Brenna Tuinenga fanned seven and walked four in a route-going performance.

The Carmel Youth Baseball report, authored by Pat Little, appears on a weekly basis during the season.

Letters to the Editor

Letters should not exceed 350 words and are subject to editing. Letters must be typed and include name, address, telephone number and signature. Those that have previously appeared in other publications will be given last priority.

The best of the best

Dear Editor:

My mother and I visited Carmel a week ago for a Sunday matinee of *A Little Night Music*, beautifully presented by the dedicated cast and crew of Pacific Repertory Theater.

What a treat! But then, we knew it would be. Last season's offerings from this talented group were outstanding.

I have never had the dubious privilege of paying \$75 and up for a ticket to a Broadway play, but I have seen professional theater in Los Angeles and San Francisco.

With that experience as a basis for comparison, I can honestly say that the productions offered by Pacific Rep right in your own town are on a par with the best those cities have to offer. This production company, along with all the other terrific theater groups in our area, offers exciting, thought-provoking, delightfully presented entertainment at a giveaway price.

Pacific Rep is an asset to Carmel and, indeed, the entire Monterey Bay Area. But the surest way to lose good theater is to admire it from afar. If a theater company is to survive, its seats must be filled.

So consider: an evening spent at a play is a very classy date for young adults. Losing oneself in two hours of drama or comedy is a great stress reliever for any adult. And weekend matinees are a safe place for seniors to gather for first-class entertainment. Theater is enriching for all age groups.

My mom and I are still talking about how professionally staged and performed *A Little Night Music* was... right down to the lighting, costumes and the vocal quality of every actor who mastered Sondheim's often difficult arrangements.

By BARBARA SMOAK

"Carmel is primarily, predominately and essentially a residential community."

— CITY ORDINANCE '96

IF THIS is meant to be taken literally, then all codes, regulations, commissions, employees and elected officials must be guided by this statement in all they represent.

There was a time when residents were allowed their individuality.

In the early 1900s, rugged individualists hauled stones from the beach sanctuary to build homes, walls and walkways. Gardens were cultivated expressly to draw birds and butterflies, while others were planted to show only one color of flower or all fragrant flowers. All this individual expression was valued.

The world-class views we all cherish must be preserved. In her April 11 commentary in *The Pine Cone*, Karen Ferlito, chairperson of the Carmel Forest & Beach Commission, asks, "Where do we draw the 'no-upper canopy' line?"

Beauty of our views

That seems obvious to me as I drive the children in my family to River School along Santa Lucia, admire Point Lobos or walk contemplatively along Scenic Road. If I could not be refreshed and centered by the great beauty of our views — "God's gentle hand" — the loss would not be mine alone but a tragedy to mankind.

Carmel Councilmen Bob Fisher has stated, "The annexed areas were accepted into the city 'as is.'" There was an expressed intent to keep those areas "as is."

We hope that Pacific Rep has a long and fruitful existence in Carmel. We are blessed with a rare abundance of exceptional theatrical talent in our area. All of

Mark Christensen appeared before the city council to demonstrate the historical differences between the "developed" Carmel-by-the-Sea of the early 1900s and the distinctly separate, annexed areas, and Carmel Point beyond the city limits.

With regard to mandated tree planting, the Giordano property on Ladera, recently discussed at city hall, has more than 60 trees on it. The concerned owner deed-restricted those trees as a greenbelt to preserve them.

In March 1991, the size of homes went to a public vote and was limited to 1,800 square feet on 40 x 100 square-foot lots. House site coverage was limited to 45 percent of the land, leaving more room for planting than people.

"Small lots and large homes do not leave much space for trees," wrote Ferlito, who later added, "The upper canopy serves to frame our views and keep the ever-increasing large homes in scale." She forgets that house size is legislated small and cannot become larger.

What's being done?

Are we really keeping our "residential community" in mind? What happened to Ken White's fear of the loss of "family concept" two years ago? What has been done to improve the situation?

The homes we are now required to build or remodel are unfortunately better suited for part-time residents. I am not advocating large homes on small lots (like the 2,800 square feet of the past), but we do need to address comfort and practicality issues, such as storage space for those who currently own or intend to buy property here.

It is ironic that the leaders of the movement to limit home size all own extremely large properties.

Our indigenous soils are removed and

high-grade top-soils are brought in. Fertilizers and pesticides control plant growth and development while the runoff has effects on sea life. Where does the balance come in? What is more important — people, plants, views or sea life?

The world is suffering a net loss in its forest, but Carmel certainly does its part to manufacture one.

At a crossroads

We stand at the crossroads to the future as did those rugged individualists in the early 1900s. Carmel is different; it has been planned that way. It is important to remember that the main goal of the developers of Carmel — Frank Devendorf and Frank Powers — was to create a beautiful community for families.

Carmel can be the home of the new individualists who are positioned at the forefront of the future, not just those who come here to retire quietly and never participate or nurture their town.

Everyone who enjoys the freedoms we Americans do must guard those freedoms. Elected officials must be fiscally responsible to the citizenry. The politicians, press and polls must not seem to work in a closet.

We must preserve the natural beauty entrusted to us while being aware of the changing demographics and the potential rewards all Carmelites can enjoy if we nurture our "residential community" together.

Barbara Smoak has been a resident of Carmel off and on for 40 years (the last three permanent), and has applied for the vacant seat on the planning commission.

inform theatergoers that it is definitely not OK to talk during a production. That's what intermission is for!

■ Review of musical: See Sec. 2, pg. 2

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Managing Editor Doug Thompson
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The musical drama 'Into the Woods' will be presented next week — Wednesday through Friday, May 3 — by 25 students at Carmel Middle School. Above, the witch (Suzanne Terry) admonishes her daughter, Repunzel (Lauren Porter).

'Into the Woods' presented for three nights by CMS students

CARMEL MIDDLE School will present the musical drama Into the Woods at 7 p.m. on Wednesday, Thursday, and Friday, May 1-3 in Room C14 of Carmel Middle School, 4380 Carmel Valley Road.

The suggested donation for tickets is \$3.

The musical, directed by Carol Hart, features 25 sixth, seventh and eighth grade Middle School students in singing and dancing roles which tell a whimsical story combining popular classical fairy tales.

Musical accompaniment will be provided by local adult musicians.

Reservations: 624-2785.

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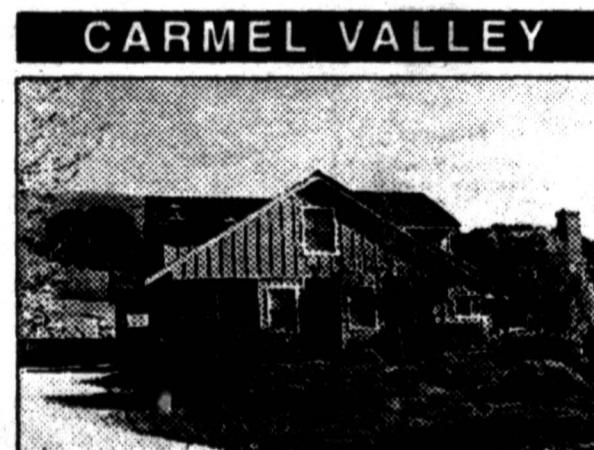
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ON THE SUNNY SIDE! In a great Mid-Valley location sits this large 3-bedroom, 2-1/2 bath home on a landscaped acre. Only 6 years old, with an almost-new family room and recreation room/artist studio addition, this traditional home oozes warmth, brightness & charm. Valley vistas from every room. \$459,000.

RANCH LIVING BY THE VILLAGE! On the sunny side of Carmel Valley, a versatile 3-bedroom, 2-1/2-bath home on an acre+ studded with oaks. Open-beamed ceilings, and remodeled kitchen. Useable land with 40-foot pool & deck. Plus 3-stall stable/barn with hay storage, corral. \$519,000.

CARMEL VALLEY

HISTORIC "FLOUNDER HOUSE"! Charming little heritage home in Pacific Grove with 1909 placard. This cozy 2-bedroom charmer has a fireplace in the living room, and a winding stairway which takes you to the smaller sleeping area upstairs. Inviting kitchen with cozy dining area. New floor installed in 1994. \$219,000.



DARLING BUNGALOW NEAR TOWN! Looking for your first home or a vacation retreat? This 1929 vintage bungalow in Pacific Grove fits the order. Spacious living room with fireplace & wood floors, and 2 bedrooms, each with bath. Large 2-car garage. \$225,000.

ON TAP TONIGHT

THURSDAY

25

THEATER

42nd Street — Performing Arts Center, Mark Thomas Drive, Monterey, 8 p.m., free. Phone 655-9300. Through April 26.

A Little Night Music — Golden Bough Playhouse, Monte Verde between Eighth and Ninth, Carmel, 7:30 p.m., \$20 adults, \$15 students/seniors. Phone 622-0100. Through April 28.

An Evening of One-Act Plays: "Chamber Music" and "Little Red Riding Hood (an Absurdist View)" — SRO Theatre, Monterey Peninsula College (rear of campus, in performing arts building), 980 Fremont St., Monterey, 8 p.m., \$5. Phone 646-4051. Through April 28.

Damn Yankees — Robert Louis Stevenson School, Pebble Beach, 8 p.m., \$2.50. Phone 625-8338. Through April 28.

Oh Dad, Poor Dad (Mama's Hung You in the Closet and I'm Feelin' So Sad) — The Hoffman Playhouse, 320 Hoffman Ave. at Lighthouse, Monterey, 8 p.m., \$12 adults/\$10 seniors and students. Phone 649-0259. Through April 27.

MUSIC

Brazilian Jazz with percussionist Helcio Milito, pianist Weber Drummond and flautist Tim Jackson — The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-11 p.m., free. Phone 647-7423.

California State University-Hayward Singers and Chamber Singers concert — Carmel Mission, Rio Road and Lasuen Drive, Carmel, 8 p.m., free. Phone 510/885-4299.

Cigar and Martini Night with Dottie Dodgion's Dancin' Jazz Band — Doc Ricketts' Lab, 95 Prescott Ave., Monterey, 8 p.m., no cover. Phone 649-4241.

LECTURES

"Science and Health: Journey's End for Seekers for Truth" by Jean Stark Hebenstreit — First Church of Christ Scientist Reading Room, Central and Fountain, Pacific Grove, 7 p.m., free. Phone 372-1886.

"California Sea Lions in Baja California: Their Natural History" by Tony Orr — Hopkins Marine Station Lecture Hall, Ocean View Boulevard, Monterey, 7:30 p.m., free. Phone 622-0800.

MISCELLANEOUS

Carmel High School Spring Arts Festival and Open House — CHS campus, various locations, Highway 1 at Ocean Avenue, Carmel, 3:30-6 p.m. Phone 624-1821.

■ For the week's complete calendar — Friday through Thursday, May 2 — see PENINSULA (Section 2), page 7B.

PEBBLE BEACH

NORTHWEST RETREAT! Near Spanish Bay resort in Pebble Beach, on a level, 3/4-acre parcel with tennis court & spa, is this inviting home with high-pitched roof resembling a mountain retreat. Three bedrooms, oversized studio, 2-1/2 baths, 2 fireplaces, plus family room & over 3700 sq. ft. of quality living space. \$849,000.



2ND FAIRWAY VIEWS! Off MPCC's Shore Course, an inviting home purchased while under construction, and completed with an eye for detail and quality. A romantic 3-bedroom, 3-1/2-bath home with multi custom features and 3 fireplaces. About 800 sq. ft. of its 5400 sq. ft. is unfinished and is suitable for an addition. \$945,000.

OCEAN VIEWS AT OCEAN PINES! Water views can be enjoyed from every room of this first-level condo in Upper Pebble Beach. It has been upgraded with exceptional wall, window and floor coverings and crown mouldings throughout. Spacious living room with fireplace & wet bar. Two bedrooms & 2 baths. \$279,000.

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April 26 - May 2, 1996 ■ FREE

NEWSPAPER



Features ■ Social Spotlight ■ Real Estate ■ Calendar



Distinguished Homes

Elegant Traditional With Flair
4 bedrooms, 3 baths, a den, family room and workshop grace this sophisticated Carmel Knolls home. Located on approx. 4.18 acres of wooded land, this property also offers a 3 car garage and 3 fireplaces. \$699,000.



Featured Home in
The 1996 Remodel Issue
of "Better Homes & Gardens Magazine"



Monterey Salinas Hwy. - Ocean Views
Custom-built Spanish Mediterranean on 2.5 acres. Approx. 3100 sq. ft., 3 bedrooms, 3 baths, family room with wet bar, 2 fireplaces, decks/patios/balconies, plus gorgeous views to Santa Cruz. Price reduced to \$625,000.

Serene Living On The Carmel River
"Riversong Cottage" is a completely remodeled 2 bedroom, 1-1/2-bath romantic getaway. Spectacular garden, skylights and a river rock fireplace in the master bedroom. NEW LISTING for \$220,000.



Totally renovated Carmel home offering the warmth and character of a cottage with all the amenities of top quality construction. This wonderful property includes 2 bedrooms, 2 baths, a separate artist studio, English country gardens, an outdoor built-in BBQ/fireplace and a Carmel stone patio. \$459,000.

Architectural Masterpiece
This 3 bedroom, 2-1/2 bath contemporary has lots of glass and cedarwood, and is approx. 3000 sq. ft. on over an acre. Nothing in the Valley comes close to this absolutely stunning home. \$698,000.

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NOW AND THEN

Original members remain with I Cantori 15 years later

By SHAUM MEHRA
Special to Peninsula

THE UPCOMING I Cantori di Carmel concert will be a traumatic one for choral member Audrey Hellam. It may be her last.

"I just hope I can make it through without getting choked up," Hellam says. "If I don't break down and cry I'll be lucky."

At age 75, Hellam is starting to feel the wear and tear of performing for one of the



I Cantori di Carmel conductor Dr. Sal Ferrantelli goes over sheet music with one of his singers.

Monterey Peninsula's top choral groups — a group that prides itself on hard work and meticulous attention to detail.

Hellam, who has been singing with I Cantori for 14 years — since its second season — is referring to the choral group's 15th anniversary concert, set for May 4 and 5 at the Carmel Mission Basilica.

Conducted by Dr. Sal Ferrantelli, the evening's lineup will include two anthems by John Rutter, selections from the works of Sergei Rachmaninoff and Gioacchino Rossini, as well as works by Johannes Brahms, Pablo Casals, Durufle and Saint-

Sæns. The chorus will be accompanied by Ensemble Monterey.

I Cantori got its start in 1981 when several members of the Carmel Bach Festival's chorus decided the festival alone didn't satisfy their aspirations. It took place in the summer; they wanted to sing year-round.

During the first two years of I Cantori's existence, the chorus performed at the First United Methodist Church of Pacific Grove. After performing at several other Peninsula locations, they eventually settled at the Carmel Mission. But even with the Mission's 400-seat capacity, the performances often sell out.

A dozen singers have been with I Cantori since its inaugural concert in 1981. That year there were only 27 members; now there are close to 70. I Cantori still puts on two programs a year, but now presents two performances of each instead of one.

According to Madeline Littlefield, the group's first vice president, the first order of business back in 1981 was to find a conductor.

"Two people came to audition," says Littlefield. "But we all fell in love with Sal. He was so exciting and funny — like a stand-up-comic — that he brought tremendous energy to it all. We knew right away that he was our man."

Ferrantelli had recently begun teaching voice at Monterey Peninsula College. He has been with I Cantori ever since. The

singers agree that even though they brought him in, it is Sal who is responsible for making I Cantori what it is today.

High standards

"Sal is so exacting," Hellam says. "If anyone comes to practice without a pencil, then it's 'Wow, shame on you.' But it's great singing for someone who is so dedicated to his music."

Littlefield notes that the members themselves are equally dedicated.

"The attention to detail is stupendous," she says, "which is rare for a volunteer group."

Littlefield says that the members must dedicate a lot of personal time at home toward learning the music.

"It took the original group five years to say the vowels the way Sal wanted them," she says. "New people have to catch up fast, and sometimes it's hard for them. But also there are always other members who are willing to help them."

"One wonderful thing about I Cantori is that it is a very democratic and caring group. Anyone who can't pay for their gown has it bought for them by the organization. Since we have such a wide age range, we have huge differences in socioeconomic levels."

Littlefield adds that when the group toured England and Scotland in the summer of 1994 everyone banded together to help those members who needed assistance. "Somehow, we managed to raise \$18,000 for financial aid."

Roy and Carol Lorenz, who have been with I Cantori since its founding, agree that it's a close-knit group.

Roy says I Cantori is successful because of the strong leadership of its board and the sense of responsibility of its members. They divide among themselves

On the COVER ...

are singers who have been with I Cantori di Carmel since its creation 15 years ago as an offshoot of the Carmel Bach Festival.

Pictured (left to right) are Elizabeth Behrens/Nagle, Audrey Hellam, Madeline Littlefield, Patti Grogan, John Roberts, Janice Griffin, Roy Lorenz, Sandy Pratt and Marah Taylor. Missing from the picture but still singing are Dorothy Bell, Carol Lorenz and Claire Parrish.

all the work necessary to produce a concert, from the rehearsals to the publicity and financing.

"It sounds corny," Roy says, "but it's true: We're sort of like a family."

For someone like Hellam, it's especially true.

"I've been widowed for 29 years," she says, "and I Cantori gives my life the spiritual uplift it needs."

After this next show it will be up to Hellam to decide which is better for her health — taking time off to relax, or continuing to do what she loves.

Tickets for the May concert must be purchased in advance. General seating is \$13 and reserved seating (the first seven rows) \$18. Tickets are available through Do Re Mi at The Barnyard in Carmel, Bookworks and Bookmark in Pacific Grove, and Bay Books in Monterey.

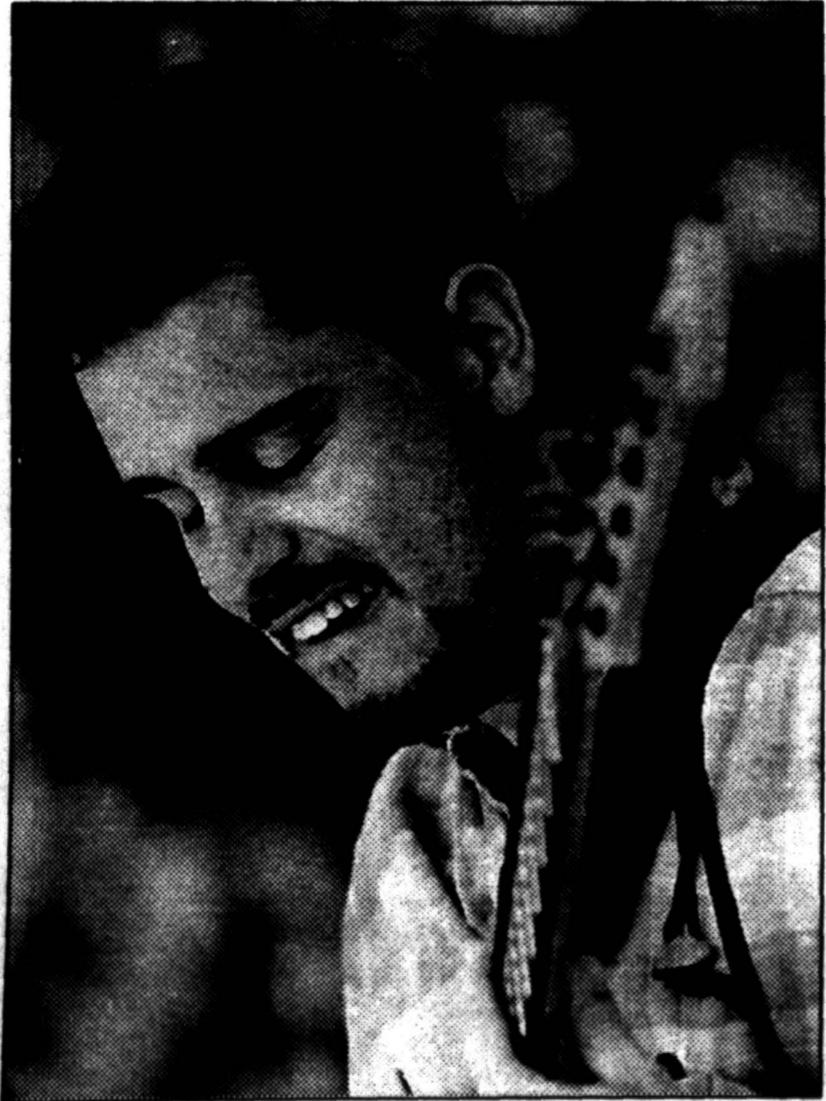
The doors open at 7:30 p.m. and the performances begin at 8 p.m.

More information may be obtained by calling 647-8439.

Shaum Mehra is a Pacific Grove-based freelance writer. His work has appeared in the Monterey County Herald's Alta Vista magazine and in Buying the Best magazine, among other publications.

Jazz community helps one of its own

Lost in the music



PHOTO/COLE THOMPSON

Jazz guitarist Charlie Hunter knows he's got a good thing going during his set with his quartet at last weekend's Big Sur Jazz Festival. Judging from the lineup, the crowds and the beautiful setting, that first festival won't be the last. For more photos, please see page 11B.

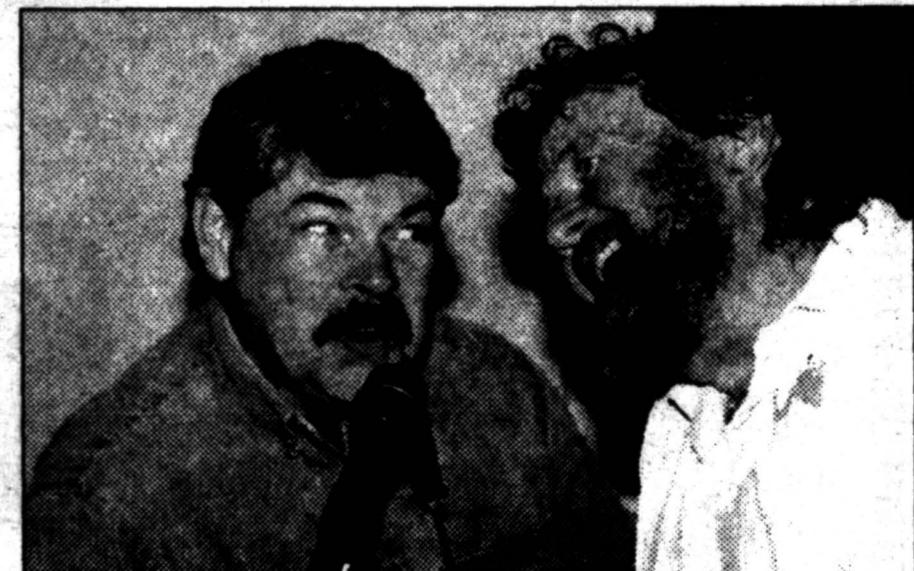
All-star cast comes alive in benefit for ailing 'Jazz Tides' columnist John Detro, whose hospital stay should end this week

By DONALD E. DEAN
Special to Peninsula

A TRIBUTE to Peninsula jazz columnist John Detro ("Jazz Tides"), who has been hospitalized for almost a month but is set to be released this week, was held Tuesday at The Jazz Store in The Crossroads Shopping Center, Carmel.

A virtual "who's who" of the Peninsula jazz musicians' scene, all close friends of John, were there to perform for the packed house.

Pianist Weber Drummond started off the concert with



PHOTOS/DONALD E. DEAN
Eddie Erickson (left) and Jackie Coon were among the many performers.



John Detro's friends from the local jazz community were out in full force at The Jazz Store in The Crossroads to raise money for John's hospital bills.

some intricate Brazilian jazz, along with Bill Le Pine on drums and Dennis Murphy on bass. Helcio Milito was brought up to the stand to play Brazilian rhythm; with Drummond, he's a regular entertainer at The Inn at Spanish Bay.

Bob Phillips, wearing his "Old Enough to Know the Score" T-shirt sat in on piano with Eddie Erickson on banjo, Jackie Coon on flugal horn and drummer Dottie Dodgion. The ensemble presented some Dixieland numbers, and Eddy and Jackie rendered their famous "What a Wonderful Day" in true Sachem style.

Other musicians who followed included Buddy Lowe singing "Buddy's Blues," vocalist Lee Durley, Kenny Stahl and his magic flute and many others.

See TRIBUTE page 4B

The art of musseling

ONE RECENT gorgeous afternoon, Naval Postgraduate School professor Peter Lewis called to ask if I wanted to go musseling. The tide was right, he said, and we would nip down to our favorite spot and get a half bucketful for supper.

Peter is my longtime musseling cohort. We have been going after the elusive little devils for more than 25 years.

Peter grew up in South Africa and first discovered mussels growing down in Durban on the Natal Coast. He and a bunch of boys gathered some and, cracking open the shells, attempted unsuccessfully to eat them raw.

At 17, on his way to New York City to attend Columbia University, he had a layover in Amsterdam.

There he dined on garlic-laced mussels and learned of their culinary worth.

I too remember the first time I went musseling back in Oyster Bay, N.Y. I was perhaps 8 or 9 years old and playing down on the beach. Walking along the water's edge, I saw a pretty grown-up in a scant bikini — very daring attire for the late 1940s — and white gloves. She was bending down picking choice mussels off of rocks.

In a heavy French accent she explained they were called moutte. Steamed in a bit of white wine and garlic, she said, they were the best possible delicacy. She gave me a pocketful to take home and I've been a devotee of the black mollusks ever since.

Gathering mussels along the California coast is tricky business and hard work. Mussel on a falling tide and be alert to the constant wave action, never turning your back to the sea and keeping a weathered eye for the next

'Apron Strings,' written by Carmel resident Deborah Smith, appears twice monthly in Peninsula.

big set of rollers.

Mussels grow in colonies and secrete a protein which hardens when it contacts salt water. This stringy, grass-like beard anchors them to rocks, pilings or any surface that will support them. For gathering mussels you will need a heavy, broad-headed screwdriver to pry them loose — and just say goodbye to your manicure. The mussels will be worth it.

Anyone more than 16 years of age must have a license from the Department of Fish and Game for going after any type of fish or shellfish. For the sport harvesting of mussels, an annual "ocean only" license can be purchased for \$14.50 at the department on Lower Ragsdale Drive (off Ryan Ranch Road) in Monterey or from Longs, Kmart and the Big 5 Sporting Goods stores.

Marine ecological reserves are off-limits for mussel-gathering. Locally these include the shoreline from the Monterey Bay Aquarium stretching around Point Pinos to Asilomar and the area between Pescadero Point in Pebble Beach to south of Point Lobos.

The California Department of Health Services strictly enforces an annual mussel quarantine from May 1 to Oct. 31 to prevent exposure to paralytic shell fish poisoning. During this "red tide" season, the filter-feeding mussel can become toxic on naturally occurring plankton organisms and must be avoided.

But if this avenue of acquiring mussels seems too strenuous or restricting, there is always the supermarket approach. Currently Albertson's is offering the best price per pound, \$2.99, which yields from 20 to 25 East Coast mussels. The New Zealand green-lipped variety are also available, but they have been frozen.

Many ways to prepare

The smoky, tangy flavor of mussels enhances many seafood combination dishes like bouillabaisse or paella. Peter and I, however, prefer them plain as a main course, often cooked right on the beach.

To prepare, wash mussels under running water, clipping off the beard that generally protrudes from mussels found in the wild.

I cook them fisher-woman style: simply. I coarsely chop a large onion and place it in the bottom of a pot along with a couple of cloves of cut-up garlic. Then,

adding one cup of white wine, I place about three dozen cleaned mussels on top, put on the lid and steam about 10 minutes or until all the shells are open. I serve them with bowls of the broth and french bread for dunking.

I also serve them cold on the half shell as an appetizer. I arrange them around a dip of mayonnaise, sour cream, garlic salt, pepper, a couple of tablespoons of their cooking broth and two to three drops of yellow food coloring.

The way Peter prepares the mussels we get is much more sinful, as he professes that butter is a must:

4 - 6 dozen mussels
1/4 pound butter
6 cloves garlic, minced
4 shallots, chopped
1/2 bottle of white wine
1/2 cup chopped parsley

Melt butter in a large pot and sauté garlic and shallots. Add wine and mussels and steam until open. Ladle out into bowls with broth and sprinkle with parsley.

Peter and I rib each other about cooking time. I tend to cook mussels longer than he does. Mine are firm and perfect, medium-well. His are on the rare side, but he'll learn one day.

Recently, while visiting my daughter in Boulder, Colo., I ordered Pencove Canadian mussels at the exclusive Gold Lake Mountain Resort high up in the Rocky Mountains. The superb young chef, Colleen Henrick, who was reputed to be Bill Gates' favorite chef when she worked in Seattle, came out to our table after the meal and parted with her sister-in-law's goof-proof mussel recipe.

Again, the ingredient amounts vary according to taste and how many mussels you are preparing. Her mussels had a nice citrus flavor by using wine, a bit of chicken stock, olive oil, a couple of lime leaves, a toe of cut-up ginger and a stick of lemon grass.

Dance Kids, Inc.

PRESENTS

Dance Kids
Look at the
FUNNIES

a musical tribute to 100 years of comics in America
hosted by "Charlie Brown," "Lucy," & "Snoopy"

Sat., April 27, 7:30 pm
Sun., April 28, 2:30 pm

Fri. & Sat., May 3 & 4, 7:30 pm
Sun. May 5, 2:30 pm

Carmel Ballet Academy Theater • Mission at 8th, Carmel
Tickets: Adults \$10 • Children & Seniors \$7

Special Benefit Performance and Gala
Friday April 26 • 5 to 7 pm
Il Fornaio Restaurant @ Pine Inn
Performance 7:30 pm
\$40 per person • \$70 per couple

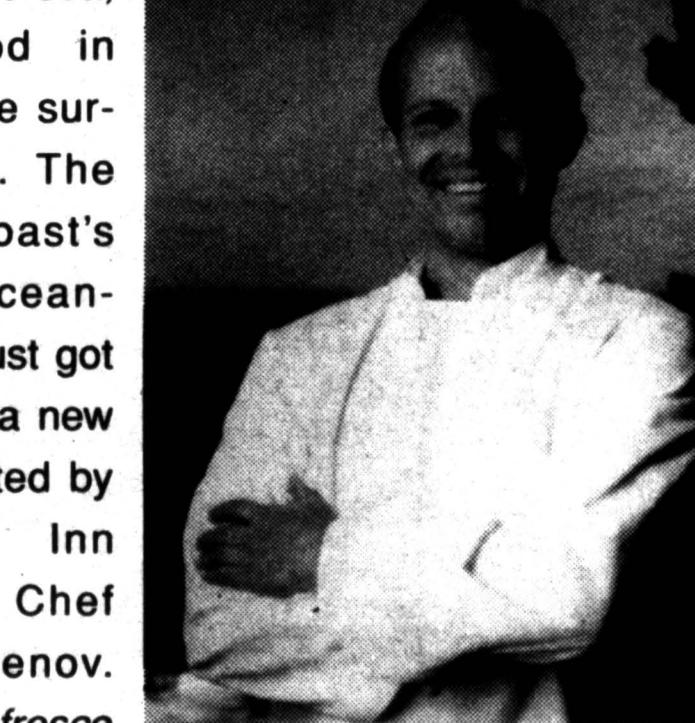
Reservations and Tickets 624-3729

This production is made possible in part by a grant from the Cultural Council of Monterey County
Co-sponsors: The Carmel Pine Cone/Monterey Times and MY BMW Porsche

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ON STAGE THIS WEEK

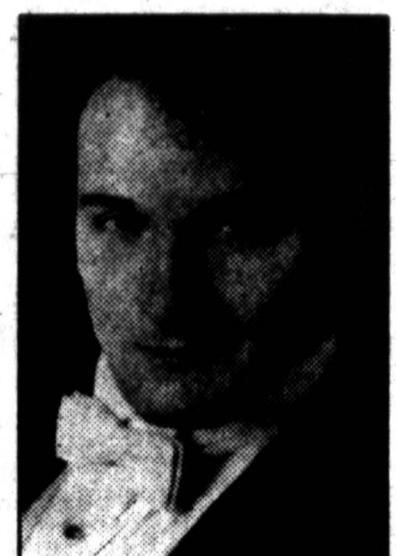
Pianist Christopher O'Riley to play recital in Carmel

THE KEYBOARD Artist Series will present young American pianist Christopher O'Riley in recital at 4 p.m. Sunday in Sunset Theater, San Carlos between Eighth and Ninth, Carmel. O'Riley has won top prizes at the Montreal, Leeds, Busoni and Van Cliburn competitions. His widely acclaimed recordings for the Albany, Centaur, Etcetera and Koch labels include music by Ravel, Busoni and contemporary American composers.

His recital program in Carmel will consist of his own arrangement of the Bach *Toccata and Fugue in D Minor*, *Five Preludes and Fugues* by Shostakovich, Beethoven's "Moonlight Sonata," short works by Brahms and

Rachmaninoff, and will conclude with the "Waldstein" Sonata by Beethoven.

Tickets are priced from \$16 to \$22 and may be purchased at the box office on the day of the recital or may be reserved by calling 624-7971.



Christopher O'Riley

Dance Kids hit stage with new show

DANCE KIDS Look at the Funnies, a tribute to 100 years of comics in America, will be presented on Saturday and Sunday and on May 3, 4 and 5 at the Carmel Ballet Academy Theater, Mission at Eighth, Carmel.

The show is hosted by Charlie Brown, Lucy and Snoopy, and marks the first time "Peanuts" strip creator Charles Schulz has allowed his cartoon characters to appear in a dance



'Dance Kids Look at the Funnies' opens this week.

production. Actor William Hinckley will make a guest appearance.

Show times are 7:30 p.m. Saturday, 2:30 p.m. Sunday, 7:30 p.m. May 3 and 4 and 2:30 p.m. May 5. Tickets are \$10 for adults, \$7 for children and seniors.

A special benefit performance for dance and theater scholarships is set for Friday, April 26. A reception, entertainment and silent auction will be held from 5 to 7 p.m. in Il Fornaio restaurant in Carmel, followed by a per-

formance of *Dance Kids Look at the Funnies* at 7:30 p.m. Phyllis Decker and Siobhan Greene chair the event, to which admission is \$40 per person or \$75 per couple.

Dance Kids Look at the Funnies is made possible in part by a grant from the Cultural Council for Monterey County, and is co-sponsored by The Carmel Pine Cone/Monterey Times and MY BMW/Porsche.

Information: 624-4345.

Jazz community shows love for John Detro at benefit concert

TRIBUTE from page 2B

The credit for this successful event goes to the many musicians present and John Detro's other close friends, especially Will Wallace, photographer and event instigator from Pacific Grove, and Gil Wisdom and Alan Schultz, co-owners of KRML 1410 AM and The Jazz Store, who donated "that jazz store," as John affectionately calls it, for the concert.

Among the Peninsula (and elsewhere) restaurants and stores that contributed to the event were Highlands Inn, Simpsons, The Fish Ranch, Monterey Jazz Festival, Monterey Bay Blues Festival, Wharf House, Wharfside, Savoy Hotel, The Carmel Pine Cone/Monterey Times, Batista Moon Studio, Lee Tanner Photos, Will Wallace Photography, Don Dean Jazz Photos, Coleman Family Art, and the KRML Jazz Store.

Much was raised (a \$20 minimum donation was charged per person) to cover John's hospital bills. We all wish him a speedy recovery.

Jazz photojournalist Donald E. Dean has just relocated from Los Angeles to Pacific Grove, his home town. His work has been seen in the Los Angeles Jazz Scene, Jazz Times, Jazz Link, American Rag and several other music publications.

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Not valid for tournament or group use.

EVENTS THIS WEEK

The Barnyard's first-ever garden show set for Saturday

PENINSULA STAFF REPORT

AN INDISPUTABLE garden-lovers' paradise, The Barnyard serves as the setting for "A Garden Affair," a multi-activity gardening event from 10 a.m. to 5 p.m. Saturday.

The shopping center's gardens will be filled with educational speakers, representatives from nurseries, garden clubs, a composting exhibit, a potting shed, and environmental nonprofit organizations.

The Barnyard's restaurants will have servers strolling the grounds offering samples of their culinary wares. Arrangements by local florists will be displayed in the store windows, and garden tours are offered. The Steve Goodman Quartet provides live jazz entertainment.

Co-sponsored by The Old Farmers Almanac and The Monterey County Herald, "A Garden Affair" will offer — on the hour from 10 a.m. to 4 p.m. — a series of discussions offered in The Barnyard Community Room.

Admission to "A Garden Affair" is \$5.

which includes entrance to all discussions, a glass of wine/champagne, an Old Farmers Almanac Gardeners Companion and Planting Calendar, and registration for a door prize. Partial proceeds will benefit the Pacific Grove Eco-Corps.

Scheduled lectures are as follows:

• 10 a.m. "Featured Plants of The Barnyard Gardens" Margo Grych, owner, Margot's Garden

• 11 a.m. "Edible Eatin': Graze Your Way Through Your Own Garden" Shelley Schachter, landscaper/consultant/garden designer/columnist

• 12 p.m. "The Advantages of California Native Plants in Your Garden" Bud Lopez, manager, Pebble Beach Co. Native Plant Nursery

• 1 p.m.

"Bringing Nature Indoors" Mary Morrow, Pebble Beach Co.

• 2 p.m.

"Gardening in Monterey Bay Microclimates" Richard Merrill/Steve McQuirk, authors, *The Gardener's Resource Guide*

• 3 p.m.

"Crocked and Potted: Mystique and Methods of the Potting Shed" Linda Smith, author, *The Potting Shed*

• 4 p.m.

"Old Adobe Gardens in Monterey" Duane (Al) Graham, Monterey Preservation Society Francis Grate, historian/designer, Cooper-Molera Gardens

The Barnyard shopping center is located at Highway 1 and Rio Road in Carmel. More information: 624-8886.

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And a good time was had by all...

We wish to express many heartfelt thanks to all who participated in the JAZZ JAM Tribute for our mutual friend John Detro. It was a tremendous success, showing the support and love abounding in this community. ALSO, special thanks go to KRML RADIO/ THE JAZZ STORE for hosting this event and to all the talented musicians who came out in support for John.

—WILL WALLACE AND FRIENDS

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— DAVID L. BECK, RESTAURANT WRITER

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PRT livens up Sondheim's dated 'A Little Night Music'

By CRAIG ARNOTT

AGAINST THE backdrop of the rigid dress and mannerisms of late 19th century Swedish aristocracy, the injection of American songs and simplistic innuendo in *A Little Night Music* is, to say the least, odd.

But Pacific Repertory Theatre's production of the 1973 Stephen Sondheim musical is exacting, fluid and worthy enough for an audience to forgive Sondheim's brassy contrivances.

The melancholy that infused Bergman's film *Smiles of a Summer Night*, from which the musical was adapted, is here downplayed in favor of spirit of unabashed frivolity. *A Little Night Music* is really nothing more than an observation of the courtship behavior and sexual indiscretions of the idle rich.

Middle-aged lawyer Frederik (John Newkirk) is uneasily married to 18-year-old Anne (Jill Page Collister), the generation gap between them intensified by Anne's stubborn chastity and her growing attraction to Frederik's young son by a previous marriage, seminary student Henrik (Joshua McChesney).

When Frederik escorts his bride to a play starring his past lover Desiree (MaryAnn Schaupp), alliances which were already tenuous begin to disintegrate.

Much of Act I is devoted to the main characters identifying themselves by projecting their grief and longing through song; some of the numbers are tender, some are showy and artificial.

The second act improves upon the unevenness of the first as the mismatched couples go about correcting their mistakes. Schaupp sings a soothing rendition of the Broadway standard "Send in the Clowns," and the servant Petra (Olga Pilar Warren) is gifted with her own spotlight in a solo, "The Miller's Son," in which she happily belts out her own idea of true love. These passages go a long



Annmarie Martin, Artemis Ledesma, Mark Englehorn, Peter Cash and Renee Hewitt make up The Liebesleider Quintet in Stephen Sondheim's musical 'A Little Night Music' at the Golden Bough Playhouse in Carmel.

way to relax the chaos and allow the musical to find its place.

Performances of note

Effectively grounding the mood is Nancy Kocher as a wheelchair-bound matriarch who gives poignant descriptions of missed chances and love ignored. Her matter-of-fact tone and deep, plaintive voice give the heretofore buoyant atmosphere a reflective and much-needed counterpoint.

One other performance stands out. Comic foil Count

Carl-Magnus Malcolm, marvelously constructed by John Farmanesh, is a sputtering tin soldier with a haughty, nasal delivery to match his severe cape and tunic. A scene where he's plotting revenge against the suitor of his mistress while simultaneously cleaning and brandishing his pistol is a moment of perfectly nuanced hilarity.

A Little Night Music has a nearly equal amount of smart touches and missteps. The group waltz performed by the principles which bookends the musical casts a mythic light onto the action, while The Liebesleider Quintet, a roving band of vocalists serving as a sort of singing Greek chorus, proves less an insightful inclusion than a reminder of Sondheim's knack for overstatement.

The technical forces behind *A Little Night Music* are, as with most recent PRT stagings, sure-footed.

Under Sid Cato's able direction, tall, blue-curtained panels shift to vary the scenes in the first half, and a busy squad of butlers rearranges the furniture/set as the story unfolds.

A giant, burnt orange disc of a moon hovers over Act II, with the muted outline of the country house behind it providing delicate backdrop. The lighting, in deep reds and blues, appropriately recalls a long Nordic night.

Though time has left *A Little Night Music* rather childlike in its depiction of sex as a giggly lark and lovers' squabbles as a source of gaiety, PRT has done all it can to provide the musical with a sense of dignity.

■ For show times, please see CALENDAR, page 7B.

Bizarre 'Oh Dad' would be better left unstaged

By MARK SHILSTONE-LAURENT

IF YOU are reading this review, there is a good chance that either you have been in a play or plays yourself or you have close friends or family members who have. You therefore know that the commitment can be downright overwhelming in terms of not only hours, but blood, sweat and tears.

On that level alone, every play deserves a good review. The honest effort, the time, energy and sacrifice, make a positive statement about all those involved in a production.

Unfortunately, all this hard work and commitment can never, by themselves, assure that a worthwhile or interesting production will result. The punch line here is that although there are a lot of good energy and good intentions flying around, the Unicorn Theatre's current production of Arthur Kopit's *Oh Dad, Poor Dad, Mama's Hung You in the Closet and I'm Feelin' So Sad...* is a poor production of a play that is so difficult to pull off, Artistic Director Carey Crockett should never have even attempted to have his company mount it.

Dark, twisted

This is a dark and twisted play about a psychotic mother (Lavelle Brown), her stuttering and confused son (Joseph Thomas), his hornier than thou girlfriend (Megan B. Strong), and a flabbergasted Commodore (Michael Robbins) who is looking for at least a psychotic quickie with the wacky mom. That the play is set in a hotel allows for supporting roles for bellboy/waiters Dania King Ketcham, Patrick Krupski, Jeff McGrath, Kirsten Schmaltz and Cindy Womack.

The last line of the play is "I ask you, what is the meaning of this?"

I have no doubt that the audience members were saying to themselves, "I don't have any idea! You tell me what that last hour and 40 minutes was all about!"

Unless the director and his or her players have a nice firm grasp on what the heck the piece we are watching is about, what it really focuses on and is trying to say, we, as an audience, are left to put it all together for ourselves. And lemme tell ya, without a lot of help from the people in the production, this is one that's gonna leave us scratchin' our heads.

This material is, to say the least, oblique. We're talking about a woman who has killed her husband and had him stuffed — who spouts lines such as "Life is grim. It's there every morning you open your red and dreary eyes." This is a woman who chooses venus flytraps and piranhas for her pets. A woman who roams the beaches at night look-

ing for lovemaking couples she can perform coitus interruptus on. You get the idea.

Lavelle Brown plays the creepy Madame Rosepette, pouring her heart and soul into a role that is quite simply beyond her. She stepped into the role three weeks before opening because of an illness to the actress originally cast, but one gets the sense that even with a lot more rehearsal, this actress and this very difficult role were never going to find each other.

Brown gives it her all, but only manages to find the more obvious dark and creepy side of the characterization. This play absolutely demands that the actress in this role find its comic side as well. Otherwise, we as an audience are simply left on the outside looking in at this abomination of humanity. We will not be drawn to her or connect with her if all we get is the freaky. And the way this thing is written, if we don't somehow connect with her, we don't connect with the entire play.

Bright spots

There are, however, a couple of bright spots in this bizarre little piece. Michael Robbins charms as Rosepette's suitor The Commodore. And Megan B. Strong shines as the seductress of Rosepette's pitiful offspring Jonathan. She has been given the gift of a rich and hypnotic voice, and brings solid technical skills and honesty with her onstage.

There were a few technical problems with the show as well. An annoying door that refused to stay closed took the air out of one scene. And the transition into the intermission was so ambiguous that the audience sat for a full four or five minutes before realizing this was an act break and not just a long scene change. Obviously, in a production this tough to begin with, these things don't help at all.

The utterly bizarre turns that occur in the latter part of Act Two are almost enough to make us forgive the rest of the problems and find something worthwhile to take home. It is not coincidental that Strong is the driving force in the play's home stretch. She finally brings a sense of clarity and vision to the piece.

But in the end, even in the hands of a solid professional troupe, *Oh Dad* is an awfully tough sell. In the hands of a small community theater, it's almost guaranteed to come up short.

This is a hard one to recommend unless you are up for a somewhat demented story or want to watch the work of Strong, an actress we will hopefully see more of in the future.

Mark Shilstone-Laurent is a freelance theater critic, actor and director who lives in Pacific Grove.

Stark/Raving Theatre weak spot in otherwise strong Performance Carmel season

By LYN BRONSON

PERFORMANCE CARMEL'S latest show in its series of zany entertainments was about as interesting as a firecracker on the fifth of July.

Stark/Raving Theatre, which performed in Sunset Theater Saturday evening, April 20, is the brainchild of the Seattle-based writing and performing team of Matt Smith and Edward Sampson, who specialize in the domain of improvisational theater.

Improvisational theater has been around since the 1960s, as has psychodrama, and the team of Sampson and Smith have combined elements of both to create what is potentially an entertaining art. But somehow the chemistry of these two performing artists missed the mark and two hours spent with them turned out to be tedious.

They started the evening with a show-off routine demonstrating how at a moment's notice either of them could improvise off into any direction which took their fancy.

Calling for non-related words from the audience, they then acted out scenes that showed how clever they were, but this technique was not always as effective as it could have been.

The audience, a very small one, willingly participated by providing Smith and Sampson with ideas upon which to improvise, but the whole routine came off as gimmicky.

Another segment was a (more or less) scripted piece called "Little Men on a Feminine Landscape" which presented the pair playing eight different men experiencing the process of fatherhood.

Every phase of the process, from the first meetings of a birthing class to the actual births were touched upon in this sometimes absorbing piece. Despite occasional flashes of genuine wit and insight, it was for the most part as tedious as the first half.

If you were trapped at a dinner table with these two gentlemen, you would soon be exhausted by their never-ending flights of fancy and their raw, vibrant energy. Would you be charmed by them and wish to linger? I think not.

The next Performance Carmel event will be the Lewitzky Dance Company on May 11.

CALENDAR

FRIDAY

26

THEATER

42nd Street — Performing Arts Center, Mark Thomas Drive, Monterey, 12:30 p.m., free. Phone 655-9300. Through April 26.

A Little Night Music — Golden Bough Playhouse, Monte Verde between Eighth and Ninth, Carmel, 7:30 p.m., \$20 adults, \$15 students/seniors. Phone 622-0100. Through April 28.

A Pair of Spectacles — California's First Theatre, Scott and Pacific, Monterey, 8 p.m., admission charge, olio revue follows. Phone 375-4916. Through May 31.

An Evening of One-Act Plays: "Chamber Music" and "Little Red Riding Hood (an Absurdist View)" — SRO Theatre, Monterey Peninsula College (rear of campus, in performing arts building), 980 Fremont St., Monterey, 8 p.m., \$5. Phone 646-4051. Through April 28.

Damn Yankees — Robert Louis Stevenson School, Pebble Beach, 8 p.m., \$5. Phone 625-8338. Through April 28.

Dance Kids Benefit Gala — Il Forno, Pine Inn, Ocean at Lincoln, Carmel, for reception, entertainment and silent auction beginning at 5 p.m., performance of "Dance Kids Look at the Funnies" at 7:30 p.m., Carmel Ballet Academy, Mission and Eighth, Carmel, \$40 per person. Phone 624-3729.

Little Shop of Horrors — Little Theatre, Carmel High School, Highway 1 at Rio Road, Carmel, 8 p.m., \$5 general, \$4 students/seniors. Phone 624-1821. Through May 4.

Oh Dad, Poor Dad (Mama's Hung You in the Closet and I'm Feelin' So Sad) — The Hoffman Playhouse, 320 Hoffman Ave. at Lighthouse, Monterey, 8 p.m., \$12 adults/\$10 seniors and students. Phone 649-0259. Through April 27.

The Libation Bearers — Indoor Forest Theatre, Santa Rita and Mountain View streets, Carmel, 8 p.m., \$11 general, \$8 students/seniors. Phone 624-1531. Through May 12.

MUSIC

Acid Jazz with Dog Slyde featuring "Clyde the Slyde" — Whitey's Place, American Tin Cannery, 125 Ocean View Blvd., Pacific Grove, 9 p.m., \$5 cover. Phone 646-8383.

An Evening with Flamenco and Spanish Classical Music with guitarist Peter Evans, flautist Kenny Stahl and ensemble — Steinbeck Forum, Monterey Conference Center, One Portola Plaza (Del Monte Avenue at Alvarado Street), Monterey, 8 p.m., \$15. Phone 642-4775.

Blues with Red Beans & Rice — Doc Ricketts' Lab, 95 Prescott Ave. at Cannery Row, Monterey, 9 p.m., \$3. Phone 649-4241.

Brazilian Jazz with percussionist Helcio Milito, pianist Weber Drummond, and vocalist Laurie Hofer — The Inn at Spanish Bay, 2700-17-Mile Drive, Pebble Beach, 7-11 p.m., free. Phone 647-7423.

Celtic World Music with Kate Price — Pacific Grove Art Center, 568 Lighthouse Ave., 8 p.m., \$10 advance/\$12 door. Phone 373-7379.

Guitarist Robert McNamara — The Bay Club, The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-10:30 p.m. Phone 647-7500.

Jazz/R&B with the Daryl Rowe Quintet — Cibo, 301 Alvarado St., Monterey, 9:30 p.m.-1:30 a.m. Phone 649-8151.

Sand Jam #20 featuring The Minstrels and Mudskippers — three spirits gallery warehouse, 361 Orange St., Sand City, 8 p.m., all ages, no alcohol/smoking. \$5 advance/\$6 door. Phone 393-ARTS.

ART RECEPTIONS

An Evening with Ruth Bernhard — Sunset Cultural Center, San Carlos between Ninth and 10th, Carmel, screening of Bernhard's film "Illuminations" from 5:30-6:30 p.m. in Carpenter Hall, reception/booksigning/unveiling with the artist 6:30-8 p.m., Center for Photographic Art. Phone 625-5181.

Please make sure your calendar submissions reach Peninsula by noon one week before the edition in which you would like your event to appear. Send submissions to P.O. Box G-1, Carmel 93921 or fax them to 624-8076, to the attention of Ivy Weston.

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SATURDAY

27

THEATER

A Little Night Music — Golden Bough Playhouse, Monte Verde between Eighth and Ninth, Carmel, 7:30 p.m., \$20 adults, \$15 students/seniors. Phone 622-0100. Through April 28.

A Pair of Spectacles — California's First Theatre, Scott and Pacific, Monterey, 8 p.m., admission charge, olio revue follows. Phone 375-4916. Through May 31.

Alice in Wonderland — The Hoffman Playhouse, 320 Hoffman Ave. at Lighthouse, Monterey, 4 p.m., \$8 adults, \$4 children. Phone 649-0259. Through April 27.

An Evening of One-Act Plays: "Chamber Music" and "Little Red Riding Hood (an Absurdist View)" — SRO Theatre, Monterey Peninsula College (rear of campus, in performing arts building), 980 Fremont St., Monterey, 8 p.m., \$5. Phone 646-4051. Through April 28.

Conference of the Birds — Circle Theatre, Casanova between Eighth and Ninth, Carmel, 2 p.m., \$15 adults/\$10 students and seniors. Phone 622-0100. Through May 4.

Damn Yankees — Robert Louis Stevenson School, Pebble Beach, 8 p.m., \$5. Phone 625-8338. Through April 28.

Dance Kids Look at the Funnies — Carmel Ballet Academy, Mission and Eighth, Carmel, 7:30 p.m., \$10 adults, \$7 children/seniors. Phone 624-3729. Through May 5.

Little Shop of Horrors — Little Theatre, Carmel High School, Highway 1 at Rio Road, Carmel, 8 p.m., \$5 general, \$4 students/seniors. Phone 624-1821. Through May 4.

Oh Dad, Poor Dad (Mama's Hung You in the Closet and I'm Feelin' So Sad) — The Hoffman Playhouse, 320 Hoffman Ave. at Lighthouse, Monterey, 8 p.m., \$12 adults/\$10 seniors and students. Phone 649-0259. Through April 27.

The Libation Bearers — Indoor Forest Theatre, Santa Rita and Mountain View streets, Carmel, 8 p.m., \$11 general, \$8 students/seniors. Phone 624-1531. Through May 12.

MUSIC

Blues with Terry Hanck and the Soulrockers — Whitey's Place, American Tin Cannery, 125 Ocean View Blvd., Pacific Grove, 9 p.m., no cover. Phone 646-8383.

Brazilian Jazz with percussionist Helcio Milito, pianist Weber Drummond and vocalist Laurie Hofer — The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-11 p.m., free. Phone 647-7423.

Carmel Jazz Series Live Jam Session — Court of the Fountains, Mission and Seventh, Carmel, 1:30-3 p.m., \$5 donation. Phone 626-9151.

Guitarist Robert McNamara — The Bay Club, The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-10:30 p.m. Phone 647-7500.

Jazz/R&B with the Daryl Rowe Quintet — Cibo, 301 Alvarado St., Monterey, 9:30 p.m.-1:30 a.m. Phone 649-8151.

Maria & Eddie (Laura Chandler opens) — Doc Ricketts' Lab, 95 Prescott Ave. at Cannery Row, Monterey, 9 p.m., \$6 advance/\$8 door. Phone 649-4241.

Monterey County Symphony violinist Karen Bentley in recital — Mayflower Presbyterian Church, 14th and Central, Pacific Grove, 7:30 p.m., \$16 adults, \$8 children. Phone 624-8511.

See CALENDAR page 10B



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(R) 5:30 7:40 9:50

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5:30 7:40 9:50

FEAR

(R) 11:10 1:25 3:30 5:40

NO GATS 7:50 10:00

**JAMES AND
GIANT PEACH**

(PG) 11:25 1:20 3:15

5:10 7:10

BRAIN CANDY

(R) 9:15

**MULHOLLAND
FALLS**

(R) 11:50 2:15 4:40

NO GATS 7:10 9:40

SUNSET PARK

(R) 11:25 2:00 4:20

NO GATS 6:45 9:10

GATS ARE EXCEPTED
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SOCIAL EVENTS

Soroptimist International's local branch now 62 years strong



Social Spotlight

By Dodie Barkley

WHAT COULD be more beautiful than tawny peach orchids placed on the tables by the Soroptimist International of the Monterey Peninsula, to honor outstanding women of Monterey and to celebrate their 62nd year?

It was a day to remember! Recipients of financial and honorary awards came from every walk of life, and every part of the Peninsula for the celebration, held at noon on Tuesday, April 16, at Casa Munras in Monterey.

Munina Rufo, a nursing student

at Monterey Peninsula College and mother of two small children who works and does volunteer work, received \$1,500.

Kevin Trovini, a Monterey High School senior, received \$500 for demonstrating leadership, dependability and service to others. Students **Thao Pham**, **Melissa Daniels** and **Kirsten Schmaltz** received runner-up awards of \$250.

Monterey County Herald writer **Sharon Randall** received a "Woman of Distinction" award for her writing, which master of ceremonies **Candy Ingram** referred to as Randall's "commonality of humanity."

Other awards were given in the categories of economic and social development, health, human rights/status of women, and goodwill and understanding, to name a few.

Soroptimist International of the Monterey Peninsula was chartered in April 1934, to foster its ideal of service within the community. There are now more than 150,000 members in approximately 100 countries throughout the world.

An incredible group of women honoring other incredible women!

Monterey Public Library honors volunteers

Book stack attendants, book sales, outreach programs and even a literary circle with discussion facilitators are



all part of the Monterey Public Library's volunteer services.

Monterey City Council members **Ruth Vreeland** and **Dave Potter** were on hand with several library officials at the third annual Monterey Public Library Volunteer Appreciation gathering Thursday, April 18 at the library.

"You don't know how much volunteers mean to our city," said Councilman Potter. "If it wasn't for volunteers like you, the City of Monterey couldn't operate — you really fill the void."

Vreeland congratulated the volunteers on hand, promising to continue working with them.

Harold Ragan, chairman of the library's board of trustees, had nothing but high praise for the more than 20 volunteers.

Library Director **Paula Simpson** and Assistant

Director **Nancy Quelland** joined **Patrick "P.J." McCombs**, their youngest

volunteer, in cutting the traditional cake.

Glidden a standout at La Playa's Spring Fling

As La Playa Hotel General Manager **Tom Glidden**, clad in safari shorts, sashayed into the hotel's Neptune Room on Thursday, April 18, the room came alive!

Tall, dark and handsome Glidden, one of **Dotty Murphy's** models in the Annual Spring Fling Fashion show, was a sensation — and what legs!

The show featured styles from Benetton, Ann Taylor, Saks Fifth Avenue, Gerry's Boutique and Jane Archer, in exquisite colors described by the ever-exuberant Murphy as celery, citron, flower-power and all the lovely colors of spring.

White linen suits, gorgeous jeans with gold trim, white and black ensembles, lilac suits with soft polka dots, sports outfits and a shimmering grey silk evening outfit (this worn by striking model **Jackie Edwards**) brought heavy applause by the attendees.

A raffle held after lunch gave grateful winners \$25 gift certificates to any store at the Carmel Plaza. I can't wait to see what La Playa's Fall Fashion Show, to be held in October, will be like.

Artists in Concert gala a smash!

Talk about elegance, glamor and just plain excitement — the Friends of the Monterey County Symphony

See **SOCIAL** page 9B

Cutting the traditional cake to honor Monterey Public Library volunteers Thursday April 18 were Library Director Paula Simpson, teenage volunteer Patrick "P.J." McCombs and Assistant Library Director Nancy Quelland.

La Playa General Manager Tom Glidden models a summer outfit Tuesday, April 16, standing between visiting model Martha Leslie and her husband Andrew at the La Playa Spring Fling.

Steve and Dolores Gunia of Monterey captured the high bid Saturday during the live auction at the "Artists in Concert" benefit for the Monterey County Symphony. The art is by Gail Hodin Reeves.



PHOTOS/CHUCK SCARDINA

▲ Thao Pham and her brother Linh surround Soroptimist President Louise Friend, with Munina Rufo and her mother, Adela, at the Soroptimist luncheon at Casa Munras.

Mistress of Ceremonies Candy Ingram congratulates army veteran "B.B." Boyd for helping seniors, youths and veterans in Seaside, as Helen Rucker, Seaside Mayor Pro Tem, looks on at the Soroptimist luncheon.



Monterey County Symphony party-goers Jim Procida, Judy Higgerson, Maestro Clark Suttle with wife Arna, and Phil Neswitz enjoy paintings and dining Saturday evening, April 20, during the "Artists In Concert" fund-raiser at the Monterey Plaza Hotel.



SOCIAL EVENTS

SOCIAL from page 8B

staged an outstanding gala, "Artists in Concert," Saturday, April 20 at the Monterey Plaza Hotel to benefit the symphony.

The silent and live auctions of fine art and photography featured artists Lynn Lupetti, Joseph Nordmann, Andreas Morillo, Cole Weston, Barry Masteller, Ansel Adams and Gail Hodin Reeves, to name a few.

Due to the skillful auctioneering of Craig Hemphill and the marvelous selections of art, the bids went fast.

A Reeves painting valued at \$1,300 went to Dolores Gunia, who now has the opportunity to have her portrait, in a period outfit, painted by Reeves. Her friends called out, "Lady Godiva, Dolores!" I feel she should be painted as a Victorian queen with a tiara.

Entertainers Kerry A. Hartjen and Michael Jacobs

used original songs and jokes from the Marx Brothers routines. The Desert Desire Dance Troupe, whose leader Marilyn Knowles has danced with the San Francisco Ballet, belly-danced about the room to the delight of most of the men there.

It was a beautiful evening.

■ Carmel River School cruises the Riviera

It was Ship Ahoy!

Saturday, April 20 for the Carmel River School's annual fund-raiser, held at the Rancho Cañada Golf Club in Carmel Valley.

The wine and champagne buffet event, "Cruising the Riviera," benefited the school's continuing campaign to fund the first modern computer lab at Carmel River School.

In the last three years, through the combined efforts of parents, teachers and school staff, \$46,000 has been raised toward this goal. Parent-Teacher Association President Lori MacPherson stated that Saturday's funds will go toward buying computer software.

In keeping with the nautical theme as guests arrived at the dining tables, MacPherson, co-chairs Sheila Hoffman, Debra Aitchison, Eva Herhusky, Gar Lohe, Tawny Giguere, Diane Allen, Barbara Miller, Valerie Leonard, Tami Waldman, Joanne Malmo, Pamela Hamilton, Candi Zealair and Denise McMahan were all in naval costumes.

The tables were designed to look like a grand dining salon aboard ship, as were the silent and live auction tables around the room.

A unique buffet afforded the guests a fine selection from four stations. The Mediterranean Station served penne pasta, fried calamari and sliced meats and cheeses with Italian breads, while the South of the Border Station served chicken burritos with all the trimmings. Oriental and South American stations featured other delectable offerings.

Live auction items included a weekend at the Beverly Hills Hotel, golf for two at Spanish Bay,



With castanet bells, the Desert Desire Dance Troupe performs during dinner at the "Artists In Concert" art auction benefit for the Monterey County Symphony.

and a three-night stay at the Sheraton Princess hotel in Hawaii. This year's top raffle prize was a four-day, three-night Mexican cruise for two.

McPherson stated that the event was expected to generate \$10,000. Judging from the packed house, their expectations were fulfilled.

Dodie Barkley's 'Social Spotlight' column appears every week in Peninsula. If you have news of social activities, please call her at 626-0514, or write to her in care of Peninsula, P.O. Box G-1, Carmel, Calif. 93921.



John MacPherson, Carmel River School PTA President Lori MacPherson and PTA Vice President Jane Heider Samuels go nautical at the "Cruising The Riviera" fund-raising party held Saturday, April 20 at the Rancho Cañada Golf Club.



Adding to the merriment at the Carmel River School fund-raising party were event co-chairpersons Joanne Malmo, Debra Aitchison and Eva Herhusky.

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THINGS TO THINK ABOUT

from Les the Barber of Carmel



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has brought us to where we are in life."

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CALENDAR

From page 7B

LECTURES

Chinese Herbalist Betsy Punch lectures on healing — Cornucopia Community Market, Carmel Rancho Shopping Center, Carmel Rancho Boulevard, Carmel, 1-2:30 p.m., free, seating limited/reservations recommended. Phone 625-1454.

ART RECEPTIONS

Monterey Peninsula Museum of Art's "Chocolate Cha Cha" gala — 559 Pacific St., Monterey, 8 p.m.-midnight, door prizes/beverages/chocolate/gallery viewings/music by Red Beans & Rice, \$10 members/\$15 nonmembers. Phone 372-5477.

"The Aesthetics of Archetypes" poetry reading, reception and awards ceremony — Carl Cherry Center for the Arts, Guadalupe and Fourth, Carmel, 2 p.m., free. Phone 624-7491.

MISCELLANEOUS

Book-signing party and art exhibition for Bob Nash's "On My Way: fragments of my life as an artist" — Henry Miller Library, Highway 1, Big Sur, 1-5 p.m. Phone 667-2574.

Carmel High School Spring Arts Festival and Open House "Day on the Green" of music, dance and art — Carmel High School campus, various locations, Highway 1 at Ocean Avenue, Carmel, 8 a.m.-7 p.m. Phone 624-1821.

Fourth Annual Youth Fashion Show — Oldemeyer Center, 986 Hilby Ave., Seaside, 3 p.m., free. Phone 899-6270.

Guided Walking Tours, Wildflowers & Whale Watching — Point Sur Lightstation, Point Sur, Highway 1, Big Sur, 10 a.m./2 p.m. Phone 625-4419.

Poetry reading by Lynne McMahon and Sherod Santos — Carpenter Hall, Sunset Cultural Center, Mission between Eighth and Ninth, Carmel, 8 p.m., \$10. Phone 624-1813.

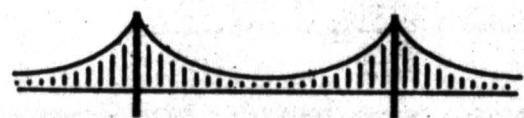
Tours of Richard MacDonald Studio — 2150 Garden Road, Suite A-1, Monterey, noon and 1 p.m., free. Phone 655-0424.



"GREAT ESCAPE" TO SAN FRANCISCO

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SUNDAY

28

THEATER

A Little Night Music — Golden Bough Playhouse, Monte Verde between Eighth and Ninth, Carmel, 2 p.m., \$20 adults, \$15 students/seniors. Phone 622-0100. Through April 28.

An Afternoon of One-Act Plays: "Chamber Music" and "Little Red Riding Hood (an Absurdist View)" — SRO Theatre, Monterey Peninsula College (rear of campus, in performing arts building), 980 Fremont St., Monterey, 2 p.m., \$5. Phone 646-4051. Through April 28.

Damn Yankees — Robert Louis Stevenson School, Pebble Beach, 2 p.m., \$2.50. Phone 625-8338. Through April 28.

Dance Kids Look at the Funnies — Carmel Ballet Academy, Mission and Eighth, Carmel, 2:30 p.m., \$10 adults, \$7 children/seniors. Phone 624-3729. Through May 5.

The Libation Bearers — Indoor Forest Theatre, Santa Rita and Mountain View streets, Carmel, 2:30 p.m., \$11 general, \$8 students/seniors. Phone 624-1531. Through May 12.

MUSIC

Alligator and The Bayou Boogie Band — Whitey's Place, American Tin Cannery, 125 Ocean View Blvd., Pacific Grove, 9 p.m., no cover. Phone 646-8383.

Brazilian Jazz with percussionist Helcio Milito, pianist Weber Drummond and bassist Peter Rose — The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-11 p.m., free. Phone 647-7500.

Broadway Classics Quartet — Unitarian Universalist Church of the Monterey Peninsula, 490 Aguajito Rd., Carmel, 3 p.m., \$10 adults, \$5 children under 12. Phone 625-5633.

Harpist Juli Alexander — The Bay Club, The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-10:30 p.m. Phone 647-7500.

Jazz with the Joe Lucido Trio — Cibo, 301 Alvarado St., Monterey, 8:30 p.m.-12:30 a.m. Phone 649-8151.

KPIG 107.5 presents live blues (call for band) — Doc Ricketts' Lab, 95 Prescott Ave. at Cannery Row, Monterey, 5-8 p.m., no cover. Phone 649-4241.

Monterey Peninsula Organ and Keyboard Club meets — Monterey Elks Lodge, Mar Vista Drive, Monterey, 4 p.m. Phone 624-3281.

MISCELLANEOUS

Carmel Valley Garden Association's 29th Flower Show — Hidden Valley Music Seminars, Carmel Valley Road at Ford Road, Carmel Valley Village, 10 a.m.-3 p.m., admission free. Phone 624-5329 or 659-5329.

Guided Walking Tours, Wildflowers & Whale Watching — Point Sur Lightstation, Point Sur, Highway 1, Big Sur, 10 a.m. Phone 625-4419.

HIV/AIDS Interfaith Service — St. Mary's Episcopal Church, Central and 12th, Pacific Grove, 7-9 p.m., candlelight vigil follows. Phone 772-8200.

Paul Fleischman signs new book "Dateline: Troy" — Whole Life Center, Thunderbird Bookshop, The Barnyard, Highway 1 and Rio Road, Carmel, 1-3 p.m., free. Phone 624-1803.

MONDAY

29

MUSIC

KPIG 107.5 presents live blues (call for band) — Doc Ricketts' Lab, 95 Prescott Ave. at Cannery Row, Monterey, 8-11 p.m., no cover. Phone 649-4241.

LECTURES

"Sizzle or Fizzle? Sex, Love & Romance in the '90s" by Madge Holmes — The Carriage House Community Room at Beacon House, 468 Pine Ave., Pacific Grove, 6:15-7:30 p.m., admission \$3-5 sliding-scale contribution. Phone 372-2334.

MISCELLANEOUS

A Celebration of the Spirit of Poetry — Whole Life Center, Thunderbird Bookshop, The Barnyard, Highway 1 and Rio Road, Carmel, 7 p.m., \$6. Phone 624-1803.

Dream Workshop — Monterey Peninsula Friends of C.G. Jung, 284 Foam St., Monterey, 7 p.m., \$10. Phone 649-4018.

Answers to Last Week's Puzzle

AL 6*	BIGG*	ATILT	G'DAY
PENA	CALEB	SARAH	BALE
ADEN	AKITA	STARE	ETON
ITSNOTE	ASYBEING	GG* LENT	
ROSERED	WIN	ERITREA	
DER	LAIDTO	SONS	
AMFM	BONS	SAMSON	MRG*
PEAG*	CONIC	TEEM	WAIT
ORIG	ANGLO	SHA	GESE
WOMANING*	NAY	NEBRASKA	
BORE	SAD	LAIR	
SOYLENTG*	IAN	PUTTING	GG*
WHEEL	DAH	ELIDE	HILE
AILS	STAB	YIPES	GNUS
MOP	FORGET	GIES	POET
FIFA	THESSIS	ARF	
GBERETS	ENT	BROTHEL	
CALI	THEG*	G*GRASS	OFHOME
ABLE	AMISH	ELLIS	ELMO
RAIN	CAHEA	ETUDE	G'MAN
DRED	ONEAT	TOHE	SSE

TUESDAY

30

THEATER

Conference of the Birds — Circle Theatre, Casanova between Eighth and Ninth, Carmel, 7:30 p.m., \$15 adults/\$10 students and seniors. Phone 622-0100. Through May 4.

MUSIC

Harpist Juli Alexander — The Bay Club, The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-10:30 p.m. Phone 647-7500.

Reggae with Jonah and the Whalwatchers — Doc Ricketts' Lab, 95 Prescott Ave. at Cannery Row, Monterey, 9 p.m., \$2. Phone 649-4241.

World Beat with Chi Mizu — Cibo, 301 Alvarado St., Monterey, 9 p.m.-12:30 a.m. Phone 649-8151.

MISCELLANEOUS

Cypressaires Barbershop Harmony Chorus meets — Salvation Army Center, Contra Costa Street at Elm Avenue, Seaside, 7:15-10 p.m. Phone 373-1546.

Greek Folk Dance Classes — Sunset Cultural Center, Room 10, San Carlos at Ninth, Carmel, beginners 6:30-7:30 p.m., intermediate/advanced 7:30-9 p.m., \$4. Phone 375-2549.

Thunderbird Poetry Contest Winners' Reading and Celebration for National Poetry Month — Whole Life Center, Thunderbird Bookshop, The Barnyard, Highway 1 and Rio Road, Carmel, 7 p.m. Phone 624-1803.

Visiting Poet Series of readings: Ric Masten — Bay Books, 316 Alvarado St., Monterey, 7 p.m., free, open mic follows. Phone 375-1855.

WEDNESDAY

1

THEATER

Conference of the Birds — Circle Theatre of the Golden Bough, Casanova between Eighth and Ninth, Carmel, 7:30 p.m., \$15 adults, \$10 students/seniors. Phone 622-0700. Through May 4.

MUSIC

Comedy and Cigar Night — Whitey's Place, American Tin Cannery, 125 Ocean View Blvd., Pacific Grove, 9 p.m. Phone 646-8383.

Harpist Juli Alexander — The Bay Club, The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-10:30 p.m. Phone 647-7500.

KXDC 101.7 Jazz Happy Hour/Jazz with Cookin' With Mr. Dash — Cibo, 301 Alvarado St., Monterey, happy hour 5-7 p.m., live music 9 p.m.-12:30 a.m. Phone 649-8151.

ART RECEPTIONS

The Great Frame-Up VIP show for Carmel High School — Art Room, Carmel High School, Highway 1 at Ocean Avenue, Carmel, 6:30-8 p.m. Phone 800/553-7263.

MISCELLANEOUS

Duplicate Bridge — All Saints' Church, Lincoln and Eighth, Carmel, 1 p.m., \$4.25. Phone 625-4307.

Flea Market — Monterey Fairgrounds, 2004 Fairgrounds Road, Monterey, dawn/dusk. Phone 1-800-588-FLEA.

Guided Wildflower Walking Tours — Point Sur Lightstation, Point Sur, Highway 1, Big Sur, 10 a.m./2 p.m. Phone 625-4419.

Monterey International Folk Dancers — Neighborhood Center, Lighthouse and Dickman, beginners 7 p.m., \$1, intermediate 8 p.m., all ages, no partners needed. Phone 624-6060.

Mother Goose reads children's stories — Bay Books & Coffeeshop, 316 Alvarado St., Monterey, 6:30 p.m. Phone 375-1855.

THURSDAY

2

THEATER

Conference of the Birds — Circle Theatre of the Golden Bough, Casanova between Eighth and Ninth, Carmel, 7:30 p.m., \$15 adults, \$10 students/seniors. Phone 622-0700. Through May 4.

Little Shop of Horrors — Little Theatre, Carmel High School, Highway 1 at Rio Road, Carmel, 8 p.m., \$5 general, \$4 students/seniors. Phone 624-1821. Through May 4.

MUSIC

Acid Jazz Jam Session featuring guitarist Joe Lucido — Whitey's Place, American Tin Cannery, 125 Ocean View Blvd., Pacific Grove, 8 p.m., no cover. Phone 646-8383.

Brazilian Jazz with percussionist Helcio Milito and pianist Weber Drummond — The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-11 p.m., free. Phone 647-7423.

Cigar and Martini Night with Dottie Dodgion's Dancin' Jazz Band — Doc Ricketts' Lab, 95 Prescott Ave., Monterey, 8 p.m., no cover. Phone 649-4241.

Harpist Juli Alexander — The Bay Club, The Inn at Spanish Bay, 2700 17-Mile Drive, Pebble Beach, 7-10:30 p.m. Phone 647-7500.

Jazz and R&B with Neil Banks & Friends — Cibo, 301 Alvarado St., Monterey, 9 p.m.-12:30 a.m. Phone 649-8151.

Reggae with Jonah & the Whalwatchers — The Club House, 638 Wave St., Monterey, 9 p.m., no cover. Phone 372-7200.

LECTURES

Julianne Everett discusses, signs book "Heart Initiation: Awakening to the Challenges of Conscious Ascension" — Whole Life Center, Thunderbird Bookshop, The Barnyard, Highway 1 and Rio Road, Carmel, 7 p.m., free. Phone 624-1803.

</

The Perfect Weekend

Jazz greats, sunshine and beautiful Big Sur



Bruce Forman, Jackie Coon, Will Wallace and Paul Contos enjoy a moment in the sun.



Vocalist Rebecca Parris embraced her pal Bruce Forman after grooving to his set.

THE BIG SUR JAZZ FESTIVAL (April 20-21) IN PICTURES

Photos by Cole Thompson

Brilliant young guitarist Charlie Hunter shows intense concentration during his set, as his drummer looks on.



◀ This masked member of the Big Sur Natives couldn't resist the beat and had to move her feet.

▶ The drummer for Mingus Amungus was moved by his own beat — as was the crowd.



THE NEW YORK TIMES MAGAZINE CROSSWORD PUZZLE

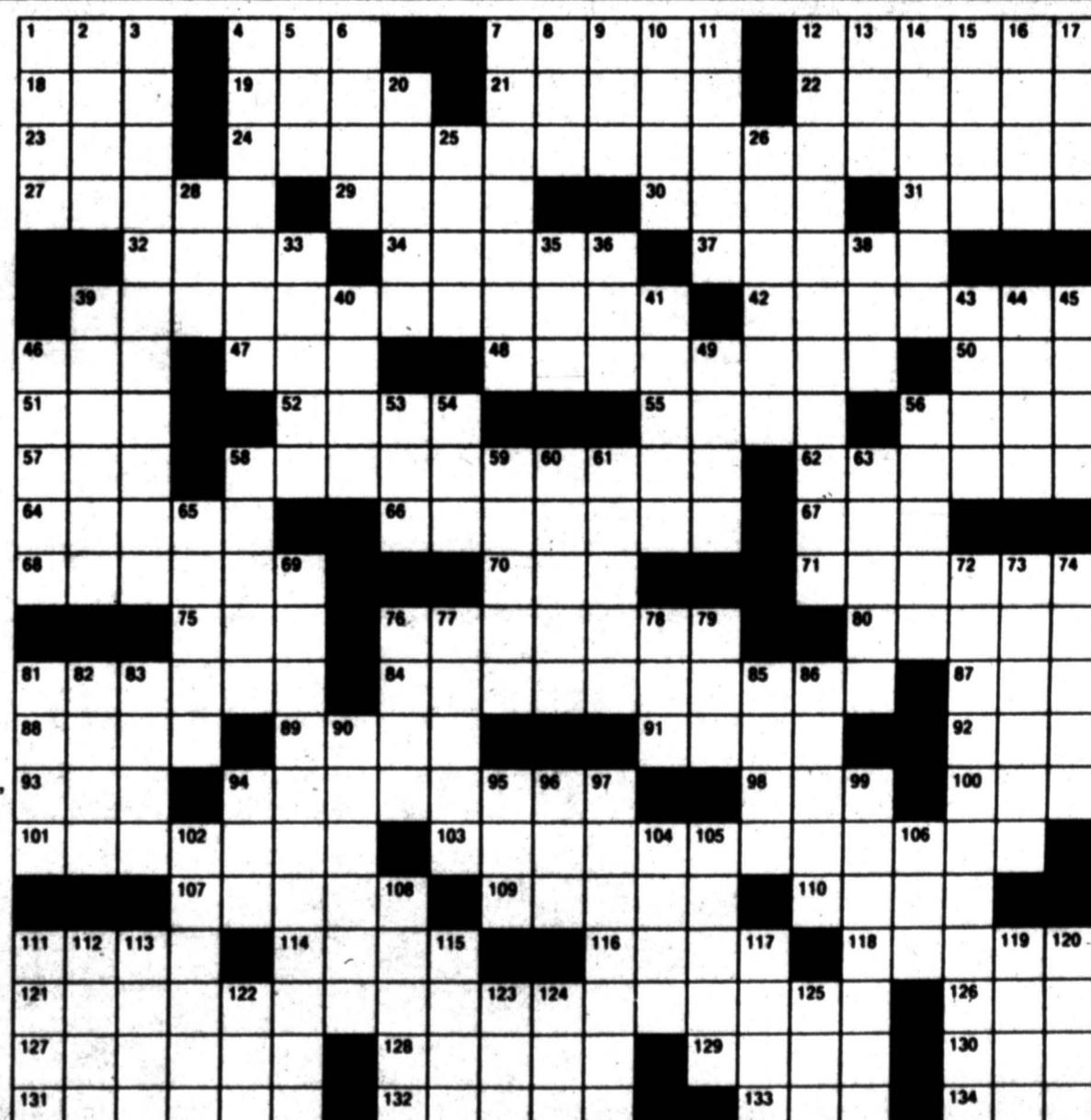
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CENTENNIALS

BY HENRY HOOK / EDITED BY WILL SHORTZ

ACROSS

- 1 Pronto
- 4 Letterman's turf
- 7 Pretty, in ancient Rome
- 12 Summerhouse
- 18 Perfume label word
- 19 Clinton Cabinet member
- 21 Wanted poster datum
- 22 Rant about
- 23 Sch. grp.
- 24 Headline of January 1896
- 27 Chair style
- 29 Excite, in slang
- 30 Some people take a shine to it
- 31 "Peter Pan" dog
- 32 Be of importance, old-style
- 34 Public relations concern
- 37 Yawner's feeling
- 39 Quaff introduced in 1896
- 42 Cordage grass
- 46 Pouch
- 47 "Yippee!"
- 48 They're helpless
- 50 Corn byproduct
- 51 Hardly gregarious
- 52 Office holder?
- 55 Neighbor of B.C.
- 56 The — Reader (1990's magazine)
- 57 Richie's dad, to Fonzie
- 58 1896 dramatic work
- 62 Marquand sleuth
- 64 Cheek-related
- 66 Longtime Philly conductor
- 67 Architect I. M.
- 68 "Not that again!"
- 70 Wearer of pointy footgear
- 71 Unisex garb
- 75 Gunk
- 76 Washington Monument, e.g.
- 80 Soap Box Derby site
- 81 1951 Lanza role
- 84 Her advice column debuted in 1896
- 87 Oklahoma city
- 88 Book after Joel
- 89 Bed size
- 91 Dutch treat
- 92 Jam ingredient?
- 93 Book course
- 94 Yellow Sea port
- 98 Skedaddled
- 100 "The Birth of a Nation" grp.
- 101 Product of the rumor mill
- 103 1896 event, absent since A.D. 394
- 107 "All — Is the Girl" ("Gypsy" song)
- 109 Shouted
- 110 Through
- 111 Patches things up?
- 114 Antlered beasts
- 116 Individual
- 118 Green-skinned pear
- 121 It was the talk of Chicago, July 1896
- 126 Stomach muscles
- 127 Yearbook
- 128 Bye at the French Open?
- 129 Nonpayment result
- 130 Boulogne business abbr.
- 131 Give the same old story
- 132 Goalie's stats
- 133 Aachen article
- 134 Chess pcs.
- 1 Invigorates, with "up"
- 2 Appointment
- 3 First Ford auto, completed in 1896
- 4 Brittle
- 5 Put on the line
- 6 Catch
- 7 Tropical trees
- 8 Ivy Leaguer
- 9 Kind of algebra: Abbr.
- 10 Colleen
- 11 Soap line start
- 12 Tradables introduced in 1896
- 13 Sports org.
- 14 Youth-and-old-age, e.g.
- 15 Literary pseudonym
- 16 Kind of companion
- 17 Choreographer White
- 20 Start of the "flying down" song
- 25 Doorframe part
- 26 Square
- 28 N.R.C. forerunner
- 33 He played TV's Mike Hammer
- 35 Prism, e.g.
- 36 Wet wiggler
- 38 Boom times
- 39 "Oklahoma!" star
- 40 "The Bronx Zoo" author
- 41 Explorer Amundsen
- 43 Old Sunday paper section
- 44 Salon application
- 45 Remedy for dry toast
- 46 Super Bowl XXI M.V.P.
- 49 In a bad way
- 53 Equi-
- 54 In accordance with
- 56 Inuit craft
- 58 Small combos
- 59 Muslim bigwig
- 60 Noted name in wine
- 61 Out of shape
- 63 Stop worrying
- 65 Black —



DOWN

- 13 Sports org.
- 14 Youth-and-old-age, e.g.
- 15 Literary pseudonym
- 16 Kind of companion
- 17 Choreographer White
- 20 Start of the "flying down" song
- 25 Doorframe part
- 26 Square
- 28 N.R.C. forerunner
- 33 He played TV's Mike Hammer
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- 56 Inuit craft
- 58 Small combos
- 59 Muslim bigwig
- 60 Noted name in wine
- 61 Out of shape
- 63 Stop worrying
- 65 Black —
- 69 & 72 Snacks introduced in 1896
- 73 Brownies
- 74 Lewis Carroll's Boojum
- 76 Valhalla V.I.P.
- 77 Beat it
- 78 Yon maiden
- 79 Marlowe contemporary
- 81 A little lower
- 82 "What — mind reader?"
- 83 Campus mil. grp.
- 84 Jeanne —
- 86 Erstwhile larva
- 90 Nowhere near
- 94 Shipping unit
- 95 Mom's specialty
- 96 Scottish river
- 97 Casus — (legal situation)
- 98 Hogan dwellers
- 102 Something to sneeze at
- 104 Incubator noise
- 105 Sluggard
- 106 Chaps
- 108 "The Dancing Class" artist
- 111 Rumble reminder
- 112 Piscivorous flyer
- 113 Practice
- 115 Pop
- 117 Satellite broadcast
- 119 Last writes?
- 120 Versatility list
- 122 Erie Canal mule
- 123 Actress Ullmann
- 124 Inferior mark
- 125 Number-cruncher

Answers to last week's puzzle on page 10B

Let's Talk Real Estate



with Bill & Pat O'Reilly

AN OFFER YOU CAN'T REFUSE?

When your Realtor called to say he was coming over with a colleague who had an offer on your home, you got excited. Then you saw the offer and got an adrenaline rush. It was for the full asking price and didn't ask you to convey the grand piano or any of your children. Your agent was hesitant however, to recommend that you accept it.

Often an offer that looks really terrific is not that great. A good agent looks beyond the sales price in evaluating an offer. If the buyers' financial qualifications are shaky and there is a promissory note instead of a check for the earnest money deposit, or if the offer has subtle terms or conditions that involve considerable risk to you the seller, a good Realtor can help you address these objections in a counteroffer. Under some circumstances, you and the buyers may be able to work out a compromise.

promise, but in some situations, the best advice would be to just say "no." Our job is not to make a decision for you, but to be sure that you understand fully what the offer includes, and what the risks or benefits to you might be.

For solid advice on buying or selling Real Estate, consult us at

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MIM THE MITCHELL GROUP

REAL ESTATE

Q&A



I am planning to buy my first home.



Good credit history is important when securing any loan, especially a mortgage. Avoid disappointment and wasted time by getting your affairs in order before applying for a mortgage.

Some of the things you can do:

- Establish a history of continuous employment
- Start savings and checking accounts
- Pay most bills by check
- Pay monthly debts on time
- Keep debts low in relation to income

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HOUSE OF THE WEEK



This fourbedroom home, in a private, gated community in Carmel, is now on the market.

'The best kept secret in Carmel'

PERCHED ON a hill in a private, gated community in Carmel, this dignified estate contains four bedrooms, three baths and three garages. Its location is convenient to all Peninsula points.

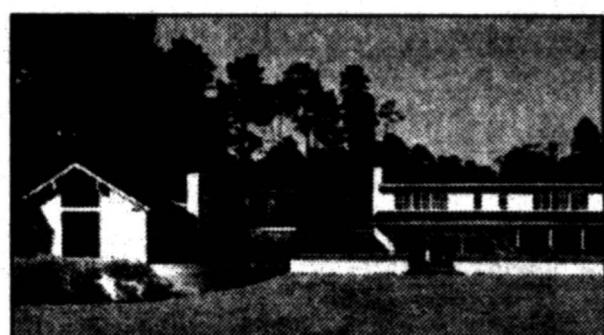
The dining room opens to an antique-brick terrace and park-like garden, and the kitchen has appointments well suited for the adventurous gourmet cook.

An expansive living room with a vaulted beam ceiling and sensual fireplace area are among the home's many stunning highlights.

This house has been dubbed "the best kept secret in Carmel." Come find out for yourself the magic within.

■ Price: \$1.195 million.
■ Contact: Muriel Dobry, Carmel Realty Co. 624-6482.

"Extraordinary"



IMAGINE THE PRIVACY & BEAUTY of 2.5 fully fenced acres in the heart of Pebble Beach. Walk to the Lodge & world-class golf from "Southern Exposure"...a gracious Colonial manor with 5 bedrooms, 5+ baths, paneled library, great room, formal living & dining rooms, 4+ car garage, guest house, & ocean view. \$1,650,000.

Home Town Realtor Serving the Peninsula Since 1946



EQUESTRIAN ESTATE ON 16 ACRES. In the sunny Miramonte area of Carmel Valley, this picturesque estate features a Monterey Colonial main residence, modern 2 bed/2 bath gatehouse, separate guest quarters, pavilion for parties, plus swimming, tennis, putting green, & miles of scenic riding trails nearby. \$3,500,000.

Fouratt-Simmons REAL ESTATE

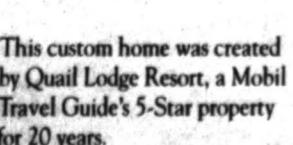
Court of the Golden Bough • Ocean Ave. betwn. Lincoln & Monte Verde • Carmel

624-3829

Old world charm in a timeless setting is priceless...



Our first custom home at Quail Meadows is now available for \$2,400,000. This beautifully-designed home of 5,285 square feet offers privacy and elegant country living just minutes from downtown Carmel. The home is nestled on four acres adjacent to 190 acres of open space where the charm of Carmel meets breathtaking valley and mountain views. Come and see why Quail Meadows is the most unique, private community in the Carmel area!



This custom home was created by Quail Lodge Resort, a Mobil Travel Guide's 5-Star property for 20 years.

QUAIL MEADOWS
BUILD OR BUY ON ONE OF OUR EXCLUSIVE HOME SITES

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Who owned the first condominium? Some say the early Romans. Others say the ancient Hebrews. In any case, the condominium home has been a way of life for over 2,000 years and continues to be a vital aspect of today's lifestyle for first-time buyers.

Condominiums offer all the usual advantages of home ownership, plus the financial advantage of shared expenses, such as heating and maintenance. You often can enjoy amenities—like a swimming pool—that you might not otherwise be able to afford in a single-family detached home. Also, condo developers and converters sometimes provide financing sources for qualified buyers.

Like their owners, condos vary in size, shape and style. For more information, or to find the condominium home you want, talk to a broker who is a REALTOR®—a member of the NATIONAL ASSOCIATION OF REALTORS®. In today's housing market, a condominium could be the home for you.

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REAL ESTATE

OPEN HOUSES THIS WEEKEND

CARMEL

Torres, 3 SE Ocean, \$375,000
Sat 10-12 Del Monte Realty

Camino Del Monte, 1 NW San
Carlos, \$310,000
Sat 12:30-2:30 Del Monte

26267 Hilltop Place,
\$455,000
Sat 12-2 Del Monte Realty

Monterey & 1st \$419,000
Sat 2:15-4:15 Del Monte
Realty

24503 San Marcus, \$509,000
Sat 2-4 Del Monte Realty

Casanova, 2 NE 7th,
\$925,000
Sat 2-4 Del Monte Realty

2568 14th Aven \$735,000
Sat 2-4 Del Monte Realty

Mission & 3rd S/W #A-1,
\$259,000
Sat 1-3 Del Monte Realty

San Carlos & 8th, \$675,000
Sat 12-2 Del Monte Realty

Carmelo & 11th \$899,000
Sat 3-5 & Sun 2-4 Del Monte

2704 15th Ave, \$369,500
Sun 2-4 Del Monte Realty

Torres, 5 NW 3rd, \$349,900
Sun 2-4 Del Monte Realty

San Antonio & 4th, \$449,000
Sun 2-4 Del Monte Realty

25615 Mesa Drive, \$399,000
Sun 2-4 Del Monte Realty

13th Ave. & Scenic,
\$1,695,000
Sun 11-12-13 Del Monte
Realty

Casanova & Palou, \$749,000
Sun 1-3 Del Monte Realty

24501 Via Mar Monte #77,
\$239,000
Sun 2-4 Del Monte Realty

San Antonio & 11th,
\$895,000
Sat 2-4 Mitchell Group

Scenic & 11th, \$2,295,000
Sat 1-4 Mitchell Group

Camino Real & 3rd, \$795,000
Sun 3-5 Mitchell Group

CARMEL

24692 Upper Trail, \$985,000
Sat 1-4 & Sun 2-4:30
Contempo Realty

549 Aguajito Rd, \$949,000
Sat 1:30-4 & Sun 1-3:30
Contempo Realty

2385 Stewart Wy, \$1,200,000
Sat 2:15-5 & Sun 1-5 Contempo

CARMEL HIGHLANDS
188 Upper Walden, \$625,000
Sat 1-4 & Sun 11-2 Contempo
Realty

175 Sonoma Ln, \$1,100,000
Sat 11-2 & Sun 2:15-5
Contempo Realty

CARMEL VALLEY
7075 Fairway Place \$845,000
Sun 1-3 Quail Lodge Realty

7054 Valley Greens Circle,
\$564,000
Sat 2-4 Del Monte Realty

172 Chaparral Rd, \$450,000
Sat 12-2 Del Monte Realty

15592 Via La Gitana,
\$449,000
Sat 3-5 Del Monte Realty

334 El Caminito, \$455,000
Sat 12-3 Del Monte Realty

CARMEL VALLEY

#80 Hacienda Carmel,
\$129,000
Sat 2-4 Del Monte Realty

25840 Tierra Grande, \$439,000
Sun 12-2 Del Monte Realty

MONTEREY

6 Monte Vista Dr, \$389,500
Sun 3-5 Del Monte Realty

PACIFIC GROVE

813 Day Circle, \$364,500
Sat 2-4 Del Monte Realty

414 Granite St, \$219,000
Sun 2-4 Del Monte Realty

616 Monterey Ave, \$264,500
Sun 2-4:30 Del Monte Realty

329 Stuart Ave, \$329,500
Sun 1:30-4:30 Del Monte

PEBBLE BEACH

1540 Viscaino Rd, \$895,000
Sat 2-4 Del Monte Realty

MONTE/SALINAS

25400 Paseo Del Chaparral,
\$845,000
Sun 2-5 Del Monte Realty

13538 Paseo Terrano,
Sun 12-2 Mitchell Group

25020 Hidden Mesa Ct,
\$625,000
Sat 1:30-4:30 Contempo

SO. SALINAS

6 Sutro Circle, \$213,000
Sat 12-2 Del Monte Realty

BUSINESS & RESTAURANTS AVAILABLE

CARMEL BUSINESS SALES, INC. offers the Monterey Peninsula's largest list of available businesses, restaurants, motels and commercial property. Call, write or FAX for our free list.

DON BOWEN or JERRY SCHUMACHER

CARMEL BUSINESS SALES, INC.
SW Corner Lincoln & 7th • Carmel-by-the-Sea
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CARMEL OFFICE/RETAIL FOR LEASE

26352 Carmel Rancho Ln
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- Great Location
- Unsurpassed Value
- Small/Large Spaces
- Unlimited Parking
- Beautiful Suites

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QUAIL LODGE REALTY

(408) 624-1581

CONTEMPORARY CUSTOM HOME OPEN SUNDAY 1-3 7075 FAIRWAY PLACE

Located in the quiet community of Quail Lodge, this 3 bedroom, 3 bath property borders the 3rd Fairway and has views to the mountains beyond. The quality of this home is obvious to those looking for the very best. Open and airy with gourmet kitchen. **\$845,000.**

NEW LISTING AT QUAIL LODGE

This single level 2 bedroom, 2 bath condominium offers privacy with an open floor plan. Located next to the Carmel River, this unit offers golf course living at its best. **\$385,000.**

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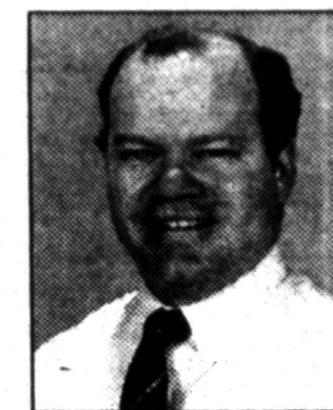
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California Trends

By Bradley Inman

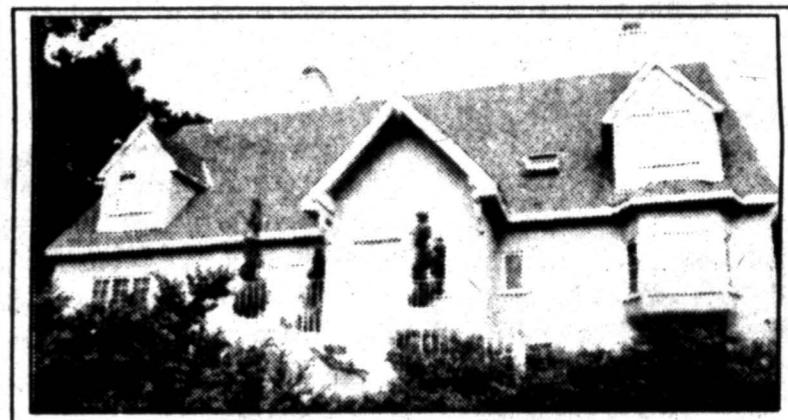
Bradley Inman's column will return in next week's Pine Cone

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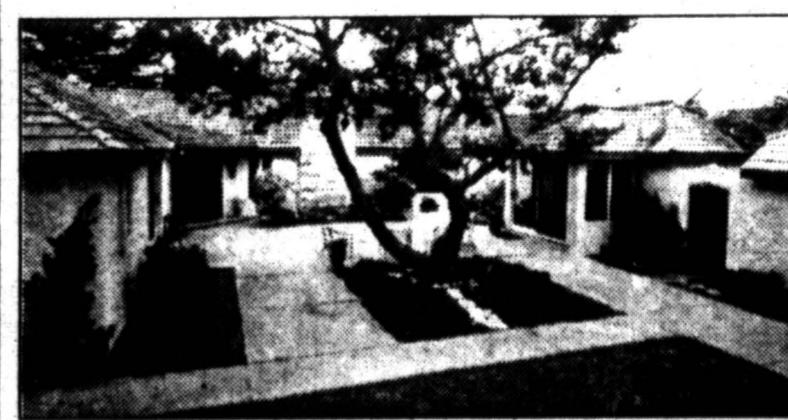
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Trio Fontenay shows style, vitality throughout concert

AS A completely appropriate conclusion to a star-studded season, the Carmel Music Society presented the internationally acclaimed Trio Fontenay playing an all-Beethoven program Thursday evening, April 18, in Carmel's Sunset Theater.

The youthful, vital and elegant-sounding group consists of violinist Michael Mucke, cellist Niklas Schmidt and pianist Wolf Harden, who have been playing together since 1980. Obviously they have put their time to good use and made the most of their outstanding talent, technique and musicianship. The results of their efforts were indeed impressive to hear.

Their program spanned Beethoven's creative output, sampling his first published opus, his creative middle years and one of his very late efforts. They addressed all of these works with the utmost refinement and polish. In fact, one can marvel at the consistency of the interpretive quality the musicians arrived at.

The concert opened with the Variations on "Ich bin der Schneider Kakadu" Op.

121a. It is the last of the piano trios, a significant but little known work, written possibly as a means of relaxation after the *Missa Solemnis* and just before the *Symphony No. 9*.

Pianist Wolf Harden was a hovering presence, appearing completely involved in each note his colleagues put forth, yet performing with finesse and delicacy. The unanimity of purpose was rare and enchanting.

Continuing with the *Trio in G Major Op. 1, No. 2*, an amazingly mature work for a first-published opus, the players gave a vivid rendition of an essentially happy work.

The *Trio in E Flat Major Op. 70 No. 2*, is another joyous composition. Although all three works open with a

slow introduction before proceeding into the body of the music, each one is sufficiently unlike its predecessors to engage the ear and interest of the listener. Here, there was a more aggressive spirit in the group's attack on tone. The music is colorful and spirited and the musicians outlined their parts with discipline and finesse, capturing the essence of the mood while avoiding unwarranted romantic excess.

Their grasp of style as they moved through the spaces of the composer's development was applied with great understanding. These musicians are openly attentive to each other's procedures and are sophisticated practitioners of the art of bringing music to its finest realization.

Ensemble Monterey's all-Brahms show a success

FOR THE final concert of the Ensemble Monterey series, Music Director John Anderson made the inspired choice of an all-Brahms concert, something which is an inexplicable rarity these days.

The MPC Music Hall had a near capacity audience Saturday night, April 20. They came for another unique program in a series which can be depended on for imaginative and intriguing offerings of professional caliber.

The Brahms *Clarinet Quintet in B Minor Op. 115* is a very late work. A product of the composer's mature years (he was 59), it is full of autumnal flavors, lovely melodies and great emotional depth. Calling for a virtuoso clarinetist who can span the great range of the instrument with seamless technique, well-developed warm tone and complete breath control, Jane Knight was just such a protagonist.

She was joined by the Monterey String Quartet, whose members were sensitive and responsive partners in the enterprise. Violinists David Dally and Patty Boggs, violist Jenny Bufano and cellist Margie Dally were tonally melodic and suave, clearly and attentively capturing the throbbing urgency and desolate longings Brahms put into his

writing at this stage of his life. This is music of surpassing loveliness and the awareness of involvement conveyed by the fine, taut ensemble created by all the players gave it full realization in a shimmering blend of instrumental tone and technical assurance.

In a musical journey from the depths of autumn to the gladness of spring, the second half of the program featured the California premiere of the original version of the *Serenade No. 1 in D Op. 11*. This is one of Brahms' first works for a larger instrumental ensemble.

Composed when he was 25, it was originally scored for nine instruments (four strings, five winds). Later, he orchestrated it for full orchestra, which is the form usually heard. The original score was lost and only recently reconstructed. So this was a first performance of sorts.

Anyway, the audience was treated to a side of the composer he rarely revealed and which was soon obscured by his development into mature seriousness. Youthful exuberance, joyous repetitions of dance tunes and empathetic rhythms pervade this music.

John Anderson and his able musicians must be thanked for an unusually satisfying night of music.

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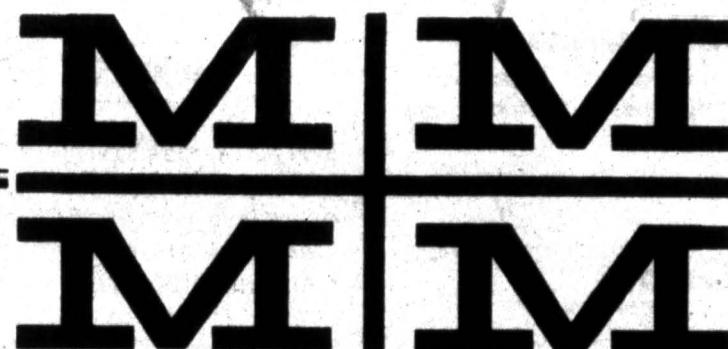
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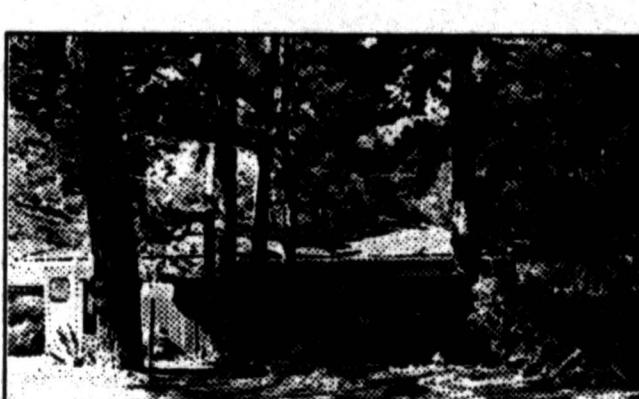


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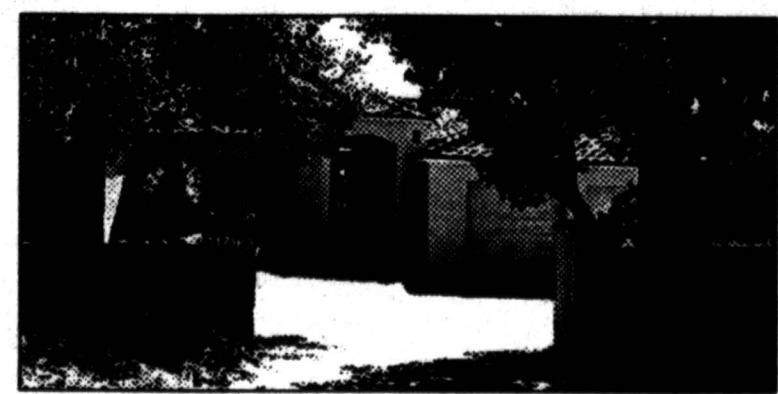
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Everyone needs a wife

MY friend, Molly, has been divorced for three years after 28 years of wedded bliss that netted her two kids, a nervous breakdown, shattered self-esteem, poor credit and a partridge in a pear tree.

She guessed it could be called a learning experience.

It's been only within the last year that Molly has begun seeing other men again. And with mixed results.

"IT'S kind of fun again in some respects," she told me as we window-shopped along Carmel's Ocean Avenue last Saturday, "but it all turns to vinegar when a man you're getting to like pops the question, as a nice gentleman did the other evening."

The question, of course, is "Will you marry me?" But why does that bother Molly?

"WHAT he really means," explained Molly, "is that he wants a wife."

So?

"So why should only MEN have wives?" she shot back, those big brown eyes narrowing into a fierce little squint, "I want one, too!"

And then she was off and running with it.

MOLLY wants a wife who will wash the dogs, feed them, clean up after them, tend the grandkids on afternoons when she wants to work in the garden, play waitress when they visit, and settle their turf wars.

"That way, when I appear on the scene, the grandkids will jump all over me with happiness, hollering 'Grandma's home! Grandma's home!' and I will ask my wife if she did anything today or just worked on her tan."

Molly wants a wife who will work at least part-time so Molly can afford to go back to school; who will have chilled white wine and slippers waiting when she comes home; who will listen patiently to stories about what a dumb bastard Molly's professor is; and who will be charming and gracious when Molly brings the dumb bastard home for dinner without warning.

"I WANT A WIFE who is a whiz at making up plausible excuses to get us out of playing cards with the boring neighbors down the street, or going on field trips with the Ladies for Better Sewage," Molly continued.

"I want one who will suffer in silence and put on a happy face even though she has good reason to believe I'm fooling around; who never has a headache; and who won't back off when my breath smells like last week's cigarette butts sauteed in stale beer."

Molly was in high gear now.

"MY WIFE won't interrupt me when I'm telling a joke," she went on, "even though she heard me tell it to those same people a half-hour before."

"She'll bite her tongue and say nothing when I blow our vacation money on a football bet; accept the well-known fact that I need an occasional night out alone, and she doesn't; and will get out of bed and come downstairs and join the

SEE FITZPATRICK PAGE 6

Seniors and pets: A winning combination

Her day begins at 5 a.m. Up often before the sun, 65-year-old Marilyn Tully of Carmel Valley dresses warmly, and calls to her constant companion that it is time for an invigorating morning walk. The two will make this outing several times every day. After their walk, there will be

breakfast for Marilyn, her 3-year-old SPCA-adopted Lhasa Apso mix named "Chibi," and Marilyn's 91-year-old mother. Each Thursday morning, 65-year-old volunteer Gerry Borovilos puts on her comfortable, well-used SPCA of Monterey County sweatjacket, pins her name tag to it, and sets off for The SPCA shelter on Highway 68. At the shelter, she selects the "Hug-A-Pet" of the week. On this day, it's a 3-month-old boxer puppy with soulful eyes. The lucky pup is bathed, groomed and snuggled into a blanket and whisked off to two Monterey convalescent hospitals. For the next two hours, delicate, frail, sometimes bent and arthritic hands will gently caress him. The eyes of those who are lonely, sick or bedridden will meet his. One patient may hug him like a child, another will talk to him softly and for another hospital resident there may just be a puppy's lick on the cheek and a quiet moment.

The common thread in these two women's stories is that animals improve the quality of their lives and the lives of others.

Marilyn Tully was drawn to The SPCA for a companion animal, one year after her 12-year-old cat died of old age. "(Chibi) was the most pathetic, scruffy little dog I'd ever seen," says Tully of the little dog who now shares her life. "Other dogs jumped up, yipped and said



Gerry Borovilos takes "Briney" (photo upper left) for a walk along the The SPCA grounds on Highway 68 before visiting convalescent homes in her work for the "Hug-A-Pet" program. Borovilos, (above), heads down the halls of Crestwood Skilled Nursing Facility in Monterey to spread good cheer.

SEE PETS PAGE 13

George Smith (below) gets a big kiss from Briney. Judy Page (right) introduces the pooch to her own toy menagerie.



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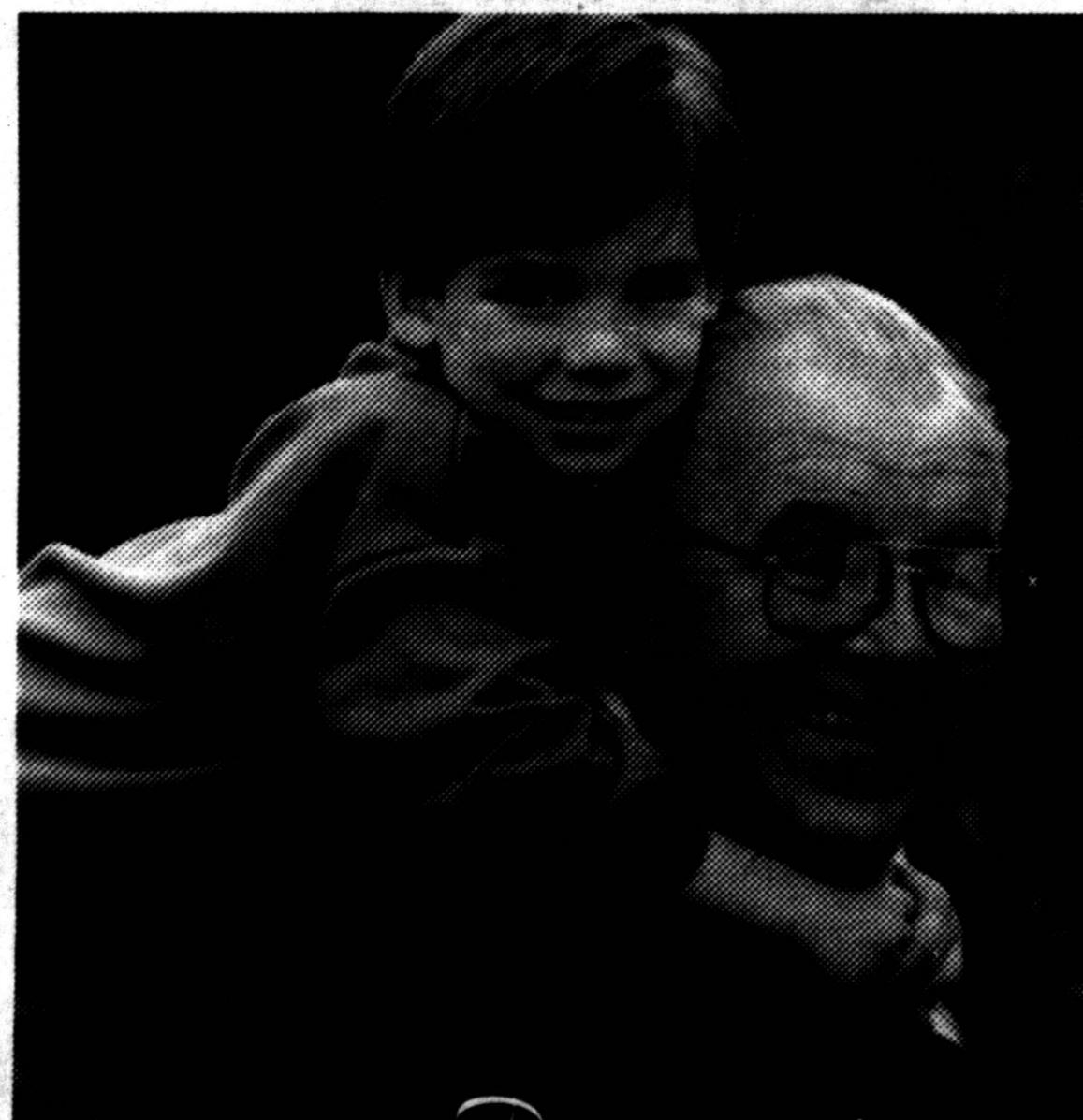
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WRITERS	Sue Barton, Maia Carroll, Joe Fitzpatrick, Thomas Hart Hawley, Margot Petit Nichols, Beth Penney
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Be careful who you talk down to

One evening recently, we took my husband's elderly mother out to an upscale restaurant for dinner. The server brought menus and asked us if we'd like a cocktail. Then she asked my mother-in-law if perhaps she'd like to start out with some tea.

Later she came back to take our food orders, offering us a choice of soup or salad. When my husband and I made our selections, she simply wrote them down on her pad. When my mother-in-law made hers, the woman chortled and congratulated her, exclaiming what a good choice it had been.

During the course of the evening, my mother-in-law spilled a bit of ravioli onto her white jacket. The same young woman rushed in with club soda and a towel.

"There!" she said when the spot had been removed. "That was a good job!"

We left her a sizable tip because she had been helpful and her heart was obviously in the right place, but as my husband wrote out the credit card slip, he inclined his head to mine and said quietly, "If anyone ever talks to me when I get older the way she talked to my mother, I will kill them."

I pay attention to these encounters because I know someday I'll be the one with the white hair, and when that happens, I expect to be treated exactly as I am today.

Maybe the people who talk down to senior citizens are the same ones who gurgle and coo when they see babies and address children in a high-pitched, singsong voice.

Since I have no siblings, I'd never spent much time around small children until I had my own. If there was a separate language I was supposed to use to communicate with them, nobody clued me in.

Thus, from the time they could sit up, I talked to them as if they were about 35.

I used to arrange them in their swing or high

chair and chat with them while I did my work. I carried on monologues about what was in the news, a book I'd read, the menu for dinner or how I'd like to re-cover the living room sofa. They chewed thoughtfully on teething biscuits and nodded as if they understood.

Then one day when we were out shopping I ran into an acquaintance who lapsed into baby talk when she addressed my son.

"How are you?" she burbled in falsetto. "My, aren't you a big boy!"

When she had gone, he turned to me wide-eyed and asked innocently, "What was wrong with that lady, Mommy? Why did she talk funny like that?"

I ran into this phenomenon again when I went to my daughter's third-grade open house for parents. The teacher, a stereotype in tight curls, little round glasses and sensible shoes, clapped her hands when I

walked into her classroom, jumped up and down and squealed like a child, "I know whose mommy you are!"

A friend and I were discussing why this happens.

"Children aren't stupid, they're just younger than we are," I said, "and, if anything, senior citizens are probably wiser."

"Talking down to them makes about as much sense as shouting at people who don't speak your language."

My friend said she thinks the tendency to do this is most often female and that it is a reflex that may go back as far as the cave. The exaggerated rhythm and intonation are simple, nonthreatening and calming — certainly not meant to offend. She pointed out that nurses often adopt this same tone when they comfort their patients.

I carried this new information back to my husband, who said he could see her point and would keep it in mind.

Still, we decided to develop a strategy for when we're older and someone begins to treat us as if we're 3.

Let's say we're seated in a restaurant and an obnoxious, albeit well-meaning, server starts in on her spiel. First, we'll talk back to her in the same tone of voice.

"My, you're a pretty little girl," we'll chirp. "Are you sure you can carry a great big tray of food all by yourself?"

If our scheme works, she'll get the point and we'll proceed happily with the rest of the meal. In case it doesn't, though, we'll move on to plan B.

"Treat old people with dignity!" we'll shout at the top of our lungs — and then we'll smack her over the head with our canes.

— **GLENDY WINDERS**
Copley News Service

GOLDENFACTS

The 50+ crowd is a very powerful group

Anyone who thinks that people in their golden years can be overlooked is mistaken. Here are some startling facts about people age 50 and over:

Control 75% of the nation's wealth.

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Account for more than 80% of all savings & investment deposits.

Are a \$300 billion consumer market.

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Buy 43% of all domestic cars.



Source: Retirement Realities - UNUM - Louis Harris & Associates

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Golden years are ideal time to travel

By BETH PENNEY

Monterey Peninsula seniors may have retired to one of the most beautiful spots in the world. But that doesn't keep them from leaving.

Area travel agencies report that a large percentage of their business comes from senior citizens. These eager



Marilyn Smelser, of Firstworld Travel in Pacific Grove, works extensively with seniors.

CHRISTOPHER HULSE PHOTO

customers travel to all points of the globe, using every form of transportation. Some travel independently; others prefer group tours. Some prefer to stay within the United States, and others venture farther afield. Yet definite patterns of travel for seniors are evident.

Graying of the 'Love Boat'

Cruises are notably popular among older travelers. Clark Coppock of Port of Carmel Travel, which emphasizes cruises, said 80 percent of his business comes from seniors. A senior traveler himself, Coppock said that the advantage of a cruise, whether on a "megaship" or a small liner that carries a mere 180 people, is that "they can pack and

unpack once," and then tour different ports with the ship as a homebase.

"It's one of the best buys for a vacation," Coppock said.

Marilyn Smelser, of Firstworld Travel's office in Pacific Grove, agreed.

"The favorite thing is a cruise," she said. "All their food is paid for, and they can just unpack their bags and stay on the ship."

Cruise ships are changing to meet the demands of the lucrative senior citizen market, Coppock explained. "In the past, senior citizens have objected to assigned seats in dining rooms or assigned eating times." Now, ships offer open seating and one-time dining, so that seniors can sit with their choice of dining partners.

Cruise ships are also offering escort services, Coppock said.

"Seniors often have difficulty in traveling by themselves," he explained. Many are widows who have a desire to travel but face not only surcharges for private rooms, but the lack of someone to share social activities. On-board escort services, Coppock said, can provide these people with dancing partners and escorts to the ship's social events.

North to Alaska

George Churilla, owner of Bob McGinnis Travel, cited Alaska as a popular cruise destination with his customers.



MARKHAM JOHNSON/OVERSEAS ADVENTURE TRAVEL
Many mature travelers enjoy visiting exotic destinations and welcome the chance to mingle with local residents.

"Of all the seven- to 14-day cruises," he said, "the cruises to Alaska have a very strong attraction to senior citizens." Another popular vacation is the Mississippi Delta Queen river tour. "Those trips have a very high median age," Churilla said.

One of the factors that makes cruises so attractive to senior citizens is that they do not have to worry about airline itineraries.

"As you get older, you don't want to fly to Singapore," Churilla said. Although places like England and Hawaii have always been popular destinations, he finds that his clientele

prefers shorter plane trips, such as to Vancouver to board an Alaskan cruise ship or to New Orleans to take a trip up the Mississippi. "And you don't need to get passports the way you do to go to Europe."

In Pacific Grove, however, Marilyn Smelser finds the Alaskan trend is shifting. "They are searching for something new," she said. "Now, they are asking about cruises to the Orient."

Other popular travel plans

Joe Shammas of Pacific Grove Travel said that his senior clients "go all over the place." He has several regular clients who go to Europe every year.

"Some go by themselves," he said, "because they don't want to be locked on to the tours."

Other senior travelers prefer the tours.

"They like the group tours," George Churilla said of his older clientele. "One factor is the schlepping of the luggage. If you're with a group, you always have transfers and luggage handling provided."

Lisa Mitchell-Hollo of McGinnis's downtown Carmel office said that "one

SEE TRAVEL NEXT PAGE

Investigate travel bargains

Seniors have more time and money than other leisure travelers, which means they're savvy consumers who do their homework. Happily, the travel industry is courting them with special promotions and discounts. Some tips to save money on your next trip:

□ **Join the American Association of Retired Persons.** AARP members who travel enjoy discount rates for hotels, motels and car rentals. To join, call AARP at (800) 424-3410.

□ **Make reservations early.** Cruises and other tours often offer deep early-booking discounts.

□ **Be flexible.** If you're retired, you can travel when it's convenient and cost-effective. Off-season travel offers better rates and fewer crowds.

When flying at peak times, it's not uncommon for flights to be overbooked. That's when airlines entice volunteers willing to take a later flight with anything from discount vouchers for future trips to round-trip tickets anywhere anytime.

□ **Do the research.** Travel bargains are out there, and smart mature travelers know where to seek them.

Newsletters such as *Consumer Reports Travel Letter* and *Travel Smart* are full of up-to-date tips for getting the best value. *New Choices* magazine is another good source of savvy information. "Unbelievably Good Deals & Great Adventures That You Absolutely Can't Get Unless You're Over 50" by Joan Rattner Heilman (Contemporary Books) is chock-full of great ways to cut costs on travel.

□ **Include incidental expenditures in your travel budget.** Transfers to and from the airport, snacks, museum admissions, souvenirs for the grandkids, hotel taxes and service charges are just some of the items that can bloat travel spending.

□ **Beware of scams.** Seniors lose millions every year to fly-by-night travel operators. Come-ons offering free vacations and bargain-basement travel packages are rarely a good deal. Be

especially wary of personalized free offers that come in the mail; often, these require a purchase of expensive, usually useless, items in order to claim the "prize."

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TRAVEL

CONTINUED FROM PAGE 4

part of the market loves to get in on the best deals, like the Elderhostel and other over-55 programs."

Many seniors who have retired to this area have children and families who live elsewhere, and often, the younger members of the family cannot afford to travel here, so the grandparents go to them, which creates a lot of travel within the United States.

Churilla also books a number of tours for seniors to see the fall foliage in New England.

"There are a lot of people here from the Midwest," he said. "They want to go back and see fall as they might have remembered it as a child."

Clark Coppock pointed out that seniors traveling with a younger spouse or with a child or grandchild can also get discounts on the second ticket as long as the itinerary is exactly the same.

Coppock also steers his customers in the direction of senior citizens' discount programs.

"Many airlines have now published specific senior citizen fares that are even cheaper than the usual 10 percent discount," he said. Each major airline has initiated its own "senior club" that offers discounts on rental cars, ships, and hotels, as well as on airline fares.

Special needs

Lisa Mitchell-Hollo, who has worked with senior clients for 19 years, said that booking trips for this age group often takes more time than with other customers. "Not everyone can handle senior citizen clients," she said.

Today's seniors are taking better care



PHOTO/CHRISTOPHER HULSE

Julia Gerstel of Carmel (left) is assisted with her itinerary by Lisa Mitchell-Hollo of Bob McGinnis Travel.

of their health, according to Marilyn Smelser of Firstworld, and this extends their retirement years and the time and resources they have to travel. But they often overextend themselves.

For example, offering an ambulatory person the use of a wheelchair to get from one gate to another in a big-city airport can be a delicate situation, Mitchell-Hollo explained. "Lots of them are very, very active, but they don't understand the rigors of travel," she said. "They want to be independent, but they need a lot of help."

Coppock of Port of Carmel agreed,

SEE TRAVEL PAGE 12

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Job Link aids seniors who seek employment

By SUE BARTON

At age 55, people have pretty much stopped asking you what you want to be when you grow up. Not, however, the people at the Monterey and Salinas offices of Job Link, in the Older Workers Program.

Take the 83-year-old woman who wants to be a dog groomer; or the case of Doreen Devore, 63, who knew she wanted to be a tour guide, but couldn't get a foot in the door or, more to the point, a seat on the bus. This month, Devore found her first job as a tour guide on the Monterey Peninsula. She maintains that her future has opened up far beyond her expectations, thanks to Job Link.

"I have a master's degree in liberal arts," Devore says. "I had applied for teaching positions, but I think my lack of computer skills, and perhaps my age, held me back."

"The people in the Older Workers Program not only sent me to a school in San Francisco where I learned the job, but in the period between completion of the course and the beginning of my first job, they sent me to a computer training school," she explains.

All of Devore's expenses, including a hotel room during her training, photographs, counseling, a resume, and



Doreen Devore

even some appropriate clothing for interviews, were paid for by Job Link.

Joseph Werner, executive director of the organization, reveals that "Monterey County receives \$100,000 a year from the federal government to give economically disadvantaged people over the age of 55, an opportunity to be trained and to receive help from our job-search workshop."

According to Werner, "Once a person's eligibility is determined, they receive an in-depth assessment in which goals and objectives are discussed.

"No one can train just for the sake of training. There must be a local, job market-need for their skills," he adds.

In unique situations, Job Link will pay up to 50 percent of the employee's wages for approximately six months of on-the-job training. In this way, employers are encouraged to hire older workers.

"We have been tremendously successful," Werner says. "Seventy percent of the people in the program have been placed in jobs. The main problem is actually finding the older workers who want to refresh their skills or train in new areas."

Tour guide Devore reserves highest praise for the program, particularly for the people who staff it.

"People are lost when they find themselves in this position. You know how young people often 'talk down' to you? Not once did anyone at Job Link do that. They are the kindest, most sympathetic people you could ever meet," Devore notes.

Job Link is a nonprofit partnership of



Joseph Werner serves as executive director of the Job Link Older Workers Program.

the Monterey County Private Industry Council. Offices are at 1976 Fremont Blvd., Suite A, Seaside, 93955, telephone 899-8151, fax 899-8152. In Salinas, the address is 559 W. Alisal St., Suite 201, 93905, telephone 755-5860, fax 755-5054. Hours are 8 a.m. to 5 p.m. Monday through Friday. A phone call will determine the date and time of the next informational meeting.

If you are eligible, your first step is an assessment, in which Job Link takes an in-depth look at your experience, work history, skills and interests.

Job search assistance comes next. The job search workshop, resume help, regular job search coaching, assistance in writing cover letters, plus presentation and interviewing skills, are offered at this stage.

One-on-one counseling is used to build a positive mental attitude.

Resource materials are available at the resume center and job search library. Job listings, a telephone bank and fax machine are also accessible. The resource library provides information on job search strategies, with listings kept of opportunities with federal, state

and local governments; trade and professional organizations; contracting and consulting firms; nonprofit organizations; foundations, research organizations and political support groups. There are also job hotline telephone numbers for employers across the United States.

At the resume center, anyone, regardless of computer experience, can learn to create professionally tailored resumes and cover letters. It is also possible to keep track of your job search on these computers.

Good luck!

Pacific Grove resident Sue Barton is a freelance writer.

FITZPATRICK

CONTINUED FROM THE COVER

party when I roll in around 3 a.m. with several revelers that helped me close the bars!"

MOLLY tossed her gray-speckled auburn hair back like they do in Sassoon commercials, cocked her head to one side like the Victrola dog, and said thoughtfully:

"Fitzy, I want the best things life has to offer, I want to live like a husband!"

"But what about the gentleman who asked you to marry him the other night? He sounded like a real nice guy," I replied.

"I know," she answered, "he's very nice, but I just don't think he's wife material!"

□ □ □

COME TO THINK OF IT, shouldn't EVERYBODY have a wife?

■ Canterbury Woods

Canterbury Woods, a lifecare retirement community, was founded by the Episcopal Homes Foundation in 1964. This premier community offers its residents independent living in 149 spacious apartments, three meals a day and weekly housekeeping services. Located in the heart of Pacific Grove, Canterbury Woods residents can easily walk or drive to the local beaches, shops, restaurants and other services.

Also located on the lush six acres is a 24-bed medical center, five-unit assisted care facility and a clinic for easy access to medical care. As a lifecare community, all medical care is included. This provides complete security and freedom; the security of being taken care of for life and the freedom from worries and responsibilities.

For more information or to arrange a tour, contact Carol Raj at 373-3111.

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A comfortable retirement is everyone's dream. There are many options available which can help to make that dream a reality. One of these options is Life Care, a program providing complete security and freedom; the security of being

taken care of for a lifetime, the freedom from worry and responsibility. If the choice of a

Life Care facility with all of its attendant assurances is something you would like to explore, please give us a call at Canterbury Woods, to obtain more information or to set an appointment for a tour. You may call Carol Raj, the Marketing Director, at 373-3111.



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Please call me to arrange a private appointment.
 Please send me more information.

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Marine Corps major helps seniors enter world of computers

By MARGOT PETIT NICHOLS

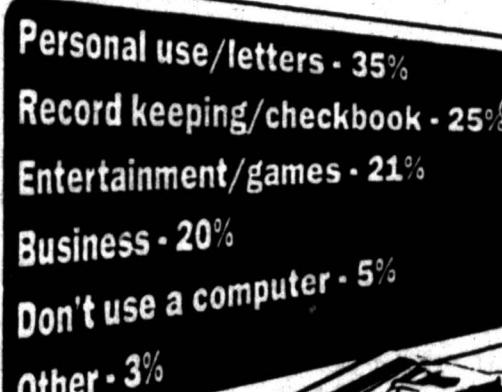
Major Jim Cummiskey, USMC, has guided scores of Monterey Peninsula seniors painlessly into the world of computers, dispelling fear of the unknown through seminars and classes. This he has done with great verve and enthusiasm ... and on a volunteer basis.

Cummiskey, who prefers to be called Jim by his students, is a career Marine, currently at the Naval Postgraduate School in Monterey. He has been presenting two-hour seminars at The Carmel Foundation in Carmel-by-the-Sea for the last six months. Limited to the first 40 Foundation members who enroll, the seminars are always filled to capacity.

GOLDENFACTS

Seniors using computers

Seniors are not as afraid of computers as we might think. A survey of seniors reveals how they use their computers.



Source: Del Webb's Senior Confidence Index
Richard Ashton / Copley News Service

I recommend to others to do volunteer work with senior groups. It's great to be associated with people with such vast life experience.

— MAJOR JIM CUMMISKEY, USMC

At last Friday's seminar on used computers, Cummiskey introduced an attentive audience to the ins and outs of buying experienced equipment from a commercial online service. He refers to this bulletin board as "the great flea market of life." To do so, he says, requires trust and a leap of faith, which he urges his audience to consider.

"There's an old Chinese saying," he professes by way of encouragement. "You don't leap a chasm in two bounds."

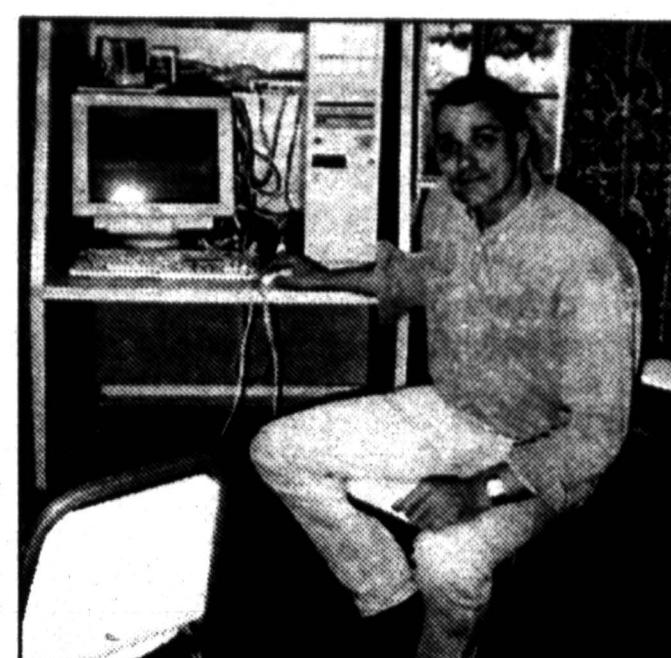
A 12-page print-out of introductory computer information, do's, don'ts and caveats to buying used and new personal computer hardware and software, allows seminar participants to go home with valuable reference material.

No one is more enthusiastic about the seminars than Cummiskey himself, who finds it personally rewarding to be involved with seniors. "I recommend to others to do volunteer work with senior groups," he offers. "It's great to be associated with people with such vast life experience."

Cummiskey observes that computer literacy can shatter the physical boundaries of the home for some seniors.

"The whole world opens up with the Internet," he states. "Five years ago my father, who lives in Anchorage, Alaska where I grew up, couldn't spell PC. Now he's an Internet junky, and he loves it."

Cummiskey is also vice president of the Computer Club of NPG. The club, which is divided into special interest groups, is open to residents of the Monterey Peninsula and meets once a month. For more information, call Computer Club President Mike Holden at 656-2168.



PHOTO/MARGOT PETIT NICHOLS
Cummiskey observes that computer literacy can shatter the physical boundaries of the home for some seniors.

■ Meals on Wheels Investment in Independence

Meals on Wheels Investment in Independence Program is an investment in people that benefits the whole community. For as little as \$29 per week, a person or business can invest in a senior's independence.

This is called the Investment in Independence Sponsorship Program.

Through the Sponsorship Program, Meals on Wheels keeps a homebound individual in the comfort of his or her own home. Your donation of \$29 per week will underwrite the unfunded \$1,500 annual cost of providing in-home meals.

Comparatively, to provide private in-home meal preparation and care, the cost ranges from \$14,000 to \$16,000 a year, and if a person requires institutional care, the annual cost rises to \$36,000.

The real benefit of the Sponsorship in Independence Program is that it not only helps cover the costs of meals, it keeps sponsored individuals feeling connected to the community because someone cares. To become a member in the sponsor program, call Meals on Wheels at 375-4454.

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Your resource for healthy living

Here are a few services Community Hospital offers to help you be your best:

BLOOD PRESSURE MANAGEMENT CLASS

Learn how to balance relaxation and stress, make wise food choices, and manage your medications.
Thursday, May 2 • 5:00-8:00 p.m. • Conference Room A
Fee is \$15. Bring a friend or spouse at no charge.
To register, call 625-4708.

ADVANCE DIRECTIVES

Learn how to make your wishes about medical care known if you are unable to communicate them.
Tuesday, May 14 • 6:30-8:00 p.m. • Conference Room C • Free
For copies of a Durable Power of Attorney for Healthcare form, call 625-4910.

FREE BREAST SELF-EXAM CLASS

Mondays, May 6 and June 3 • 6:30-7:30 p.m. • Free
Community Hospital Mammography Center, 880 Cass Street
For information, call 372-6106.

- Free baseline mammograms for women in financial need
- We bill Medicare and all insurance companies
- Mammograms read by a board-certified hospital radiologist

In addition to our main lab at Community Hospital, use our satellite labs to have blood drawn or drop off specimens:

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1010 Cass Street, Suite B-3
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Walk-in cholesterol/HDL testing Monday and Thursday from 10:00 a.m. to 3:00 p.m. No physician referral needed.
Call 649-1277.

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505 Central Avenue
Monday through Friday • 7:30 a.m. to noon and 1:30 to 5:00 p.m.
Call 375-0761.

- Easy access
- Convenient parking
- Insurance billed

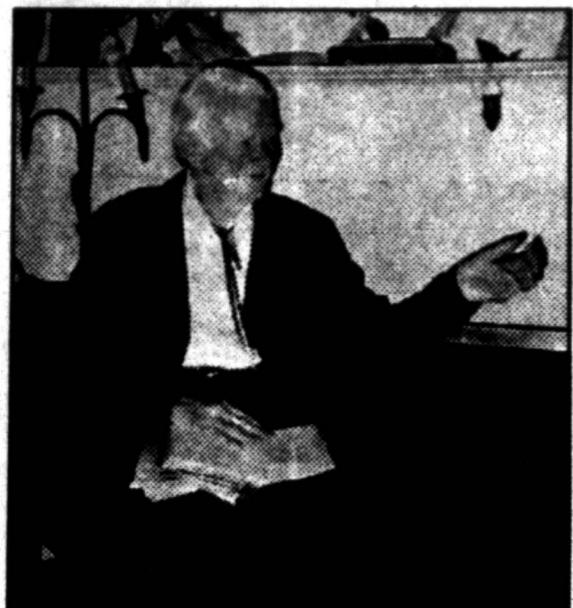
For a free calendar of upcoming programs and classes at Community Hospital of the Monterey Peninsula, call 625-4708.

Five senior Monterey Peninsula poets share their remarkable lives and equally exceptional poems

Story and photographs
by MARGOT PETIT NICHOLS

Interviewing five Monterey Peninsula senior poets brought to light more than one attribute they hold in common, but the most prevalent is that they have all been "writing poetry forever."

All reveal that they began creating verse in child-



Robert H. Linn, Carmel poet, novelist, short story writer, playwright, artist and ceramicist, has lead a life of intrigue and adventure.

hood or during their teenage years because it seemed to them as natural as breathing ... not easy, mind you, but something that was necessary to do. And that remains true to this day.

Other characteristics they share are a love for the arts in general, a wanderlust that has taken most of them all over the world, and remarkable achievements in other endeavors.

ROBERT H. LINN

Take, for instance, Robert H. Linn, Bob to his friends, and occasionally, "Wun lin," an amusing signature on some of his poems.

First and foremost a poet, but equally successful as a short story writer, novelist, playwright, sketch artist and ceramicist, Bob Linn lives and breathes poetry and literature. He composes poetry every day, and has

THE TAJ MAHAL, WHITE MARBLE OR A DREAM OF LOVE...?

This vision, never touched by lust or hate —
No wind dispels its curving cloud of white;
Such genius in a rendezvous with fate,
Could send life's darkness into wondrous light,
But more than genius, more than any grace
In soaring stone on stone, a man must try
To find beyond the beauty of a face,
A mind and heart and love that never die,
The softness of a woman's tender glance
With loveliness no dawning ever mars —
White marble shadowed in a moonlit dance,
Or dream of love awakening to stars.
What purity must be in this desire,
To reach such heights without the heat of fire!

— R. H. Linn

such a vast body of truly fine poems that he is sometimes at a loss as to which he should enter in various local and national poetry contests.

He chose well when he entered, "For the Space Shuttle Crew — and for all of us..." in a national poetry contest, and won the \$1,000 first prize.

The poem is powerful because it involves each of us in that national tragedy, and one cannot imagine a more fitting tribute to the astronauts:

"This is the flame, a fire that burns us all, Explodes our dreams, disrupts the days and nights of our complacency..." The poem can be found in its entirety in Linn's 1989 book of poetry, "Taj Mahal in Starlight and Other Poems."

His poetry is also collected in "Swimmer in the Sky." Linn's novel of suspense and intrigue, "Journeys in the Night," is still in print and available at local book stores.

Robert Linn was named The Monterey Peninsula Herald's Poet Laureate in 1974. His poetry and prose have been published often over the years — as far back as the '30s, when a short story, "The Intrigue of Mr. S. Yamamoto" appeared in the book, "Best Short Stories of 1937."

Before he graduated from the College of the Pacific and the University of California at Berkeley with a degree in English and a teaching credential, Linn hopped a tramp steamer to Japan, and rode the rails in a freight car from California to Missouri. These were precursors to the life of adventure that took him all over the world, each experience a reference point for later short stories.

During World War II the Navy taught him Japanese, and he served in New Guinea, Morotai and the Philippines. After the war he was sent to Bangkok where he interrogated Japanese prisoners of war. He then became an assistant naval attaché, and as such, interviewed Ho Chi Minh in Hanoi.

As if that had not provided enough excitement for one lifetime, Linn later returned to the United States and joined the Foreign Service. He was sent to Calcutta where he attempted to get the Dalai Lama out of Tibet, and although the endeavor was unsuccessful, Linn continued his intriguing ways in Tokyo, Cairo, Jordan and Viet

Nam before retiring to Carmel-by-the-Sea in 1972 with his wife, Sally, who died in 1985.

In retirement at "Linn's Landing," his book-filled Carmel cottage, with walled and gated front patio, he immediately started a biannual poetry magazine, "Poetry Shell," with Lois Wilson, now deceased. Paul Spencer assisted with the publication throughout its 21 years. It was last published in 1993.

Given the onerous task of selecting one poem from his works for inclusion with this story, the now 85-year-old Linn decided on a Shakespearian sonnet, one of his favorite verse forms, "The Taj Mahal, White Marble or a Dream of Love?"

M. D. BLAISDELL

Marlene Blaisdell of Pacific Grove writes under the name M.D. Blaisdell, which is characteristic of her modest nature. Fittingly, at her request, no photograph appears here to accompany her poetry.

Twice crowned Poet Laureate of the Central Coast, first in 1993 and again in '95 by the Whitney Poetry Scholarship Foundation, Blaisdell was featured in the foundation's "V.I.P. Persona," an anthology of Central Coast poets.

Her poetry has a luminous quality and a sensory appeal that makes reading it a rewarding and unforgettable experience. It has been published in two editions of "Quintette," a book featuring five Monterey Peninsula poets, with a third volume due out later this year.

Blaisdell has been a poet from a very early age. She worked on her high school and college newspapers in Wyoming and Massachusetts, and wrote and produced plays, "on a modest scale," while attending college.

Last year she retired from a long-time profession as a secretary, and with her three sons now grown — an actor, a fine artist and a commercial artist — she finds she has more time to devote to writing. She is a writer of mystery novels "as yet unpublished," and continues to compose poetry regularly. It has appeared in various local newspapers over the years.

Blaisdell has selected "Circe" to accompany this story.

CIRCE

In the great bronzed mirror
hanging in the lofty hall
I see myself a thousand times reflected
down the columned way
standing still as marble
a dark and shining light
the leopard's golden collar rubs against my
silken gown his eyes the color of my eyes
his face as sharp and
lovely as is mine
we two

there is a high taut sound when I am
standing still
a vibrant movement in
the scented air
the sulfur crested bird upon his cedar perch
his ankle chain aglitter in the onyx floor
lifts up his chalky wings black eyes aslant
to cry with fierce intensity
a passionate counter
to the alto song enclosing us
we three

Softly whispered gently endless on his serpent
path comes the great reticulated beast
wedged head and yellow furcate tongue a ques-
tion
finding warmth along the vaulting travertine
carmelian eyes hypnotic as he drops down to
look
into the great bronzed mirror there
to see the sailors imaged lost upon our
island shore unsurely waiting welcome from
we four

— M. D. Blaisdell

ROGER SORENSEN

Roger Sorenson, M.D., is an ophthalmologist who attributes his abiding interest in poetry to an anthology of American and English poets, "Le Galliene," to which his parents introduced him at the age of 8. He

SEE POETS NEXT PAGE



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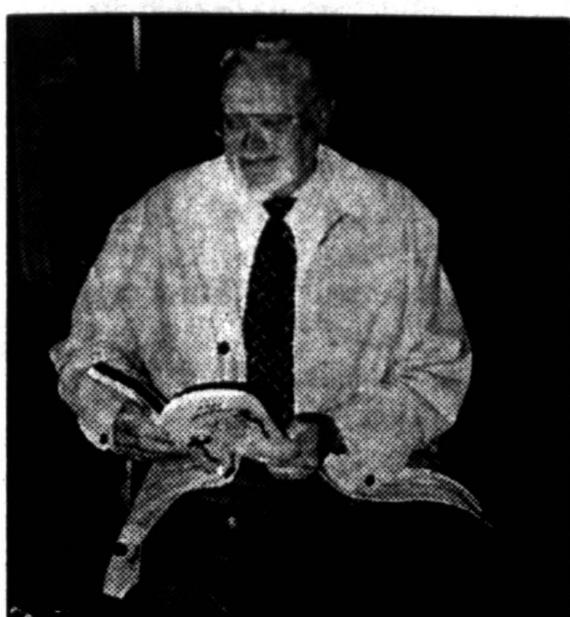
HIGHWAY ONE & VALLEY WAY • CARMEL

POETS

CONTINUED FROM PAGE 8

was particularly intrigued with Keats.

Sorenson has been writing poetry since his early college days, before he became a medical doctor at the University of Illinois in Chicago. He continued writing



Roger Sorenson, ophthalmologist and dedicated Pacific Grove poet.

ing through his years of study at the University of North Dakota at Minot, where he pursued his ophthalmology specialty.

He has studied with poet Gene Frumkin at the University of Mexico, and continued with UCLA extension classes and various private poetry groups in the L.A. area before selling his practice in Santa Monica and moving to Pacific Grove four years ago.

Sorenson is on the road a great deal, commuting between Pacific Grove, King City and Templeton, the latter the site of his main office. He also teaches at the Jules Stein Eye Institute in Los Angeles three months out of each year, and serves as a consultant to the Los Angeles Board of Education's medical eye clinics.

This time away from home allows solitude for writing and polishing his poetry which deals, in large part and in elegant and eloquent simplicity, with praise of everyday acts by remembered people from times now past.

One of his poems, "The Old Man," commences: "Bill Covert increased the woodpile with a steady axe sweeping the blade down on the hard brown logs, splitting his life into memories of success and failure."

Another poem, "The Baking Time," affectionately

MONTEREY SUNSET WITH GULLS

We boast of the richness of patterns, colors culled from miles of evening air reaching to the gentle curve of a western horizon
winter and spring specializing in this festival of final light beyond our peninsula

I think that pride of home and skies touts local sunsets as the best my youthful eye in North Dakota marveled at the artistry of gods painting above wheated prairies

East Africa's burst of primal art over Durban Nairobi Addis Ababa splendoring a spent sky and Scotland's western firths aloud with gulls cormorants swimming in cool bronze light an evening's easel-work by Northern spirits

Sunsets wrapping our earth in soft robes of lambent light soothing the ghost eye of a rising moon always a sunset somewhere making a bed for the evensound of birds chattering of sparrows glad cry of gulls working the last wave in late searching

— Roger Sorenson

and touchingly evokes the early summer morning hours of an era lost to time. One of its stanzas reads, "...the dough after yeastng prodded and plumped into pans and the swelling and browning in that black

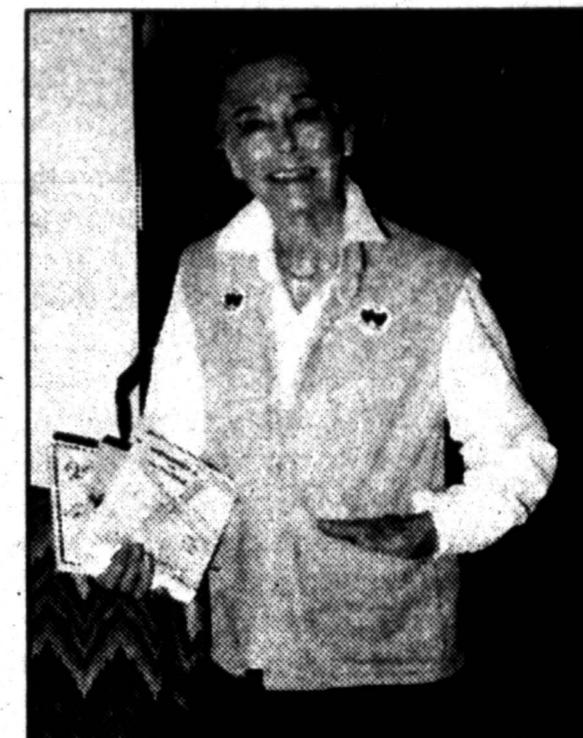
cast iron stove until her oven spilled out those loaves crusted and warm into the summery embrace of a lakeside kitchen."

Sorenson has had his poetry published in "Quintette" and in five of the Whitney Poetry Scholarship Foundation anthologies. He has chosen "Monterey Sunset with Gulls" as an appropriate and representational poem.

WHITNEY LATHAM-LECHICH

Without doubt the most indefatigable promoter of poetry on the Monterey Peninsula is Whitney Latham-Lechich. This Pacific Grove poet, artist and

Her lapels decorated with 'We ♥ Poets' buttons, Whitney Latham-Lechich, artist, promoter of poetry, prefers to be known simply as Whitney, poet.



sculptor was first drawn to poetry after reading Stephen Vincent Benét's "The Ballad of William Sycamore" and his unfinished epic, "Western Star."

She has written three volumes of poetry under the comprehensive title, "Winds of October." The fourth is in the offing and will concern itself with countries she has visited, including Lhasa, of which she often speaks.

If you are ever lucky enough to receive a telephone call from Mrs. Latham-Lechich, she will not identify herself as such. Instead, she will commence, "This is Whitney, poet." It is part of her overall campaign to restore poetry and poets to an unquestioned part of everyday life.

SEE POETS PAGE 10

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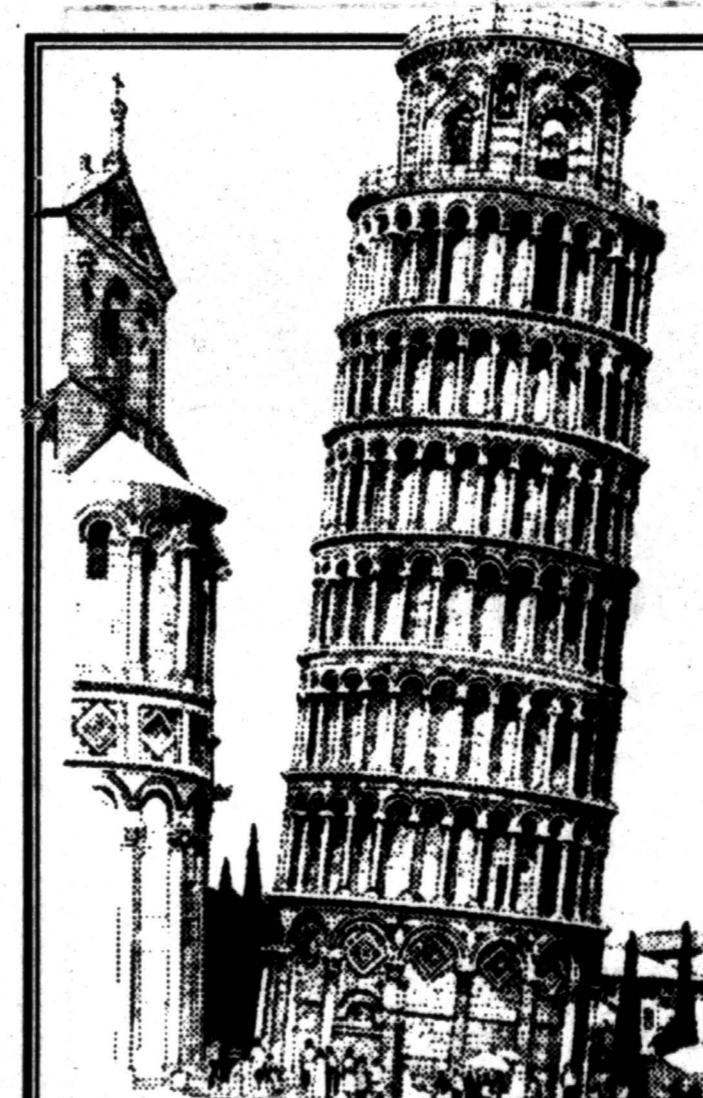


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but little gifts find their
way from kitchen to
dining room;...Buonissimo!"

—MARIA CIANCI, SAN FRANCISCO CHRONICLE FOOD CRITIC

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POETS

CONTINUED FROM PAGE 9

Her work to foster a love of poetry in Monterey Peninsula schoolchildren inspired her to create, along with Ron Hansen, The Whitney Poetry Scholarship Foundation, a non-profit organization "sponsoring the encouragement and furtherance of poetry as an elemental tool in lifetime education and personal satisfaction."

Annually for the past four years the foundation has sponsored a poetry contest for schoolchildren and adults with separate awards ceremonies to honor the winners who are required to read their works aloud.

SONG OF THE POET

Long before chariots, hot rods and concours
Sang they their song the troubadours
Long before genre art of romantic paramours
Sang they their song the troubadours
Long before Beethoven, Bach and symphonic
scores
Sang the strolling minstrel to distant shores
Sang the opera story with many encores
The History of our Country is before us
The words of the past we sing now in chorus
"Oh say can you see?" implore us
Doubt not, that Poetry's light is splendidous!
As poets of this century, do not ignore us!
Poetry ranks first in the annals of man:
Our past, our present, our future life span.
Sing we our song, the Voice of the Poets!

— Whitney Latham-Lechich

A new Poet Laureate of the Central Coast is crowned each year at the adult Pacific Grove awards luncheon which is attended by poets from the entire region.

Winning poems and selected entries are published in the foundation's annual anthologies which have been dedicated by Leon Panetta, Mark Strand, Father Charles Moore and Ram Dass. Whitney, poet, comes by her flare for promotion and presentation naturally. Before residing on the Monterey Peninsula, she was a San Francisco designer of hand-knit dresses who pre-

sented shows at most of the major hotels and country clubs in San Francisco and the Bay Area, as well as at the city's War Memorial Opera House.

A dedicated artist who works in a variety of media, Whitney received a degree in art from San Francisco City College, studied with the portrait artist Thomas Leighton, and took a number of summer art courses at the University of the Pacific and University of California at Santa Cruz, as well as U.C. Extension art courses in San Francisco and Berkeley. She operated her own art gallery and gave art classes in Stockton for a number of years.

Lest one forget that Whitney is a poet and fosters all things poetic, she wears buttons on her sweater lapels that announce, "I love poets." Her poetry has appeared in two volumes of "Quintette," along with works by M.D. Blaisdell, Roger Sorenson, Margaret Cavanaugh, and Soon Chul Lee, and in each of the foundation's poetry anthologies.

Whitney's poem, "Song of the Poet," extols the influence poets historically have had on society.



Col. Horace Mazet, USMC (Retired), is a Carmel Valley poet, novelist, short story writer, artist, shark expert and world adventurer.

HORACE MAZET

Five "Best of Class" blue ribbon poetry awards hang from a shelf of books in the Carmel Valley study of Col. Horace Mazet, USMC, Retired.

"Poetry is a fun deal," he states. "A happy pursuit." "Mazie," to those who know him well, has had so many happy pursuits in his remarkable 93 years of adventurous life, one is-hard pressed to mention them in anything short of a book-length biography.

Suffice it to say the colonel has been a Navy pilot and instructor, journalist and editor, Hollywood extra and stuntsman, big game hunter converted to photo safaris, African background scene cameraman for two Tarzan movies, salesman for a New York publishing house, novelist, shark expert, short story writer, Revolutionary War sunken schooner hunter, model ship builder, elephant aficionado, artist, and of course, award-winning poet.

What is so remarkable about the colonel is that he excels at everything he does: One has only to look at the paintings he has created, ship models he has built and photographs he has taken to realize here is no amateur. And the books! Mazet's book on sharks, "Shark! Shark!" written in collaboration with Capt. William F. Young, was named one of the best books of 1932 by Scribner's magazine and was given a full page spread in the New York Times Book Review. It was published in France, also.

"Shark Fishing Off the Great Barrier Reef" followed, written with Robert Hale, and "Tigers of the Sea" with Charles G. Muller rounded out his shark books. "Wild Ivory," a novel, was well-received, and one of his best short stories was published in "Half a Hundred Tales by Great

THE JOSEPH CONRAD LEAVES SYDNEY HARBOR

The thought of her at sea brings back again Sharp memories. The present drops away... I heard the skipper's voice declare, "Now men, Break out the sails," the mate's shout to belay: "Now climb aloft, and shake out all the sails! Look lively there, you topmen!" And they went Scampering up the ratlines redolent With years of sea and tar, to loose the brails.

She stood outward, the bright sea crashing past. I heard the slap of sail, the tackle's skirl, The creak of wood and block with lines made fast— And dreamlike swayed to lapping ocean swirl. Out past the towering sandstone Heads to sea She climbed and fell and once more seemed to feel The pull of distant lands beneath her keel And yearned to justify her legacy.

A poem of grace and beauty, like a nimbus Into the offing, sailing fair and free, I watched her fade hull down, a nautilus Riding the sparkling azure Tasman Sea. Full many a watch will sail her through a squall Or lilted with the waves and went astern And guided by the Southern Cross, return With cargoes from the isles where strange gods call.

— Horace S. Mazet

American Writers." He has had literally hundreds of articles published in American magazines.

Mazet's 36 years on active and reserve status as a Marine Corps aviator have encompassed a distinguished career. When he retired from the military to Carmel Valley in 1972, he was drawn into the poetry group, Hubris, and credits his friend Bob Linn with "being the spark plug all this time. He keeps me writing poetry."

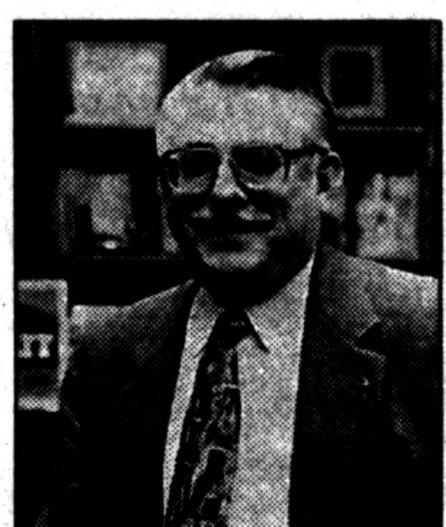
True to his love of all things nautical, Mazet has selected his poem, "The Joseph Conrad Leaves Sydney Harbor," as representative of his style.

Margot Petit Nichols is a Carmel resident, book reviewer for The Carmel Pine Cone and Monterey Times, freelance writer and former editor. A published poet, she is currently writing a series of young adult mystery novels.

The Second 50 Years

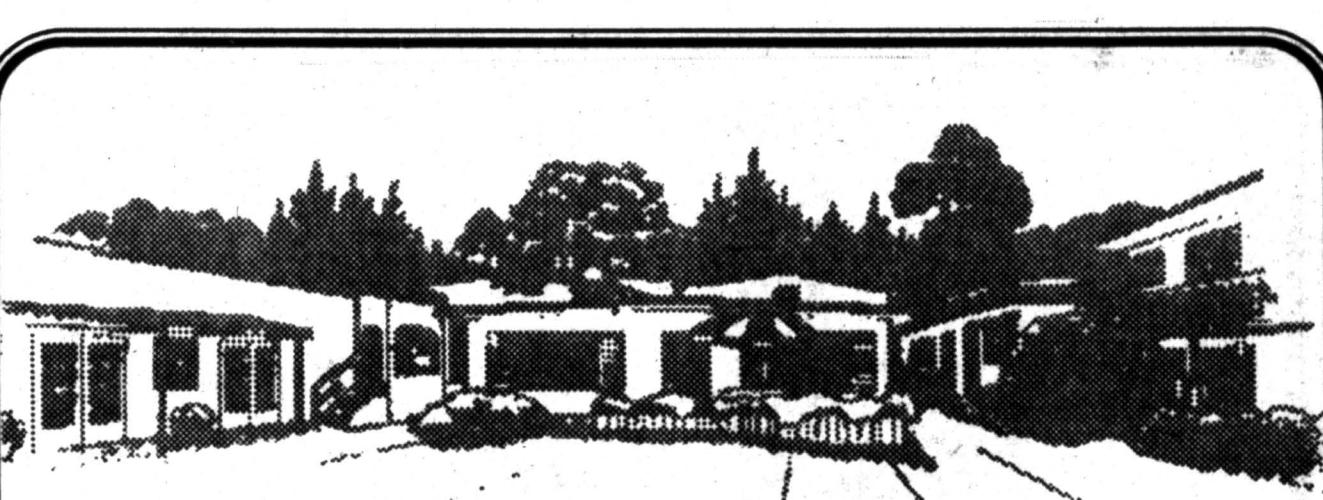
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A large portion of Monterey County Bank's customers are over 50. This mature customer seeks personalized service, convenience and security when selecting their financial institution. We at Monterey County Bank realize the importance of establishing a relationship that is based on trust with all our customers, and especially with the mature adult.



Monterey County Bank offers two personalized checking programs for our valued customers. The Poppy Club Account is for those not yet 50, and the Golden Poppy Club for those 50 and over. Special account privileges for the Golden Poppy Club include free cashier's checks and money orders, a one-year subscription to "Senior Spectrum," interest on checking, free personalized checks, free notary service, unlimited checking and a first-year free safety deposit box. Both Monterey and Carmel branches offer drive-up tellers for those customers who want to stay in their cars to do their banking.

Monterey County Bank realizes that customers have a choice when selecting where they bank, and we have made it our top priority to make customers Number One. Personal, professional customer service will continue to guide our thinking as we focus on our five S's for success: Small, Secure, Safe, Sound and S.B.A.



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WHERE THERE'S A WILL, THERE'S A WAY

Half-way house for big givers

(Editor's note: The following column is excerpted from the Second Edition of "The Artful Dodger's Guide to Planning Your Estate," which will be published later this year.)

By THOMAS HART HAWLEY

Once every few months The Artful Dodger locks the door to his study, unlocks the lower left-hand desk drawer and removes a wad of corporate bonds. Art loves these corporate bonds. He loves the heft of the scissors as they cut out the tiny coupons. He loves the engraved pictures of the men with Herculean physiques holding aloft locomotives belching smoke. And those of naked goddesses (20 pounds overweight by today's standards — just right by Art's) looking imperious as lightning bolts stream from their fingertips. What Art does not love, however, is the thought that these bonds will be taxed in his estate. True, it makes sense to give them to Roger and the little Dickens, er, Dodgers. But truer still, Art cannot bear to part with these icons of American enterprise — at least not just now.

How can Art give these bonds to his family members yet keep them still? No, this is not one of those riddles the Elizabethans were simply wild about. There really is a way!

For Art can give the bonds away but retain the right to receive the income from the bonds for a period of years which he can choose. For example, if Art has \$100,000 of Black Inc. bonds paying 10 percent, he can choose to receive the stream of income from these bonds for 10 years. After that the bonds must pass, income and all, to Roger and the little Dodgers.

Actually what Art must do is transfer his bonds into either a Grantor Retained Annuity Trust (GRAT) or a Grantor Retained Unitrust Trust (GRUT). GRATs and GRUTs, in addition to being the most revolting acronyms you will find in this column, are sort of half-way houses for people who, like Art, are not quite ready to make an immediate gift.



Judy Higgerson,
RN.

■ Country Home Care Home Health Agency

Country Home Care Home Health Agency presents "Parkinson's Disease/-Alzheimer's Disease, Defining the Difference." The program is offered 7:30 to 8:45 p.m. Tuesday, May 14 at the Monterey Hyatt Regency.

Speaker Ron Tintner, M.D., a Monterey Peninsula neurologist, will discuss symptoms, diagnosis and medical management of the two diseases and will address current research in treatment options.

For more information about this free program, call Country Home Care Home Health Agency at 624-4663.

A GRAT will pay Art 10 percent of the original value of the bonds each year for 10 years. The annual payment will always be the same.

A GRUT will pay Art 10 percent of the value of the bonds determined each year. Therefore, the annual payment will vary depending on the bond market. With some limitations, Art can choose the percentage he wishes to withdraw so long as it is over 5 percent per year.

But what is the point of all this? The point is that Uncle Sam reduces the amount of the gift by the value of the income interest Art retains. By transferring the bonds into a GRAT or a GRUT, Art uses up less of his \$600,000 exemption than if he had either made a gift of the bonds outright or died with the bonds in his estate.

For example, Uncle Sam will value \$100,000 of bonds transferred to a 10 year GRAT at only \$28,000 after deducting for Art's income interest.

If Art had chosen a term of 20 years, the gift would be valued at only \$7,500; if 25 years, the gift would have no value and Art would have transferred \$100,000 out of his estate without using up one dime of his exemption! (The exact value of the gift depends on an interest rate established by Uncle Sam which fluctuates monthly.)

But even more exciting to Art is the prospect of transferring to a GRIT or GRAT an asset, such as his Carmel bed and breakfast. For "Dodger Lodge" produces greater cash flow than does a bond and, unlike a bond, can be expected to appreciate. The discount is bigger because the cash flow allows Art to pay himself a higher percentage each year. And any appreciation after the date of the transfer escapes tax in Art's estate.

One problem with GRUTs and GRATs is that if Art does not survive the 10 years (or his chosen term), most, if not all of the value of the asset will be included in his estate.

This bit of tax exotica may not be for most folks, but for those of you who just can't quite let go, it could be just the thing.

Thomas Hart Hawley, a bar-certified specialist in probate, estate planning and trusts, has practiced law on the Monterey Peninsula since 1970. He is now in private practice in Carmel-by-the-Sea and makes his home on a small vineyard near the river in Carmel Valley.

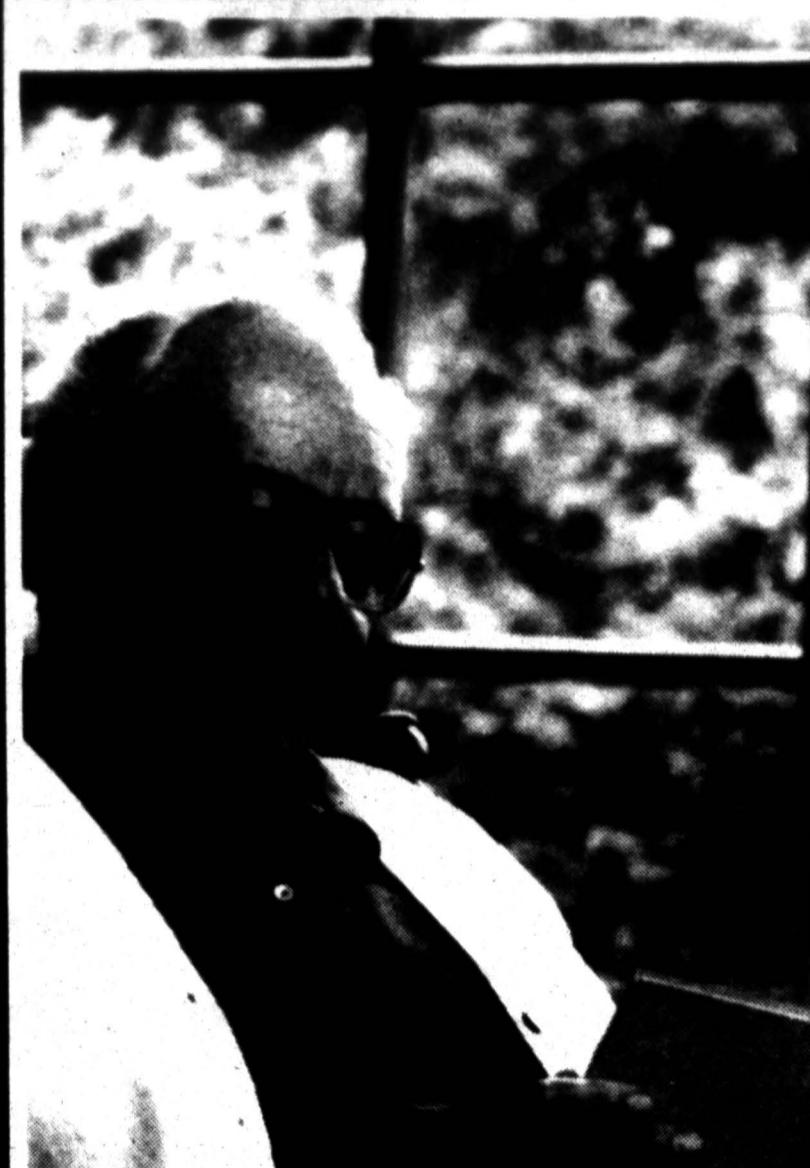
■ Villa Serra

The month of May is "Older Americans Month" and Villa Serra will be celebrating throughout May and well into June. The celebrations open with residents, family and friends commemorating Villa Serra's sixth anniversary. Plenty of food and drink as well as a live band will make the event especially festive.

Mother's Day is also a favorite day, and one noted in a big way at Villa Serra. Family and friends join residents for a buffet and entertainment. Memorial Day is celebrated with an old-fashioned barbecue.

In June, Robert Revers, M.D. will speak to residents and guests about new treatments for osteoporosis. The program begins at 1 p.m. Wednesday, June 5.

Always a favorite event at Villa Serra is the Summer Fashion Show, scheduled June 12. The luncheon/fashion show will begin at 11:30 a.m. For more information or reservations for either event, call 754-5532.



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Post-retirement financial planning is a must

Copley News Service

Many Americans are retiring at a younger age than their forebears. And they're living longer.

Today, more than 60 percent of the population retire before they reach age 65, according to the U.S. government. And people who reached age 65 in 1990 could expect to live an additional 17.2 years (19 years for women, 15.3 years for men), according to the American Association of Retired Persons.

So financial planning today is as imperative during retirement as it is before retirement, says "Managing Your Money in Retirement: A Guide for Investors Aged 50 and Over," published by the AARP in association with Scudder Investor Services (for a copy, call (800) 253-2277, or write to AARP Investment Program from Scudder, Processing Center, P.O. Box 5014, Janesville, WI 53547).

You should calculate your major expenses during retirement to help budget them. Those expenses are: food, housing, transportation, insurance, credit cards and health care. Then you should calculate your income and project your spending for at least 20 years or however long you expect to live.

Typical income sources for most Americans represent "the three-legged retirement stool," says the Institute of Certified Financial Planners, a national association: Social Security, employer pension and personal savings. But there can be others: Part-time work and your home may be income sources.

To learn how much Social Security you'll receive, if you haven't begun



receiving it already, visit your local Social Security Administration office for a request form to get a copy of your Personal Earnings and Benefit Statement.

To get a copy of that form, you may also call (800) 772-1213, or write to SSA, 6401 Security Blvd., Baltimore, MD 21235.

This statement will tell you your earnings for every year you've worked as well as estimates for your SSA benefits at various retirement ages.

And if you seek employment after retirement, know that Social Security benefits can be reduced if you earn more than a specified annual amount.

Planning withdrawals

Employer pension plans as well as

self-employed pensions, such as Keogh plans, as well as individual retirement accounts, annuities and 401(k)s present questions of when and how much to withdraw to fund your retirement years. You need to calculate these choices, including their tax implications and future investment potential.

For example, while early IRA withdrawal before age 59 typically assesses a 10 percent penalty, you can withdraw IRA money before that age and avoid the penalty, says Daniel Kehrer in "Kiplinger's 12 Steps to a Worry-Free Retirement" (Kiplinger Books).

"You can avoid all penalties if you withdraw the money in approximately equal amounts designed to exhaust the account during your expected life span," says Kehrer.

And while you must pay taxes on a lump-sum distribution from an employer pension or retirement account, you may be able to use "forward averaging," which "allows you to pay taxes on a lump-sum distribution as if you had received it over a period of years rather than all at once," says "The Vanguard Retirement Investing Guide" (Irwin Professional Publishing).

"It also allows you to exclude all income from other sources from the forward averaging tax calculation." Forward averaging is available only on lump-sum distributions that meet certain retirement requirements.

And don't risk withdrawing too much too soon, says William P. Bengen, an independent financial planner who wrote about that subject for the Journal of Financial Planning of the ICFP.

"Historically, a retirement portfolio of 50 percent stocks and 50 percent bonds would return 5 percent above the average inflation rate of 3 percent,"

■ Senior Health and Services Fair set May 10

How are you? That's a question you get asked often. Come and really find out how you are at the Senior Health and Services Fair to be held Friday, May 10 at the Sally Griffin Senior Center, 700 Jewell Ave. in Pacific Grove.

Get information on everything from consumer fraud to hearing loss and reflexology. Have a fat test done, blood pressure checked, "really" talk to a doctor and/or enjoy a mini-massage or facial.

Heart healthy cooking, line dancing demonstrations and more will be enjoyed along with live music, dancing, picnic lunch and lots of fun. Event and mini-seminars begin at 10 a.m. Admission is free. There is a nominal charge for lunch. For more information please call 375-4454.

says Bengen. "But some retirees who withdraw funds at the apparently safe rate of 5 percent annually (adjusted each year for inflation) could run out of money in only 20 years — not enough for their lifetime in most cases." Major stock market declines are the leading cause of such trouble.

"Assuming a minimum requirement of 30 years of portfolio longevity, a first-year withdrawal of 4 percent, followed by inflation-adjusted withdrawals in subsequent years, should be safe," he says.

Investment tips

"Safe," or relatively low-risk or virtually no-risk investments are CDs, U.S. Treasuries and money market funds that produce current income. "But there are risks to being 'safe,'" says the ICFP. "Over time, falling interest rates can dramatically cut the interest income earned from these investments. Another risk is a long retirement. ... Consequently, one should invest not only for current income but for capital growth as a hedge against effects of inflation and taxes."

"Perhaps the best strategy for most people in retirement to follow is to create a balanced portfolio that combines the stability of cash reserves, the income generated by bonds and the long-term preservation of your money's purchasing power historically provided by stocks," says the AARP publication.

And here's an investment tax tip from ICFP: "Generally, it's most beneficial for retirees to live off their taxable investments as long as possible, including dipping into principal, before they invade their tax-sheltered retirement funds."

TRAVEL

CONTINUED FROM PAGE 5

and spoke from the point of view of a senior traveler.

"If you are a senior citizen, the logical route is to accept the fact that you don't like to walk the long distances, and order a wheelchair," he said.

Mitchell-Hollo also works with older customers who don't think of themselves as senior citizens. "The senior citizens' market has been discovered by the travel industry as a lucrative market," she said, and "more and more travel companies are addressing this."

This discovery translates into a number of discounts being offered to people over a certain age. Some airlines identify "senior citizens" as those over 65 or over 62; some consider anyone over 55 eligible for senior discounts.

Some of the people who qualify, however, "don't want to ask for something special. They have a lot of pride," Mitchell-Hollo said. She has learned to deal with these customers diplomatically. "I'll say, 'I don't know if this interests you, but if you're 62, we could extend a 10 percent discount.'"

Mitchell-Hollo also gets questions that are unrelated to airplane schedules or ship accommodations.

"It comes time for a widow or widower to take that first big trip without their spouse," she said, "and those men and women need a lot of help." One of the questions she is often asked is what kind of clothes to take on a cruise or plane trip.

With the travel industry ready and willing to serve them, the biggest question facing seniors contemplating a trip today would seem to be not "when?" but "where?" and "how often?"



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PETS

CONTINUED FROM THE COVER

'take me home,' but he was so sad. From the first moment, I knew he was the dog for me."

Since bringing Chibi home, Marilyn says her life has changed for the better. Recently retired, she quickly saw how easy it would be to become isolated and bored. Chibi is insurance that won't happen.

"He is good for me, he keeps me walking, keeps me active," she says. "He is as good for me as I am for him. Caring for him is caring for myself."

Science is now confirming what animals lovers like Marilyn Tully already know: pets improve people's lives and the human/animal bond is a powerful tool to build health and well-being. For senior citizens of all ages, whether they are independent or must rely on others for assistance, pets are good medicine.

"When people talk to their pets, they use a special form of touch-talk dialogue associated with facial expressions of relaxed intimacy," says Dr. Aaron Katcher, whose study of animal/human companionship suggests animals can increase their owners' health and resistance to disease. "For people prone to stress, pets reduce anxiety or anger. They relax us."

For people facing what may be considered the "downside" of the golden years: loss of active life, the loss of a spouse or even the possibility of needing skilled care, a pet can become a key part of the family unit, becoming a reason to go on, a reason to live.

"Pets are a source of unconditional love. They give a person a reason to live," says Pacific Grove therapist Terri Austin, who often uses her "co-therapist" PJ in her sessions. PJ is a 7-pound black Pomeranian.

"The animal's demands for food, attention and water make a person come out of themselves — especially people who do not have friends or relatives to support them," says Austin.

The SPCA of Monterey County encourages adoptions by seniors.

"Seniors are often the perfect match for animals," says Executive Director Lynn Phalan-Dahmen. "Not only are the pets good for them, but seniors are good for the pets. With retirement often comes more flexibility and more time to enjoy a pet. Many of our adoptions, especially of older animals, are by seniors."

And there are other recent studies that show the healthy results of bringing people and animals together:

- Australian researchers found pet owners have stronger heartbeats and lower cholesterol and fat levels.

- The survival rate for patients with chronic diseases is highest for those who own pets.

- Petting a companion animal reduces the heart rate and blood pressure in both humans and animals.

- Dogs helped bring Alzheimer's Disease patients out of depression and increase social interaction.

- Studies with cat owners show animals relieve loneliness/feelings of isolation.

Hug-A-Pet Program

The SPCA of Monterey County has a program that brings shelter animals and seniors together each week. Gerry Borovilos is The SPCA's Hug-A-Pet volunteer. For the last four years, Borovilos has witnessed the positive effects animals have on humans.

"There was the time I had an animal at one of the two convalescent hospitals I visit, and one patient reached out to touch the animal, and said a few friendly words," says Borovilos, describing a



Herbert Cox didn't object to a cuddle from Briney.



Gertrude Phillips offers the pup a motherly hug.

Hug-A-Pet visit some time ago. "The nurses looked surprised, and later said it was the first time in years that patient had spoken."

What can animals do for people? Borovilos says sometimes more than what human or medical attention can do.

"My little companions and I greet people who don't often get family visits, people who are very ill or depressed. We brighten their day and give them something to talk about. On return visits, patients often ask about the animal they met the week before — they have so quickly formed an attachment to that little creature that wanted nothing more than to love them."

And what about Borovilos? There is good medicine for the volunteer, as well.

"There often aren't the words to describe the emotions people feel, the emotions I feel, when a snugly puppy

kisses a patient's cheek and that person's eyes light up. I look forward to doing this every week."

No longer alone, Marilyn Tully describes herself as a "walking" advertisement for the value of having a pet in her life as she grows into the golden years.

"The companionship is Number One. I came from a busy workplace, there were always people around. When I retired I found I didn't have that same chance for interaction. Chibi keeps me active, he cheers me up. Animals are always happy, they are always giving you something. That's a big plus."

For more information about pet adoptions, call The SPCA of Monterey County, 373-2631 or 422-4721, ext. 233. If you would like to schedule a Hug-A-Pet visit, call The SPCA and ask for ext. 231.



Seniors in Action!

Carmel Valley Racquet & Health Club has one of the most active group of seniors on the Peninsula.

Senior Tennis is enjoyed by a large group of players most afternoons. New players are always welcome.

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Take active approach to health care during your Golden Years

Copley News Service

As changes in health care services and benefits for seniors loom nearer, it's more important than ever that they become better informed consumers of both. Learn about the health problems older people face, read up on the latest treatments and know the ins and outs of health care benefits and insurance coverage.

Taking a more active approach will ensure that seniors get access to the best health care available.

Stay on top

It's best not to leave the important aspects of monitoring health entirely to others — no matter how much you like and trust your doctor and other health professionals.

Build a working partnership with your physician. This requires that you respond to his questions and recommendations honestly. Let him or her know about any reservations you may have about certain treatments or drugs, their side effects or even their costs.

Ask all the questions you need to reach a full understanding of any diagnosis or treatment. Keep a detailed log of all symptoms, tests and treatments, as well as your own observations.

Also, you'll need to know as much as possible about health care programs like Medicare and supplementary

insurance to preserve valuable and often fixed financial resources.

No one should have to trade their hard-earned financial security for good health.

It's easy to get lost in all the red tape characteristic of the Medicare system. But every citizen who is turning 65, whether retired or working, is entitled to Medicare benefits that pay some of the costs of hospitalization, doctors' fees and other services.

The rules and benefits change regularly, and are under debate almost constantly, so seniors need to keep up with current levels. "The Mercer Guide to Social Security & Medicare" (William M. Mercer) should be available in bookstores and explains clearly the types of benefits and how to get them.

Another book from Consumer Reports, "Medicare/Medigap," helps readers understand Medicare and how to supplement it wisely with other types of coverage.

A healthy age

Unfortunately, there are a number of debilitating diseases that strike the aging population. Knowing about these diseases of aging, how to prevent them (if possible) and even about the latest advances in treatment could help keep them at bay.

New drugs are being tested for Alzheimer's and Parkinson's disease,

and there are relieving new treatments for nagging arthritis and other types of chronic pain.

Many common eye disorders and degrees of hearing loss are treatable with surgery or improved hearing instruments. Strokes, osteoporosis and prostate disease are more likely to strike older people.

But don't bow to forces that are often both preventable and treatable.

The following preventive strategies improve the overall health of seniors — and render them less likely to fall victim to age-related health problems.

Schedule regular checkups annually if you are 65 or older.

Eat right; a low-fat, high-fiber diet is recommended.

Stay active; daily exercise promotes physical and emotional well-being.

Monitor drug intake.

Since most older people use prescription drugs, they also face the risk of a harmful drug interaction. Remember that all medications have the potential for adverse side effects, and overmedication can cause symptoms that mimic other health problems. So always communicate with your physician about any drugs you are taking, especially if they are prescribed by a separate specialist.

GOLDENFACTS

America's getting older

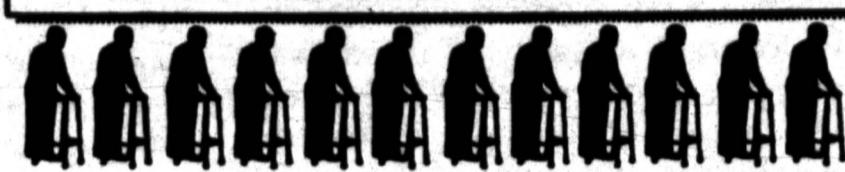
America is getting older, and when the baby boomers reach retirement age, the country will have an overwhelming number of seniors.

1980 - 1990

- 1 in 8 Americans, 31.1 million, are 65+
- 3 million Americans are 85+

2010 - 2030

- 1 in 5 Americans, 57 million, will be 65+
- 8 million Americans will be 85+



Source: Facts On Aging - Merck Media Minutes

Senior sources

In many cases, knowledge is the best medicine, and it isn't difficult to plug into valuable sources of information and even support groups.

The National Council on Aging publishes Perspective on Aging quarterly. For membership information, call (202) 479-6605.

Also, The National Institute on Aging Information Center offers a number of publications relating to current health topics for seniors — (800) 222-2225 or (301) 496-1752.

Other information sources include:

AARP Fulfillment, 601 E St. NW, Washington, DC 20049, for health-related brochures.

The National Alzheimer's Association, (800) 272-3900 or (312) 335-8700.

The National Osteoporosis Foundation, (202) 223-2226. Glaucoma Research Foundation, Gleams Newsletter, 490 Post St., Suite 830, San Francisco, CA 94102-1409.

National Stroke Association, 8480 E. Orchard Road, Suite 1000, Englewood, CO 80111-5015.

■ Del Mesa Carmel

Del Mesa Carmel is the best-kept secret on the Monterey Peninsula. Here's your chance for a personal tour of one of the finest gated communities for active adult living.

Del Mesa features 289 ranch-style homes built around 342 forested and ocean-view acres. The many amenities include the spacious Del Mesa Clubhouse with grand "chandelier" dining room, indoor swimming pool, putting green, lawn bowling, arts and crafts center, up-to-the-minute woodworking shop, individual gardens for green thumbs and much more.



Terri Gelardi

For your personal tour, call Terri Gelardi at (408) 624-1423. Del Mesa is located just 1.72 miles from Highway 1 along Carmel Valley Road to the Del Mesa sign. Turn left to the gate.

■ Del Monte Assisted Residential Care Home

The Del Monte Assisted Residential Care Home (formerly the Del Monte Rest Home) has been an important part of the peninsula community since 1955.

Del Monte's family's goal for the past four decades has been to provide a safe, friendly, comfortable environment for guests.

At the Del Monte you'll find a garden setting with pleasant walkways that encourage daily exercise.

The staff is proud that most are professionally trained and have served five to 28 years. This provides the continuity that older guests need.

Also on board is a chef who feeds the body, and an activities director who feeds the soul.

Feel free to come and visit anytime.

■ Cresscare Case Management Agency for Elders

Cresscare Case Management Agency for Elders provides a broad range of services designed to enhance the security, dignity and independence of older people.

By creating an individually designed Care Plan, Cresscare's staff pinpoints both the problems an older person is experiencing and the solutions to those difficulties. The result is the ability to safely and securely stay at home through the help of well-trained and carefully supervised care providers. These care providers are managed by an expert team of R.N.'s and social workers who direct and monitor each personalized CarePlan.

With Cresscare's custom designed computer system, they are constantly updating each case, giving essential and accurate information to guarantee the best care you can get at home.

Cresscare offers four levels of care: Case Management Plus, for older people who need managed care in order to stay at home; Personal Plus, for independent older people with lighter needs; Case Assistant, for individuals who live in skilled nursing or residential care facilities; and Geriatric Assessment, for older people who seem to be losing control of their lives.

For more information, call Cresscare Case Management Agency for Elders, 372-0802.

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Carmel SPCA Benefit Shop volunteers met recently at the home of Daniele Vagnini, manager. Pictured are, from left, Vera Beck, Jeanne Gallagher, Jackie Tober, Vali Leedom, Shirley McDermott, Inga Henderson, Anita Pietsch, Allyson Cathro, Anna Andruchowiz, Jean Miller, and seated, Liz Tyner and Daniele Vagnini.

Senior volunteers help the animals

They stock, they price, they sort, they sell. They are the volunteers of The SPCA of Monterey County Benefit Shops in Carmel, Carmel Valley and Pacific Grove. The Carmel store is a small shop that sells gently used items. It is located on Sue Vecino Court off Lincoln between Fifth and Sixth and the staff isn't what you usually find in most area retail shops. This shop is staffed by 18 dedicated volunteers, 14 of whom are over age 65, and several are nearing 80.

"Pets are good for people, but these volunteers prove people can be good for pets, too. These people's love of animals encourages them to be active, and take part in something that makes them feel good," says Lisa Hoefer, SPCA director of operations. "Sales from the SPCA's three Benefit Shops directly fund SPCA programs and care for the animals. These volunteers are great friends of

the animals."

One of the Carmel shop's volunteers is Anita Pietsch, who has worked there for more than 20 years. Anita's husband also checks donated electrical appliances to be sure they are in working order and he repairs donated watches.

"Despite their ages and many operations, they always come back to our shop every week without fail," says shop manager Daniele Vagnini. Vagnini says she couldn't do without the help of these longtime, reliable helpers. The shop provides a place for volunteers to socialize and make new friends.

The SPCA has more than 300 volunteers, many of them seniors who staff The SPCA's benefit shops. There are many volunteer opportunities for seniors at The SPCA. For more information call 373-2631 or 422-4721, ext. 223.

Carmel Valley Racquet & Health Club

Carmel Valley Racquet & Health Club offers a comfortable atmosphere for active adults. It's located at 27300 Rancho San Carlos Road in Carmel Valley.

Facilities include an 18-acre multi-sport facility; two heated pools (lap and family); hot therapy pool; 18 tennis courts (eight night play); tennis viewing deck; large barbecue area (facility rental); childcare (three hours per week included in family memberships); full service fitness room featuring Cybex equipment, free weights and cardiovascular equipment (may be reserved in advance); aerobics/karate room; cafe (house specials and soups daily); pro shop; basketball court; sand volleyball court.

Programs and services feature tennis tournaments (social and competitive), tennis leagues (USTA and Interclub), tennis lessons/clinics, junior tennis programs/clinics, certified personal trainers, weight loss program, Summer Fit and Fun Kids Camp (day camp).

Special dinners and activities are regularly scheduled, including couples doubles and dinner, Monday night football dinners, Friday night barbecues, bingo nights, junior sleepovers, junior craft days.

Included in monthly dues are tennis analysis; fitness evaluations; game arranging (tennis hostess); childcare; yoga, karate, aerobics and aqua aerobics; social exchanges/round robins; challenge courts.

For a tour and information, call 624-2737.

Joe Rombi's La Mia Cucina

Fronting a quiet street in Pacific Grove is an upscale and stylish Italian restaurant with some of the best ravioli found anywhere. The owner, Joe Rombi, calls the place *La Mia Cucina*, "my kitchen," reflecting the fact that this is the first restaurant he has owned by himself. He and his brothers very successfully ran The Old Row Café until 1990. Joe works in the kitchen alongside well-credentialed Chef Jeff Mall, trained at the Culinary Institute of America.

All diners are given a complimentary order of bruschetta and onion-garlic-rosemary focaccia bread. Then follows your choice of appetizers, salad, ravioli, an assortment of pastas and homemade desserts.

All pastas come with a salad, and senior citizens who dine between 5 and 6 p.m. receive a 10 percent discount. *La Mia Cucina* is at 208 17th St. in Pacific Grove. Call 373-2416.

Perpetuating the VNA

The Visiting Nurse Association exists today because of the foresight of many generous friends who have supported the VNA home care organization through the years.

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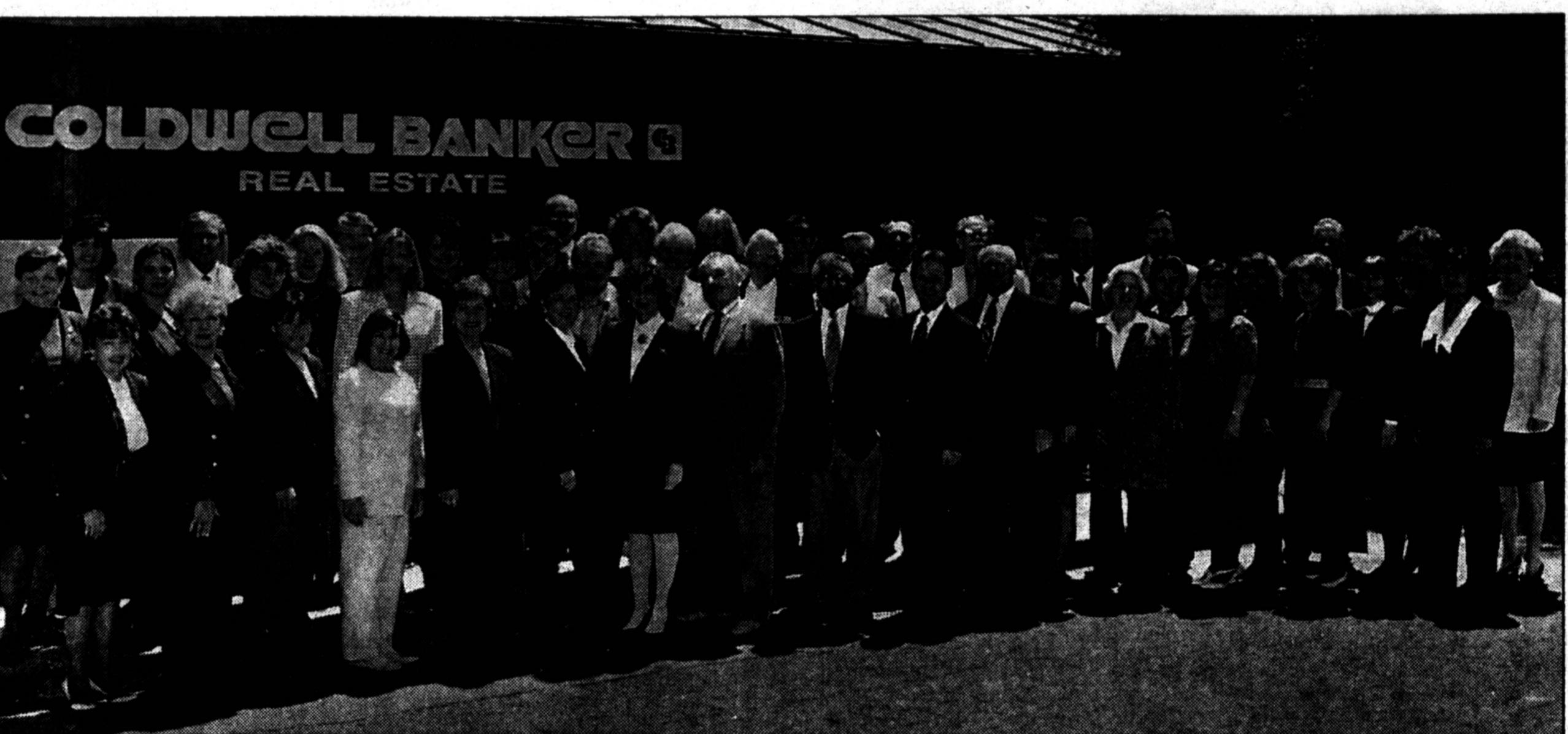
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